

BUDDHIST TEMPLE OF SAN DIEGO
BUSSEI SCRIPT

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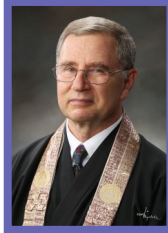


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JANUARY 2023

Now is the Time
 Rev. Jundo Gregory Gibbs



I have been with the Buddhist Temple of San Diego for more than a year now. You have all been very accepting of me in my supervisory role. I don't have as much time to spend with you as I would wish. It is hard to help you all to accomplish the many ends and goals we share. Nonetheless, it is perhaps the time to finish one thing.

Older persons like myself learned to type using the sentence, "Now is the time for all good men to come to the aid of their country." Apparently, we use most of the keyboard to type this. What I want to say, here today, is that "Now is the time for all Buddhist persons on the nembutsu path to stop worrying about what happens when we die."

For all I know, all sorts of miserable karmic fruit is just about to fall on my head, due to my past actions. Who knows what ensuing days, weeks or months may bring in terms of effects of causes I put out there. What I am sure of, is that the last moment of biological life will be followed by an Awoken form of

life where I will be of great benefit to others, while having a great time of it myself. If you are not sure that, in the end, for you and those you love, all will be well; - Now is the time. Now is the time to insist upon it.

There is every reason to trust in the Vow of Universal Liberation (Hongan). That urge to attain and share freedom is in the heart of every living being. As expressed in the Vows of Amida Buddha it is a vast opening out into the light. It is a promise to all; the promise of being drawn into the same illumination, joy and sharing.

Our way is simple, lean against the Vow. Say the nembutsu occasionally when it seems precious to you. The vehicle that carries us into Awakening is always beside us. It's all right to worry about driving to work. Worry about our dental health could lead to precautions. Don't worry about your ultimate destiny. The door is open for anyone to walk through. You don't have to find it. You don't have to walk. You are already being carried to Enlightenment. Now is the time to recognize that fact.

Namo Amida Butsu
 Rev. Jundo Gregory Gibbs

January & February are Membership Months!
Bill Teague, Membership Chair

With an Easy Renew policy and a special New Member Rate, in January and February we celebrate Membership Month times two.

Easy Renew Policy

Reminder: No Raise in Rates. You can send us a check for your 2023 renewal and in the memo write "2023 Membership" and we'll take care of the paperwork. If you need a reminder on what you paid for 2022 just drop us a note at the Temple or call. If you want to fill out the form, you only need to enter information in a few places if everything else remains the same. For your convenience, renewal forms are in this issue of the newsletter.

Learn more about renewing in 2023. See the article on our website's front page.

New Member Rate

By special permission of the Board of Directors we are offering a discounted new member rate to make it easier for potential new members to get started. The discount is the same as the Senior discount in the first year, steps up halfway to standard rates in the next year, matches standard rates in the third year. For more information please visit our website's front page.

Time to Ask Family and Friends

Do you have a friend or family member who is interested in the Temple? There has never been a better time to bring them on board, especially with this discount.

New Member Breakfast in February

Stay tuned; we will offer a Membership Breakfast to welcome all new members who joined in 2022 and in January and Feb-

ruary 2023. On your calendars please mark the tentative date of Sunday, February 26, at 9 a.m. We will confirm the date soon.

Who Are Our New Members?

As of mid-December 2022, we are so happy to welcome these new members. Some have parents or grandparents long active in the Temple, others have long attended and recently joined; others are just now becoming part of our Sangha by way of Dharma School or Taiko. Please welcome them as you meet them at our services.

They are Erin Hamada and Matthew Bigelow; Plover Brown; Karen Copeland; Megan Dixon & Phillip Kao; Garrick Oyama; Robert and Yoko Shultz; Randy and Susan Takeshita; and Erika Williams.

Two names you may remember are rejoining us: Ricky Cheeks; and Julie Gladsjo.

