

# BUSSEI SCRIPT

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## Dangers Pale Before the Buddha's Support Rev. Jundo Gregory Gibbs

Our lives unfold amidst a balance of forces. Our own bodies contain conflicting drives and systems with variant priorities. If you exercise much, even when it is very cold, your legs still want to take a walk. Your trachea and lungs will want you to stay home. [Your trachea should win this argument]. Last month I reveled in Taylor Swift's positive take on karma. She's right that for very good people, or for ordinary people who rely on the Buddha's Vow, 'karma is a relaxing thought'. However, this is only one aspect of our situation.

For philanthropists and Buddhists reliant on Amida's Vow Power, karma is our bestie. How about electromagnetism? Much of our lives depend on electromagnetism but that force does not care if we suffer or enjoy our lives. Electromagnetism powers much of our comfort and enjoyment in this life, but it is dangerous. The singer for the Yardbirds, Keith Relf, was killed trying to rewire an electric guitar.

When our karma flows into Amida Buddha's, then, indeed, "karma is a cat purring in my lap because it loves me." How about gravity? Gravity does good things for us. It is crucial to keeping proper bone mass and muscle tone. As a guy who

turns 75 this month, gravity also presents challenges. If Kareem Abdul Jabar can fall and break his hip, I had better be careful. It's all the same to gravity. Improve my bone density and muscle tone? Gravity is happy to help me with that. Break my hip if I am incautious and fall, that's fine too so far as the force of gravity is concerned.



The Buddha cares about us. The movements of Vow Power enacting his promises to us, pick us up and carry us where we need to go. The Buddha and the resources of Buddhist tradition are never a danger to us. Only goodness, kindness and acceptance flow into our lives from the Power of the Vow [Hon Gan Riki]. Many forces bear upon us in our daily living. There are social pressures, family expectations, work-related priorities, there are illnesses circulating, there are dark political movements in our country. This can all generate more fear and anxiety than we can readily cope with. But there is the Nembutsu. "Namo Amida Butsu" is the calling to us of Goodness Itself. There is the Promise of the Buddha that we can ride to our true, genuine and best destination. All the dangers and irritants pale before the Buddha's support. Say the Name, in forms like "Namu Amida Butsu." Trust in the manifestation of goodness through the Buddha's Vows. Trust in the goodness of life. ... But do beware of the dangers.

## Support the Temple's Scrip Program - Purchase Gift Cards



Mother's Day and other important celebrations are coming up. In need of a gift that will be used and truly appreciated? The temple Scrip Program has a number of gift cards - Albertsons/Vons, Walmart, Panera, Starbucks, etc. in stock and available for pick up. Other cards can be ordered for you. You receive the full value of the card and the temple earns a percentage from each sale. You can see the full list of participating retailers on the list in the office or on the Raise Right website. Please support the Scrip program which was begun a number of years ago by Ruth Voorhies.

Please - payment must be made by check or cash. credit card charges offset any income this program makes for the temple.

Thank you!

Your Scrip sisters - Susan Y, Laura Y and Nancy M

## CULTURAL BAZAAR

### Donate for a Great Silent Auction & Raffle

Gregg Yonekura and Bill Teague (who solicit Bazaar donations) ask you to consider a donation of a treasured item or gift cards and certificates that would be made available through the June 2 Japanese Cultural Bazaar.

Did you know? All proceeds from the Bazaar help us keep up with maintenance and improvements to the Temple. We can provide you with a form acknowledging the noncash donation for tax purposes.

Cash donations also accepted.

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## PRESIDENT'S MESSAGE

By Curt Yasuhara

Dear Sangha,

I would like to take a moment to express our collective gratitude to **LuAnn Lee** for her unwavering dedication to our Temple. As President for the past eight years, her profound knowledge, generous time, and fervent passion have been the cornerstone of every committee and event she has graced. Her contributions continue to enrich us, not only through her ongoing involvement in various committees and events but also in her role as the Southern District President. Above all, I am personally grateful for her guidance and mentorship as I step into the role of Temple President.

As we welcome the month of April, I extend an open invitation to everyone to join us for our Sunday service. This call is especially heartfelt to those who may have not attended in a while. Just recently, my own parents returned to a Sunday service after several invitations. The experience rekindled a wealth of memories and joy for them, which was evident in their radiant smiles from the warm reception they received. I encourage each of you to revisit these cherished moments and the sense of community that comes with them.