The Next Thing You Can Do to Grow Membership

We think this spurt in new members is because of the hard work you all do to make the Temple a welcoming and vibrant place, so thank you all. This effort is the most important of all. However, there is one more thing you can do. If you think of someone who might enjoy our fun activities and friendly atmosphere, please invite them to check us out, and even consider becoming a member themselves.

| INSIDE THIS ISSUE | Page | Page |
|------------------------------|------|------------------------------|
| Rev Gibbs' Message & Mem. | 1 | Donations, BEC 7 |
| Gomonshu's Message | 2 | Rev Mukojima's Message 8 |
| Japanese Message | 3 | Shotsuki Hoyo 9 |
| January Calendar, Activities | 4 | Special Services Donation 10 |
| President, BOD, BWA | 5 | Membership Form 11 |
| Dharma Sch. & Mochi Thx | 6 | Cont. Mem. Form 12 |



GOMONSHU SAMA'S NEW YEAR'S MESSAGE

His eminence, OTANI, Kojun, Monshu (head priest), is the spiritual leader of our Jodo Shinshu School of Buddhism based in Kyoto, Japan. Gomonshu-sama, who heads the Hongwanji-ha, is the 25th generation descendant of Shinran Shonin, the founder of Shin Buddhism.

Here is Gomonshu sama's 2023 New Year's message. Gassho.

Happy New Year, everyone! At the beginning of this New Year, I would like to extend my best regards to you all.

In view of the Russian invasion of Ukraine that began in February 2022, as Nembutsu followers who have deeply inscribed in our hearts and minds Shinran Shonin's message of "May there be peace in the world," we firmly stand against the military infringement of the other nation's sovereignty, and also aspire for immediate return of peace in Ukraine.

Over the last year, COVID-19 continues to be a global pandemic. I would like to offer my deepest condolences to those who fell victim to the disease and express my sympathies to those who are undergoing treatment. I would also like to express my respect and sincere gratitude to the doctors, nurses, and other frontline medical professionals who have been engaging in the treatment of infected people, as well as all essential workers who have made it possible for us to continue with our lives.

The pandemic has forced us to learn firsthand that we will continue to be confronted by unexpected situations even in modern times despite technologies both in science and medical fields being highly developed. Sakyamuni Buddha, who passed on the Dharma to us, made clear that there is no life nor entity in this world that lasts forever. This truth, the principle of impermanence, has never changed even in this time and age approximately 2500 years since his time. Another fact that does not change is our inability to accept this truth as it is, and because of this, we continue struggling.

This is the very reason why, regardless of the pandemic, we can rely on the Jodo Shinshu teaching clarified by Shinran Shonin, which guides us as a spiritual foundation that enables us to move forward even when being overwhelmed with difficulties. A gathering at the temple with Amida Buddha as its center provides a great opportunity to receive the Dharma as well as an occasion in which people can support and reassure one another as fellow practitioners who follow the same teaching.

I hope you will continue to share the teaching within the greater society through various ways and your temple will or continue to serve as a place where people can gather and find comfort in its activities. I humbly ask for your understanding and cooperation in support of your temples. I would like to conclude my new year's greeting with my heartfelt appreciation to you all.

January 1, 2023

OHTANI Kojun

Monshu

Jodo Shinshu Hongwanji-ha

年頭の辞

新しい年のはじめにあたり、ご挨拶申し上げます。

まず、2022年2月に始まったロシア連邦のウクライナ侵攻に対して、私たち念仏者は親鸞聖人がお示しくくださった「世のなか安穏なれ」のお言葉を改めて深く心に刻み、武力による他国の主権の侵害を強く非難するとともに、一刻も早くウクライナに平和が訪れることを願ってやみません。

さて、昨年も、世界では新型コロナウイルス感染症の流行が続きました。新型コロナウイルス感染症によりお亡くなりになられたすべての方々に、謹んで哀悼の意を表しますとともに、罹患されている皆様、後遺症を患われている皆様に心よりお見舞い申し上げます。また、医師や看護師をはじめとする医療従事者の方々、ライフラインの維持に努めておられる方々に深く敬意と感謝を表します。

新型コロナウイルス感染症の流行は、科学技術が発達し、医療も進歩した世の中にあっても、私たちの予想できない事柄が現実起こるということを知らしめました。仏教を説かれたお釈迦様は、この世を諸行無常であると示されました。約2500年たってもそのことに変わりはありません。そして、この真理をそのままに受け入れることができず、悩み苦しむ私たちの姿も変わることはありません。

それ故にこそ、新型コロナウイルス感染症の流行以前も以後も変わることなく、親鸞聖人が説かれた浄土真宗のみ教えが、日々悩み苦しむ私たちの生きる支えとなります。阿弥陀如来を中心とするお寺の集まりは、み教えを聞く場であると同時に、同じみ教えを依りどころとする私たちがお互いに支え合い助け合って、安心して集うことのできる場でもあります。

皆さまには、今後も様々な工夫を凝らして、広くみ教えを伝えられることで、お寺に多くの方が集まり、その誰もが心穏やかに過ごせる場所となりますことを願っております。そして、引き続きお寺の活動にご理解とご協力を頂きますことをお願い申し上げます、年頭のご挨拶といたします。

2023年1月1日

浄土真宗本願寺派

門主 大谷光淳

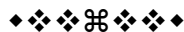
JANUARY CALENDAR OF EVENTS

Highlighting services and activities in January includes Ho Onko, commemorating the passing of Shinran Shonin on January 15, followed by the temple's New Year's party. The annual general membership meeting will be on January 29.

Sunday services will be livestreamed on the temple's YouTube page for those who are unable to attend in-person. Meetings and activities will be conducted either in person or virtually on Zoom (Z).

Here is this month's calendar (activities and times subject to change):

- 1 – Shusho E, New Year Service, 10am, (Hondo)
- 4 – Taiko practice, 7pm (AH), Bud. 1-2-3, 7pm (Z)
- 5 – Tai Chi, 10am (AH)
- 8 – Sutra Chanting, 9:15 am (H), Shotsuki Hoyo/ Dharma service, 10am (H/livestream), BWA meeting, 11:30 am (CR), Taiko practice, 11:30 am (AH)
- 10 – Ways & Means meeting, 7pm (Z)
- 11 – Taiko 7 pm (AH), Buddhism 1-2-3, 7 pm (Z)
- 12 – Tai Chi, 10 am (AH), BOD meeting, 7 pm (Z)
- 15 – Sutra Chanting, 9:15 am (H), **HO ONKO** (Shinran Shonin's memorial) Dharma message: **Rev. Smitty**, 10 am (H/L), Jr. YBA meeting, 11 am (Room 1), New Year's Party, 12 noon (AH)
- 18 – Taiko, 7 pm (AH), Buddhism 1-2-3, 7 pm (Z)
- 19 – Tai Chi, 10 am (AH)
- 22 – Sutra chanting, 9:15 am (H), Dharma service, 10 am (H/L), Taiko practice, 11:30 am (AH), DS Staff meeting, 11:30 am (CR)
- 25 – Taiko, 7 pm (AH), Buddhism 1-2-3, 7 pm (Z)
- 26 – Tai Chi, 10 am (AH), Activities meeting, 7 pm (Z)
- 29 – Sutra Chanting, 9:15 am (H), Introduction to Buddhism, 9 am (SH), Dharma Service, 10 am (H/L), General Membership meeting, 12 noon (AH)



The Spanish-language Dharma message will be posted on the temple's YouTube channel.

Office hours: 9 am to 4 pm Tuesday-Friday. There is limited staff coverage on weekends. The temple is closed on Mondays.

More information: Call the temple at 619-239-0896. Please leave a message if your call is not answered and staff will respond as quickly as possible. Email the temple at info@btsd.net or check the BTSD website <http://www.buddhisttemplesandiego.org> for updates.

ACTIVITIES

Akemashite Omedetou Gozaimasu!!
Happy New Year to all, welcome to 2023!