Thanks to the diligent efforts of our Sangha, we have a variety of exciting events on the horizon. I urge you to partake in these gatherings. Your presence is the essence of our Temple, and I eagerly anticipate the opportunity to see you.

In Gassho,  
Curt

## ACTIVITIES NEWS

Thank you to those who were able to participate in the SD Food Bank's Neighbors Helping Neighbors Food Drive that ended March 23. If you missed our drive, you can go to the SD Food Bank web site to find the best option for you to donate. Other events the Temple participated in March were the Cherry Blossom Festival, Anju Madoka performance(s) and BCA sponsored showing of the movie A Profound Silence.

Coming up on April 7 we have the Hanamatsuri Tostada/Bingo Day! The day will begin with the Hanamatsuri service as scheduled with the Temple Tostada lunch to follow and then the family bingo. It'll be a fun day, so sign up today.

On May 4, join the BWA for the long awaited English Tea. See more information on these events within this edition.

Although the Temple Golf Tournament isn't until June 23, registration is open so don't miss out if you'd like to play.

In Gassho,  
Activities Committee

## BOARD OF DIRECTORS MEETING

The Board of Directors met on March 14th -

1. The Ministerial team, Treasurer, all standing and ad-hoc committees, and the affiliated organizations provided updates on their recent and upcoming activities.
2. The purchase of a replacement portable battery-powered speaker was approved. The speaker is used for many events including the Community Memorial Day service and the all-temple picnic.
3. Funds were approved to ready the Bay Leaf property for possible short-term rental. Consideration/discussion centered around income generation and vacancy while awaiting assignment of a Resident Minister.
4. Funds were approved to subsidize the cost of renting a bus for this year's Imperial Valley Cemetery visits. Rental will be contingent upon the number of sign ups for the trip.
5. The Board thanked LuAnn Lee, immediate past President, for the delicious dinner.

## BWA NEWS

Thank you to Kiku Gardens and Steve Sato for providing a wonderful performance by Anju Madoka, and a delicious bento for our members and friends who enjoyed the show and stayed to help with sushi prep on Saturday, March 16. Everyone really enjoyed all the entertainment.

Gokurosama deshita, thank you for working so hard to the many volunteers who worked on that day, as well as on Sunday, the day after, to finish preparing the makizushi for the BWA fundraiser. Special thanks go to our sushi master Kevin Nuibe for leading our sushi rolling team. Everyone had fun working together.

Our sushi workshop, originally scheduled for March 1 and 2, will be planned for a later date. Please be on the lookout for future announcements.

The date of the English Tea, Saturday May 4, is fast approaching. If you signed up for the tea, don't forget to mark it on your calendar. It's just about a month away, but you have plenty of time to find something special to wear. We will have delicious delicacies and activities and hope to see you there!

The Book Club bookies' new book for March and April discussion is [Lessons in Chemistry](#) by Bonnie Garmus. It's a big book, but is quick and easy reading. Please feel free to join in at any meeting on the 3<sup>rd</sup> Tuesday of each month. Email Aki for the Zoom link, [tomisanto@gmail.com](mailto:tomisanto@gmail.com).

Our Southern District BWA cabinet held our First Quarter Zoom meeting on Saturday March 23<sup>rd</sup>. We are still searching for volunteers to join the FBWA (Federal BWA) team and the FBWA 2026 conference committee. It's a great way to meet like-minded folks and get involved. Please contact Junko ([jkajita@yahoo.com](mailto:jkajita@yahoo.com)) for more info.

Have a wonderful Hanamatsuri season!

## JR YBA NEWS

Hello, Dharma Friends!

This past month, our San Diego Jr. YBA traveled up north to OCBC for Seminar 2, Cooking Up Buddhism. We enjoyed cooking themed activities like spam musubi building and a scavenger hunt! We ended the night with a delicious L&L dinner and delegates meeting.

Throughout these next few months, we will be planning the 2024 Jr. YBL District Conference with members from Vista Buddhist Temple. Aside from that, if you are interested in buying a 2024 Southern District Obon t-shirt (designed by Cassidy), please talk to a Jr. YBA member!