We had our first Mochitsuki since 2019 on December 11th. It was a cold and rainy day but that didn't dampen the volunteers' energy and enthusiasm to have a great time working and visiting with fellow sangha members. To get your year started on a good note, you can make ozoni (mochi soup) to celebrate the first meal on New Year's Day 2023! One meaning of the first meal of the New Year being Ozoni is it's providing nourishment and warmth during the typically cold winter days as well as good luck, good health, strength and a prosperous year to come.

The Temple New Year Party is scheduled for January 15, 2023! We plan to have it in person in the Temple Annex hall. The menu is going to be Japanese Style Obento and KFC for the second option. Please order your bento ASAP as the deadline (Jan. 3) is just around the corner, see the order form in this issue or order on line (preferred).

Also coming up January 29, 2023 is the Temple General Meeting. The annual meeting is for Temple members to get a review of 2022, Temple Budget and Approval of the Temple Board of Directors Slate of current and incoming members. We need a quorum of 25 Sangha members to approve of items on the docket.

In Gassho, Activities Committee

GENERAL MEMBERSHIP MEETING JANUARY 29

The temple's annual General Membership meeting will be on Sunday, January 29, beginning at 12:00 noon in the Annex Hall (In person) immediately after the service. We will have lunch just prior and during the meeting. The Board of Directors will provide the main dish, please bring your favorite side dish to share.

This once-a-year business meeting gives the Sangha the opportunity to join President LuAnn Lee, the Board of Directors, committees and affiliated organizations as they recap 2022 and provide what is planned for 2023. Members will be asked to approve the fiscal year budget and Board of Directors slate.

All dues paying members and interested Sangha members are invited and encouraged to attend the meeting. A quorum of 25 members is required to qualify as an official meeting, please find the sign-in sheet as you enter the annex.

President Lee and the Board of Directors look forward to seeing many temple members at the annual meeting. If you should need assistance, please call the temple at 619-239-0896.

'DIAL THE DHARMA'

For Enlightening Messages: **(800) 817-7918**

Press 1 for English; Press 2 for Japanese; Press 3 for Spanish



PRESIDENT'S MESSAGE

Happy Holidays!

After three years, the Board of Director's gathered for our Bonenkai (Japanese party held at the end of the year with co-workers or friends to forget the woes and troubles of the past year and look to the future).

We met at the Filippi's in Mira Mesa for our December board meeting, nice meal, great company and a little relaxation.

Another event that came back in person was our Mochitsuki. The fresh mochi was delicious and it was great to see so many helping after so long. Thank you to the chairs Glenn Negoro and Ralph Honda and to all that helped with the many tasks. It was truly a group effort.

Although as I write this, the Temple clean-up is next weekend (Dec. 18), I want to thank those in advance for making time to help wipe down the pews, vacuum the rugs, dust the Onajin (altar) and get the Temple ready for 2023.

I feel so lucky to be associated with so many good people at the Temple. I have made life-long friends and continue to meet many more. It seems that BTSD is a magnet for people that are compassionate and kind. The board and committees are always looking for others to join our groups so please contact me, any board member or the Temple.

I also invite you to join us for our end of the year services and the bell ringing at Shelter Island. Also looking ahead to 2023, we are having our New Year party on Sunday, January 15th (bento's due January 3) and for our general meeting on January 29. We would love to see you at both.

Even though it has been many years of Covid and precautions, the Temple was able to survive without in person fundraising and live Services thanks to the Sangha and the leadership of our Ministers, Board of Directors, Affiliated groups and Committees. We want to give our deep gratitude to all for your support.

In Gassho, LuAnn



BOARD HIGHLIGHTS

The Board of Directors met on December 8th, holding its annual Bonenkai (End of Year Party) but conducting necessary business.

1. The Board approved a salary increase for Linda Redenbaugh, Administrative Assistant.
2. Registration fees were approved for 3 temple representatives to participate in the 2023 BCA National Council Meeting.
3. Affiliated organizations, standing committees, and Ministerial staff submitted reports for the Board to review.
4. Thank you to Harold and LuAnn Lee for making dinner arrangements and for the delicious cake for our dessert. Best wishes for the New Year.

BWA NEWS

Akemashite Omedetou gozaimasu.
Happy New Year, 2023.

We hope those of you who attended the ringing of the bell in Shelter Island on New Year's Eve, were able to enjoy delicious Ozoni the next day to warm your tummies and to bring in the New Year.

First, I'd like to thank Margo Spears for organizing, ordering, and setting up the BWA Paso Almond Brittle sale. With the beautiful donation of ribbons from Ghean Maksimow and her company Bow Genie, many BWA members came together to wrap and decorate these delectable desserts for pick up.

In addition, we would like to extend our appreciate to Aki Tomiyama and Sue Moribe for overseeing the Makizushi fundraiser. We heard many positive comments on how delicious these rolls were this year. Thank you all for donating your time and efforts to help make these two BWA Fundraisers so successful.

The Ho Onko service (Shinran's Memorial service) and the BTSD News Year's Party will be on January 15. We hope you will be able to attend these two important events. 2023 is the Year of the Rabbit according to the Chinese Zodiac. The sign of the Rabbit symbolizes peace, prosperity and longevity and this year is predicted to be a year of hope. I extend my sincerest wishes that this year will bring to our world peace, and to you and your family and friends, continued good health and prosperity.

Mani Ryan

DHARMA SCHOOL NEWS

Happy New Year of the Rabbit! We hope you all enjoyed a peaceful holiday season.

In December, our Bodhi Day Service was a highlight. Rev. Ko'e Umezu of the West Los Angeles Buddhist Temple delivered a spirited message about the life of Shakyamuni Buddha, and we decorated delicious Bodhi Day cookies that were homemade by Ms. Laura Yoshida.

Dharma School students enjoyed helping out at our temple's Mochitsuki on 12/11. We have a renewed appreciation for this annual cultural tradition, after being off for the last two years.

Inspired by the Japanese soccer team and fans at this year's World Cup, Dharma School helped clean our temple and classroom facilities after the 12/18 service.

To round out 2022, on 12/31, a group of us volunteered at Feeding San Diego, which helps to ensure that every person in our local area has access to nutritious meals throughout the year.

Our Dharma School services and classes will resume on January 8. And to kick off the new year, we plan a group hike at Torrey Pines State Reserve on January 2.

Wishing everyone a healthy and happy 2023!
Gassho,
Sharon Sasaki

MOCHITSUKI RETURNS WITH TREMENDOUS OUTPOURING OF GRATITUDE

Following a 1,096-day absence, the return of the temple's mochitsuki did not seem to miss a beat.

The camaraderie of welcoming the Sangha and community to rekindle friendships, catch up with each other and keep alive a Japanese cultural tradition was very rewarding that has been missing from the temple for nearly three years due to the challenges from the COVID-19 pandemic.

On behalf of Glenn Negoro and I, we wish to thank everyone for supporting the return of BTSD's tradition of making mochi for the new year. The activity was held on December 11.

The aroma of freshly cooked rice, the grinding and pounding of the rice into a stretchy glutinous paste, and the cutting, shaping, cooling and packaging of the bite-size morsels brought smiles and excitement from everyone involved. It was an experience we have all dearly missed.

Despite the late morning rain, it did not dampen the spirits of nearly 130 Sangha members and community friends who turned out to produce over 1,100 pounds of mochi. From the youngest Dharma School student to the temple's eldest Sangha member, everyone's efforts are to be truly applauded. Thank you very much for your amazing help.

Thank you to the customers for purchasing many of the one-pound bags of the mochi (sweet rice cakes) and to the families who purchased the two-piece Kasane for their home O Butsudān.

A tremendous amount of gratitude goes to the students representing the Japanese language clubs from Canyon Crest Academy (CCA) and San Dieguito Academy (SDA) high schools. There were over 50 students who volunteered their time to embrace the experience of making mochi and assisting the temple with manpower in various areas of work. The enthusiasm and dedication of the young people were very well-received by the Sangha. Students from CCA regularly volunteer at mochitsuki. It was the first opportunity for the SDA students.