In Gassho,  
Cassidy Muraoka  
Jr. YBA Vice President

## This Month in Membership

Bill Teague

**Sixty Percent in Three Months!** Three weeks into March, we are at 60% renewed. Please keep the momentum going. Check with me or the Temple to confirm your membership status. (Bill Teague, 619-248-3749, btcomms@cox.net)

**Thanks to All for Membership Breakfast.** Thanks to all of you who helped us prepare a yummy breakfast for our new members. I received many positive comments and there was delicious food and great energy in the dining hall. I know our new members felt welcomed. Thanking the full Board for their support.

Food preppers, donors, and dishwashers included Jaime Brown, Ayako Enochs, , Ralph Honda, Kimberly Kruse, Nancy Martinez, Glenn Negoro, Ann Ong , Arturo Rubio, Brian Sasaki, Sharon Sasaki, Rev. Smitty, Joyce Teague, Glenn Torio, Curt Yasuhara, Gregg Yonekura, and Laura Yoshida. New members attending included Aaron Armstrong & Trishia Carinio and family, Silvia Kawahara and son Caden, and Lauren Matsumoto. We also fed a few other Temple members too!

## DHARMA SCHOOL

Happy Spring! A Big Thank You to everyone who donated games and activities for the Pre-K to 3<sup>rd</sup> Grade Class's "Little Kids Can Do Big Things" collection for Ronald McDonald House in March. Your *dana* (selfless giving) is greatly appreciated!

In March, the Dharma School held regular classes (Pre-K to 3<sup>rd</sup> grade, 4<sup>th</sup>-8<sup>th</sup> grade, and High School) on three Sundays. Following the Spring Ohigan Service, we enjoyed an all-Dharma School activity. On the last Sunday of the month, we had another group activity, making cards for our Well Care Committee to share with our Sangha friends, followed by an egg hunt.

We welcome new students to check out Dharma School any time! Classes or an activity will be offered every Sunday in April. We will get together to decorate the Hanamido (flower structure housing a statue of the baby Buddha) on Saturday

April 6<sup>th</sup>. For our Hanamatsuri (Buddha's birthday) celebration on April 7<sup>th</sup>, our teachers are planning a cool all-Dharma School clay relief project. We also look forward to observing Earth Day at temple on April 21<sup>st</sup>.

Calling all campers! Our Dharma School Camping Trip is this month, April 19-21 in Mount Laguna, sure to be fun, food, and fellowship-filled. If you're interested in joining us, please contact leaders Lisa Umekubo or Leslie Seymour ASAP.

A group of Dharma School teachers plans to attend the 2024 Federation of Dharma School Teachers League Conference on April 27-28 at the Mountain View Buddhist Temple.

## 2024 BCA National Council Meeting

This year's Annual BCA National Council meeting was held in-person at the Buddhist Church of Sacramento on February 23-25, hosted by Northern California District.

Our San Diego Representatives were Reverend Gregory Gibbs, LuAnn Lee and Bill Teague.

The last in-person meeting was in February 2019 up in Washington State. It was nice to see some familiar faces and fun meeting new people. You realize that most of us are going to through the same type of issues and most are still making teriyaki chicken!

On Friday and Saturday, there was over 160 delegates each day and we were back using voting sticks that are really paint stick stirrers. They had a full house for the Eitaikyo service on Sunday and hope you were able to watch on zoom.

### Voting Items that were Approved

- Ratify 2<sup>nd</sup> Term for Bishop Marvin Harada (4 years)
- Ratify 2024-2026 BCA Executive Committee Officers by National Board  
(President Steven Terusaki)
- Budget FY 2025 Budget (Increase membership assessment to \$183.27 - 3.4%), 10,586,Members
- Elect Directors-at-large
- Change to Bylaws – open pole of candidates for Officers

I wanted to share the BCA Theme this year, it is "The Right time is now"

In Bishop Harada's message on the BCA Website, he writes that this particular phase is urging us to listen to the Dharma now, to come to receive the Dharma now, not to wait for tomorrow, or next week or next month or next year.

Thank you for the honor of attending the National Council Meeting to represent Buddhist Temple San Diego

Gassho, LuAnn Lee



Throughout the year we will continue to support Rachel's Women's Center.  
Items needed: Bed linens, housewares, women's clothing, underwear, work clothing, outerwear, work & street shoes and toiletries.