Many thanks to the families who brought food to share for the luncheon. We were told that the assortment of main dishes, side dishes, salads and desserts truly made for a fantastic lunch. It seemed like a "tailgate atmosphere" for everyone to enjoy.

With rising costs for all of the supplies purchased, the temple received an outstanding amount of monetary donations. Thank you to all of the donors for their generous contributions.

We hope that many of you were able to support the White Elephant sales boutique and plant sales. Also, thank you to others who donated clothing towards the temple's winter clothing drive.

There are just too many names to list of those who volunteered their time for making mochitsuki 2022 a huge success. We do not want to miss any names and you know who you are, so give yourself a pat on the back for a job well done!

This year's mochi sale was a complete sellout!

Please circle December 10 on your calendar for mochitsuki 2023!

In the meantime, enjoy your mochi.

In Gassho,
Ralph Honda and Glenn Negoro
2022 Mochitsuki co-chairmen

BUDDHIST TEMPLE

Mitchell, Jonathan
 Ryan, Mani
 Ota, Kenneth - Giving Tues.
 Mitchell, Jonathan
 Anonymous
 Spencer, Ann C.
 Morinaka, Ron
 Sasaki Yamamoto, Sharon & Robert
 Yamamoto, Sachio - Memorial Service for Irene Yamamoto

2022 APPEAL

Honda, Ralph & Avis

BODHI DAY SERVICE

Nogata, Yuriko
 Okuhara, Roy
 Amemiya, Denise
 Kawasaki, Kiyoshi & Aileen
 Kida, Katsumi
 Kuwada, Howard & Kaneko
 Yamanishi, Miyoko
 Kawamoto, Mitsuko
 Yokotobi, Fusako
 Shigehara, Wilbur & Janice
 Aoyama, K. Alice
 Ogasawara, Michiko
 Honda, Mikiye
 Hashiguchi, John & Tsune
 Graeber, Kiku
 Voorhies, Ruth
 Honda, Ralph & Avis
 Morinaka, Ron
 D'Orsi, Ruby
 Kashima, Jeanie
 Cheeks, Ricky
 Torio, Betty
 Otsuji, Dennis & Elaine
 Masumoto, Chiyoko
 Kajita, Junko & Tim

DHARMA SCHOOL

Iwashita, Setsuo and Jan
 Imori, Laverne

EITAIKYO FUND

Honda, Mikiye
 IMO Ben Honda
 Mikiye Honda
 Yamamoto, Koichi & Joyce
 IMO Noburo Yamamoto
 IMO Shizue Yamamoto
 IMO Haruhiko Otsuji
 IMO Sachiye Yamamoto
 Sugiyama, Yukio
 IMO Hamako Nakamura
 IMO Yasaku Nakamura
 Yukiko Sugiyama
 Koga, Florence
 IMO Ronnie Ishisaki
 IMO Toriyo Ishisaki
 IMO Emiko Ishisaki
 IMO Irene and Kazuo Koga
 Morinaka, Ron

EITAIKYO SERVICE

Yamamoto, Koichi & Joyce
 Koga, Florence
 Sugiyama, Yukiko

END OF YEAR (JOYA-E)

Hashiguchi, Tsuneko
 Estes, Carol

FLORAL OFFERING

Iwashita, Setsuo and Jan
 Imori, Laverne

GENERAL MAINTENANCE

Iwashita, Setsuo and Jan

MAP

Iwashita, Setsuo and Jan
 Imori, Laverne

MEMBERSHIP

We thank the following for their recent renewals:

Guiang, Cynthia & Orlando
 Iwashita, Setsuo and Jan
 Jones, Jami
 Imori, Laverne

MOCHI GOME

Tanaka, Terry
 Ong, Mike & Ann
 Morinaka, Ron
 Honda, Ralph & Avis
 Honda, Mikiye