**BUDDHIST TEMPLE**

Karen, Nick  
Morinaka, Ron  
Wood, Carolyn  
Sato, Steve  
Estes, Carol  
Haseyama, Jeanette  
Funeral Service  
Estes, Toshiye  
Araki-Kawaguchi, Corinne -  
Where needed most

**BUILDING IMPROVEMENTS**

Sumida, Floyd & Kaytee  
Sasaki, Sharon &  
Robert Yamamoto

**DHARMA SCHOOL**

Kawamoto, David H.  
Tanizaki, Gary  
Yamamoto, Koichi & Joyce  
Koga, Florence  
Nakamura, Jake K. & Patty  
Tokunaga, Ron T. & Kris  
Yanagihara, Sumi

**FLORIAL OFFERING**

Kawamoto, David H.  
Tanizaki, Gary  
Honda, Ralph & Avis  
Yamamoto, Koichi & Joyce  
Kida, Katsumi  
Koga, Florence  
Nakamura, Jake K. & Patty  
Tokunaga, Ron T. & Kris  
Yanagihara, Sumi

**GENERAL MAINTENANCE**

Kawamoto, David H.  
Tanizaki, Gary  
Yamamoto, Koichi & Joyce  
Kida, Katsumi  
Koga, Florence  
Nakamura, Jake K. & Patty  
Yanagihara, Sumi  
Tokunaga, Ron T. & Kris

**HANAMATSURI**

Moribe, Susan  
Yamamoto, Jane

**LADY KUJO MEMORIAL**

Yamamoto, Ann  
Mack, Rose  
Kawasaki, Mildred & Trace  
Ryan, Mani  
Yamada, Diane  
IMO Masa Watanabe  
IMO Yoshiko Watanabe  
Yamamoto, Jane  
IMO Mary Yagura  
IMO Shizuye Yamamoto  
Yonekura, Susan  
IMO Sayoko Tomiyama  
IMO Toyoko Yonekura  
Kawamoto, Mitsuko  
Kashima, Jeanne  
IMO Yoshiko Kashima  
Honda, Mikiye  
IMO Momoyo Amano  
IMO Fumino Honda  
Kida, Katsumi

Yamanishi, Miyoko  
Honda, Ralph & Avis  
Kawasaki, Kiyoshi & Itsuko  
Kawasaki, Ted  
IMO Misao Kawasaki  
IMO Toshiko Kawasaki  
Himaka, Michio & Naomi  
IMO Kazuye Himaka  
IMO Suma Shimada  
IMO Emi Shimizu  
IMO Setsu Himaka  
Ong, Michael & Ann  
IMO Shizuye Koba  
IMO Michiko Koba  
Martinez, Nancy & Daniel  
Masumoto, Chiyoko  
IMO Peggy Tsurudome  
IMO Yuki Masumoto  
IMO T. Tanaka  
Aoyama, Alice  
IMO Toshiko Takagi  
Kajita, Tim & Junko  
Tomiyama, Aki  
Omori, Shirley  
IMO Kiyoko Omori  
Moribe, Sue

**MAP (Ministers Assist)**

Kawamoto, David H.  
Tanizaki, Gary  
Honda, Ralph & Avis  
Yamamoto, Koichi & Joyce  
Koga, Florence  
Kaneshiro, Gale  
Nakamura, Jake K. & Patty  
Tokunaga, Ron T. & Kris

**MEMBERSHIP**

Bradford, Qamar A.  
Maruyama, Karly  
Kawamoto, David H.  
Tanizaki, Gary  
Kinoshita, Michael & Yasuko  
Williams, Yukari  
Yanagihara, Sumiko  
Tanaka, Kelvin & Lara  
Yamamoto, Koichi & Joyce  
Amano, Takeko  
Honda, Ralph & Avis  
Kida, Katsumi  
Williams, Erika  
Koga, Florence  
Kawamoto, Mitsuko  
Yokotobi, Fusako  
Nakamura, Jake K. & Patty  
Tokunaga, Ron T. & Kris

**NIRVANA DAY SERVICE**

Estes, Carol  
Koga, Florence

**OHIGAN SERVICE**

Yanagihara, Sumiko  
Honda, Ralph & Avis  
Honda, Mikiye  
Hendrix, Hiroko  
Monji, Yoshiko  
Sumida, Floyd & Kaytee  
Hashiguchi, Tsuneko & John  
Morikawa, Kazuhiko  
Nogata, Sumihiro & Yuriko

Masumoto, Chiyoko  
Suyenaga, Kathleen  
Tanaka, Kelvin & Lara  
Nakamura, Jake K. & Patty  
Kuwada, Howard Kanji  
Yamanishi, Alan & Karen  
Spears, Margo  
Tomiyama, Aki  
Graeber, Kiku  
Moncrief, Mayko  
Martinez, Nancy  
Kawasaki, Kiyoshi & Aileen  
Shigehara, Wilbur & Janice  
Tsukamoto, Wayne  
Oyama, Garrick  
Otsuji, Dennis & Elaine  
Ogasawara, Michiko  
Kajita, Junko & Tim  
Kawamoto, Mitsuko  
Aoyama, K. Alice  
Kawasaki, Mildred & Trace  
Ong, Mike & Ann  
Kida, Katsumi

**SCHOLARSHIP FUND**

Nakamura, Jake K. & Patty  
Tokunaga, Ron T. & Kris  
Yanagihara, Sumi

**SHOTSUKI HOYO**

Driscoll, Christine  
IMO Susumi Yagi  
Ong, Mike & Ann  
IMO Haruki Koba  
Kawasaki, Kiyoshi & Aileen -  
March  
Kawamoto, Mitsuko  
IMO Michael Kawamoto  
Kawasaki, Mildred & Trace  
IMO Kiyo Kawasaki  
Yonekura, Susan  
IMO Sayoko Tomiyama  
IMO Kiyotaro Osaki  
IMO Tom Yonekura  
Kuwada, Howard Kanji -  
March

Yamamoto, Jane  
IMO Mary Yagura  
IMO Iwao Yagura  
Honda, Mikiye  
Baker, Carol  
IMO Masaru Yanagihara  
Yanagihara, Sumiko  
IMO Masaru Yanagihara  
IMO Senkichi Yanagihara  
IMO Yanagihara Family  
Ishino, Isabel  
IMO Matsue Ishino  
Rubio-Torres, Arturo  
IMO Armando Leal  
Tomiyama, Aki  
Tomiyama, Bruce & Doreen  
IMO Sayoko Tomiyama  
IMO Kiyotako Osaki  
Takashima, Wilbur  
IMO Kisouyemon Sato  
IMO Bunshiro Takashima  
IMO Patsy Yanagihara  
IMO Tosh Glenn Yonekura  
Suyenaga, Kathleen  
IMO Dennis Suyenaga  
Oto, June  
IMO Motono Oto  
Amano, Takeko  
IMO San Amano  
IMO Shigeto Amano  
IMO Yaeno Amano  
IMO Yutaka Amano  
Koga, Florence  
IMO Mary Sugimoto  
IMO Eikichi Ishisaki  
Martinez, Nancy  
IMO Dad  
IMO Shimeno Nabeta  
IMO Janna's Tatay  
Otsuji, Dennis & Elaine  
IMO Haruhiko Otsuji  
IMO Ayako Otsuji  
Tomiyama, Alan & Akiko  
IMO Sayoko Tomiyama  
IMO Kiyotaro Osaki

**Buddhist Education in April**

Bill Teague, Buddhist Education Committee

Hanamatsuri. Who doesn't like a flower festival? The sutras tell us when the Buddha was born – even though it was the dry season in India – flowers sprung into bloom. See elsewhere in the Kaiho how you can bring flowers to the Temple to celebrate, or help decorate the flower-laden shrine.

Buddhism 1-2-3 each Wednesday at 7 p.m. via Zoom, often hosted by Bill Teague, CMA.

Intro to Buddhism: Join Minister's Assistant Kaytee Sumida in the Sangha Hall at 9 a.m. on Sunday, March 31 and again on Sunday, April 28. The one-hour session is a brief history of Buddhism and our Temple's traditions, with time for Q&A.

Thanks to all for joining together to welcome Ichi-Mi and the film "A Profound Silence" back on March 24.



# APRIL SHOTSUKI (MONTHLY MEMORIAL) LIST

The monthly memorial service will take place on April 14 at 10 a.m. Shotsuki Hoyo honors the memory of loved ones who passed away during the month. If you are unable to attend in-person, the service can be livestreamed on the temple's YouTube page. If you find an error in the Shotsuki listing or wish to add a name, please contact the temple at (619) 239-0896 or email [info@btsd.net](mailto:info@btsd.net) *Gassho*.