NEW YEAR'S DAY

Honda, Mikiye

OSEIBO

Sugiyama, Chiyeko
 Kuwada, Howard Kanji
 Yamanishi, Miyoko
 Nogata, Yuriko
 Omori, Shirley
 Spears, Margo
 Shigehara, Wilbur & Janice
 Kida, Katsumi
 Kawamoto, Mitsuko
 Ong, Ann & Mike
 Kawasaki, Kiyoshi & Aileen
 Voorhies, Ruth
 Hashiguchi, Tsuneko & John
 Honda, Mikiye
 Honda, Ralph & Avis
 Negoro, Glenn
 Otsuji, Dennis & Elaine
 Morikawa, Kazuhiko
 Yonekura, Susan
 Morinaka, Ron
 D'Orsi, Ruby
 Kashima, Jeanie
 Amano, Takeko

Ishino, Isabel
 Hendrix, Hiroko
 Masumoto, Chiyoko
 Estes, Carol
 Nakatani, Fred & Nancy

SCHOLARSHIP FUND

Iwashita, Setsuo and Jan

SHOTSUKI HOYO

Yano, Michael
 IMO Toki Yano
 IMO Tad Yano
 IMO Tai Yano
 IMO Betty Yano
 Tomiyama, Akie
 IMO Taiji Santohigashi
 Terusaki, Steven
 IMO George Terusaki - Nov
 Kawasaki, Mildred & Trace
 Kinoshita, Yasuko & Michael
 Amemiya, Denise
 IMO Mary Amemiya
 Kawamoto, Mitsuko
 IMO Manae Mayumi
 Kawasaki, Kiyoshi & Aileen - December
 Yonekura, Susan
 IMO Frank Yonekura
 Negoro, Glenn
 IMO Yukiko Negoro
 Honda, Mikiye
 IMO Ben Honda
 IMO Shigeo Amano
 Yukio Sugiyama
 IMO Yasuyuki Sugiyama
 Honda, Ralph & Avis
 Kajita, Junko & Tim
 IMO Jeffrey Kajita
 Himaka, Michio & Naomi
 IMO Sakiko Kada

January brings both virtual and in-person events starting in 2023.

Online. We resume the Wednesday night **Buddhism 1-2-3** discussion class on January 4 at 7 p.m. and the on-request online class called **Buddhism Zero**. Buddhism 1-2-3 is with Dharma Leader **Bill Teague**. Each week another topic in Shin Buddhism and related topics is presented with participants discussion. It begins with chanting and breathing meditation. Buddhism Zero is meant to provide a chance for people interested in learning more about Buddhism to ask basic questions and hear answers from multiple temple members. When people request a session we schedule it for their convenience.

In Person. We return to live sessions of the monthly **Intro to Buddhism** course on the last Sunday of each month at 9 a.m. in the Sangha Hall. The course is led by Dharma Leader **Kaytee Sumida** who sketches the history of Buddhism up through the modern day and also discusses Temple etiquette. Our session in January is set for Sunday, January 29.

New Year's Eve and New Year's Day

The Temple will hold events
 At the Temple and Shelter Island

December 31 *Joya-E* at 6 p.m. and
 Joya No Kane at 11:30 p.m. on Shelter Island
 Jan. 1 *Shusho-E* at 10 a.m. in the Hondo



マウンテンビューー仏教会「回向」 二〇二三年一月法話

ただ ちえ

― 正しい智慧 ―

駐在開教使 向嶋裕史

新年明けましておめでとうございます。旧年中はご門徒の皆さまに大変お世話になりましたこと、誠に有難く心から厚く御礼申し上げます。

さて、年頭にあたり、人を愛するという事について少し味わってまいりたいと思います。私達の世界は、愛をテーマにした映画や音楽、そして小説などといった多くの作品で溢れています。それだけ、人を愛するという事の素晴らしさは世界共通の認識であるということを示しているのだと思います。

私達は好きな人ができて、その人から「愛している」と言ってもらうとすごく幸せな気持ちになります。それは、愛されたいという願望が私達の心に存在し、その願いを満たしてくれるからだそうです。アメリカの心理学者であるエリク・エリクソンは、その根源的な願いを「基本的信頼」と呼んでいます。