<u>DECEASED</u>	<u>FAMILY MEMBER</u>
Toyosaburo Yanagihara (4-23-1930).....	Yanagihara Family
Saburo Sugiyama (4-10-1936).....	Sugiyama Family
Seihachi Tsurudome (4-2-1943).....	Tsurudome Family
Shizuko Kasubuchi (4-27-1947).....	Naoye Kasubuchi
Masaichi Kuroda (4-30-1948).....	Toshio Kuroda
Yoshitaro Matsumoto (4-19-1952) .....	Eiji Matsumoto
Yukichi Okuma (4-16-1953).....	Okuma Family
Yohichiro Torio (4-24-1954).....	Betty Torio
Hiromi Moribe (4-26-1954).....	Lee Moribe
Mansaku Shinohara (4-6-1956).....	Shinohara Family
Yoshiko Haseyama (4-5-1958) .....	Haseyama Family
Saburo Oyama (4-5-1963).....	Oyama Family
George Kozuma (4-9-1966).....	Tomiko Kozuma
Shinzaemon Fujii (4-28-1967) .....	Katsumi Kida
Shizuyo Izumo (4-1-1970) .....	Yanagihara Family
Ume Inouye (4-10-1970).....	Inouye Family
Iwaguma Tsuneyoshi (4-9-1973).....	Tsuneyoshi Family
Buheiji Tanaka (4-12-1975).....	Yoko Ozawa
Hajime Kyutoku (4-10-1978).....	Tsurudome Family
Ryohei Tsujimura (4-5-1980).....	Roy Tsujimura
Kuzo Sugiyama (4-23-1980) .....	Sugiyama Family
Magoichi Hamano (4-3-1983) .....	Toru Hamano
Isao Imaizumi (4-27-1983) .....	Imaizumi Family
Kazumi Sugioka (4-29-1985) .....	Sugioka Family
George Yukio Kodama (4-19-1986).....	Vivianne Jones
Chiyo Yamagata (4-27-1987).....	Harold Yamagata
Mike Hagio (4-7-1988) .....	Quimico Hagio
Frank Tachiki (4-6-1989) .....	Les Tachiki
Terry T. Doi (4-28-1989).....	Patrick Doi
Mine Takeshita (4-27-1991).....	Takeshita Family
Zenbei Iwashita (4-11-1992) .....	Iwashita Family
Benso Tsuji (4-6-1993) .....	Laura Katsue Tsuji
Setsugo Taniguchi (4-14-1993) .....	Wilbur Takashima
Yoshiko Sueyoshi (4-2-1995).....	Sueyoshi Family
Shizuko Yanagihara (4-30-1995) .....	Yanagihara Family

<u>DECEASED</u>	<u>FAMILY MEMBER</u>
Ai Yamada (4-27-1996) .....	Keisuke Yamada
James Kasubuchi (4-12-1998) .....	Naoye Kasubuchi
Muneo Torimaru (4-30-1998) .....	Ricky Torimaru
Hazel Ito (4-13-2000) .....	Ito Family
Shigenori Tsurudome (4-30-2000) .....	Tsurudome Family
Taro Matsui (4-29-2001).....	Matsui Family
Kenshi Tachiki (4-30-2001).....	Lewis Tachiki
Haruko Muraoka (4-13-2002) .....	Takenori Muraoka
Yoshiko Takashima (4-21-2002) .....	Wilbur Takashima
Shinichi Okuyama (4-07-2003).....	Mai Kawaguchi
Kosaburo Ochi (4-27-2004).....	Emi Ochi
Toshio Hayakawa (4-11-2005) .....	Emiko Hayakawa
Yoshiko Miyazaki (4-29-2005) .....	Madoko M. Miyazaki
Armando Leal (4-11-2006).....	Rubio Family
Kaneko Houdek (4-09-2006) .....	John Houdek
Kikuo Uyeji (4-21-2006) .....	Chieko Takeguchi
Kattie Magotsugu Uyeji (4-15-2007) .....	Masako Uyeji
Hidetoshi Akiyama (4-25-2007) .....	Terry Akiyama
Masao Santohigashi (4-06-2008) .....	Kiku Graeber
Judi Shigeko Shinohara (4-18-2009) .....	Janice Shinohara
Shimako Uda (4-26-2009) .....	Georgiana Uda
Setsuko Himaka (4-24-2011).....	Lynn Fuchigami
Earl Isoki Osaki (4-21-2013) .....	Gail Furuya
Robert C. McDonald.....	Bruce McDonald
Kazuo Kiyono (4-6-2014).....	Norman Kiyono
James Noboru Nakashima (4-7-2014)..	Tomoye Nakashima
George Tachiki (4-22-2014) .....	Miyako Tachiki
Hiro Tsurudome (4-19-2015).....	Joanne Tsurudome Garcia
Mildred Pocock (4-2016).....	Pocock Family
Kimiko Kitano (4-24-2018).....	Margie Kitano
Jeanne Inouye (4-8-21).....	Nabeta Family
Helen Kikuko Takashima (4-15-21).....	Takashima Family
Joyce Terao (4-5-2022).....	Terao Family
Alyce Asako Morinaka (4-10-2022).....	Morinaka Family
Yoshiko Honda (4-20-21).....	Honda Family

## MEMORIAL SERVICES

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

### 2024 is the memorial year for those who passed away in:

1st Year Memorial	2023	13th Year Memorial	2012	27th Year Memorial	1998
3rd Year Memorial	2022	17th Year Memorial	2008	33rd Year Memorial	1992
7th Year Memorial	2018	25th Year Memorial	2000	50th Year Memorial	1975

# マウンテンビュー「仏教会」回向 二〇二四年四月法話

## — あなたは傲慢ですか? —

駐在開教使 向嶋裕史

お陰さまで先月、結婚二〇周年を迎えました。その日は夫婦二人でディナーに出かけ、この大きな節目を迎えることのできた喜びを噛み締めながらお祝いをしました。とても素敵な時間でした。

結婚以来、多くの「門徒が」、「先生はいい奥さんと結婚されましたね」、「先生は本当にラッキーですね」等と、ことあるごとにおっしゃって下さいます。勿論、妻へのお褒めの言葉は大変有難いのですが、妻には「奥さん、素敵なお主人をもつて羨ましいわ」なんて言われた方は一人としておられないよう、誠に面目ない限りです。確かに、私達の結婚生活を振り返ってみますと、この二〇年間、価値観の違いや考え方のずれ等が原因で多くの口喧嘩をしてきましたが、どんな原因があったにしても、最後には必ず、妻が私の意見を尊重してくれました。

その一方、私はと言いますと、妻の意見を聞くどころか、常に自分が正しいという思い上がりだけで日々生活してきたような気がします。今の世の中、私のような夫であれば、すぐに「別居よ」、「離婚よ」と見放されてもおかしくはないのですが、妻はよくこんな傲慢でどこまでも自分勝手な私を見捨てることなく、忍耐強くついてきてくれました。その事を考えると、自らを恥じると共に、妻の寛容さにただただ頭が下がる

思っています。

私達はどんな人であろうとも、多かれ少なかれ、うぬぼれや思い上がりの心を持っていますし、また、そうした心を消し去ることもできるものではありません。しかし、こうしたおごり高ぶる心が自分の中に巣食っていることに気づき、深く反省している人は、努めて他人の声に耳を傾ける努力をしますし、相手の意見を素直に受け入れようとします。

畢竟、煩惱具足の凡夫である私達の心の中には、どこまでも「自分は正しい」、「自分は道理をわきまえた人間だ」という自己中心の強いうぬぼれがあり、仏教では、こうした物の見方を「邪見」といいます。

「邪見」ということは、「醜い心」があるということではなく、「醜い心」があってもその心に全く気づかない人の見方を言っているのです。ですから、「邪見の心が自分の中にあります」と正直に認め、「お恥ずかしい」と言える人は、もはや邪見驕慢の凡夫ではありません。そういう人は、邪見で驕慢である衆生を救わんとする阿弥陀仏の本願が、「この私目当てであったと、有難く受け入れることができます。そして、阿弥陀仏の大悲に対する報恩謝徳のお念仏「南無阿弥陀仏」が自然と口からこぼれてくるのです。しかし、自分を邪見とも驕慢とも思わない悪衆生には、残念ながら、阿弥陀仏の大きい願いを聞き喜ぶ心は一切起きません。ですから、自分を悪人、凡夫と気づけない者は阿弥陀仏のご本願に心を開くことができないために、せつかくの大悲心もその人のものとなりません。

親鸞聖人は『正信偈』の中で、「よこしまな考えを持ち、おごり高ぶる自力の人にとって、阿弥陀仏のご本願によって示されたお念仏のみ教えを素直に受け止め、喜ぶことは実に難しい。難しい中でもこれほど難し

いものはない」とおっしゃってられます。

確かに、私自身を深く省みますと、一番身近な存在である妻の意見ですら素直に聞くことができず、常に自己中心で「我正しい」の私が、阿弥陀仏のご本願を素直に受け入れることができません。

たとえ妻と喧嘩して、彼女の心を傷つけたとしても、「こんなことぐらいで妻は私を見捨てない。妻は決して私と別れない」と知らず知らずのうちに根拠のない自信を持って居直ってしまっている私がいいます。妻に対する「うぬぼれた甘えが、今の自分をそのままに良しとする私をさらに傲慢にして、阿弥陀仏の大悲にまで間違った甘え方を覚えてしまっているようです。

本来、そんな私を見透かしてこそ誓われたご本願ですから、阿弥陀仏にとって私の甘えに正しくも間違いないものですが、お念仏のみ教えを聞けば聞くほど、私の思いとして、いつも大悲の上に胡坐をかいてすまし顔をしている我が身の姿にあきれるばかりで、そんな利己的で思い上がりの心を持つ生き方に慚愧の念を禁じえません。

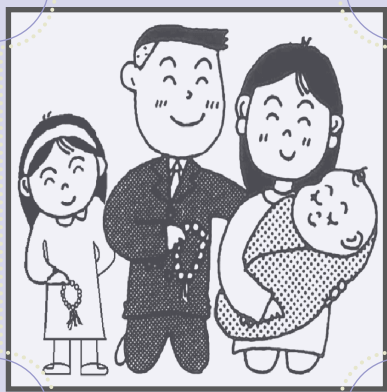
妻と結婚して今年で何と二〇年目を迎えさせていただきます。もう「こまで」と、妻に愛想を尽かされる前に、今一度、妻の忍耐と寛容さに感謝し、勝手に傲慢な私の態度を正していこうと心を新たにしています。

皆さんも、私目当ての大悲である「阿弥陀仏のお心」を「南無阿弥陀仏」のお念仏として有難く頂戴し、常に自らの日常を省みながら、一番身近な存在であるご主人、奥さん、ご家族、または大切な方に対する感謝の気持ちを忘れずに、互いに敬い、支え合い、互いの意見を素直に受け入れ尊重しつつ、報恩謝徳の念仏道を歩み続けていただきたいと切に願うばかりです。

## REPRESENTING BTSD AT THE 2024 CHERRY BLOSSOM FESTIVAL AT THE JAPANESE FRIENDSHIP GARDEN



From left to right: Ricky Cheeks, Wendy Nakamura, Kimberly Kruse, Bobby Koga, Kruse Kid, Sharon Sasaki, Chelsey Koga, Koga Kids, Laura Yoshida, Karly Maruyama, Yoshi Moritani, Ann Ong, Kruse Kid, Lori Hara, Noriko Nguyen, Yuri Taira, Mani Ryan, Shirley Omori, Trishia Carinio, Margie Kitano, Janice Shigehara, Stephen Smith, Melody Tsukahara, Akiko Gladsjo, Norman Kiyono and Wilbur Shigehara. (Photo credit: Efton Woodford).



### Hatsumairi Ceremony Participation For Sunday, May 19, 2024

Hatsumairi or “First Visit Ceremony” will be held as a part of the Gotan-e Service on Sunday, May 19, 2024. This will be the first time that Hatsumairi has been held at BTSD in five years. “Hatsu” literally means “for the first time,” and “mairi” means “visit to a temple.” While it is often considered to be an infant presentation ceremony, children and youth of all ages may participate – those who are newborns and those who are new to the temple. If you are interested in having your child/grandchild participate in this year’s Hatsumairi, please contact the temple’s office, Rev Smitty, or Rev Laverne to fill out a registration form or if you have questions.