この「基本的信頼」は赤ん坊が生まれてから一歳までの間に獲得されると言われています。「基本的信頼」とは、生まれてきた赤ん坊が両親の愛情を受けて身についていくもので、自分がこの世に存在することを肯定的に捉え、人生には生きる意味や生存する価値があり、世界は信頼するに足るものだという感覚を持つことをいいます。この感覚によって、赤ん坊は信頼という眼差しで外の世界とつながっていくことができるのです。

また、この「基本的信頼」をしっかり育てられることによって、たとえ大人になって困難な状況に追い込まれても、人生の荒波を乗り越えていこうとする努力が湧いてきます。つまり、この「基本的信頼」は、人間が生きていくための心のエネルギー源ともいえます。この心のエネルギーが溢れている人は、力強く前向きに生きていこうとします。しかし、そうでない人は、少々のことでも簡単に諦めてしまいます。

「基本的信頼」は、親から無条件の愛情を身にいつばい受けることによって育てられます。愛情を受けた赤ん坊は「ありのままの自分がみんなから大切にされている。素晴らしい世界だ。この世でみんなと一緒に生きていきたい」という感情が自然と芽生えてくるのです。

また、子供は大きくなるにつれて、親の躰が厳しくなり、赤ん坊の頃のような無条件の愛情は受けられなくなり、赤ん坊の頃のように「基本的信頼」が子供の心から消えることはありません。子供の意識の底には、親から受けた深い愛情が心の支えとしていつまでも存在し、それが心のエネルギーとなって希望に満ちた人生を送ることができるとして、その子供が成長し、好きな人ができて「愛しているよ」と言われた時、幼少の頃に両親の愛情のもとで経験したもつとも幸せな時間が呼び覚まされ、何とも幸せな気持ちになるのです。

ありのままの自分を無条件に受け入れて欲しいという願いは全ての人が持っています。仏教において、その願いを満たすものとして「仏の慈悲」が説かれています。そして、この慈悲を具体化したものを「本願」といいます。「歎異抄」に本願の説明として「弥陀の本願には老少善悪のひとをえらばず」とあります。つまり、全ての人をありのままに無条件で救い取られるのが阿彌陀仏の本願であり、その本願を身に受ける時、私達の心の奥底にある願いが満たされて、喜びに包まれます。ですから、無条件で我が子を受け入れる親の愛情は、宗教における救いと同一構造を持っているのです。

しかし、人を愛する点において人の愛には限界があります。私達凡夫の愛とは、愛する度合いが強いほど、愛

する人から裏切られた時、憎しみが強くなります。また相手が自分の愛に応えてくれないと腹が立ち、仕返しをしてやろうという気さえ起きます。これを「愛憎一如」と仏教ではいいますが、愛と憎しみは、まさに紙の裏表のようなものだとお釈迦さまは言われています。

しかし、仏の慈悲は決してそのようなことはありません。なぜなら、仏の慈悲は正しい智慧に裏付けられているからです。「歎異抄」に「仏かねてしろしめて煩惱具足の凡夫とおおせられたることなれば、他力の悲願は、かくのごときのわれらがためなりけり」といられて、いよいよたのもしくおぼゆるなり」とあります。

つまり、全ての衆生を無条件で救われる仏の慈悲は、人間がどうしようもない煩惱具足の凡夫であるという事を十分承知の上で救われるのです。人間が好きだから無条件で振取するというのではなく、将来良くなる見込みがあるというのでもなく、どうしようもない凡夫だと初めから分かっていた上で救われるのです。

この正しい智慧に裏付けられた大悲だからこそ、私達が阿彌陀仏のお呼び声に背を向けるようなことがあっても、決して見捨てることなく、采れることもなく、無条件に凡夫を振取されるのです。人間の愛にはこのような智慧がないので、愛する人から裏切られると、こんな人だとは思わなかった」と腹を立て、憎むのです。

私達は、ありのままの自分を阿彌陀仏の慈悲に振取されることによって、大いなる安らぎを感じるようになります。人間の愛には限界がありますが、常に本願に励まされて、私達は周りの人々を愛し、理解し、受け入れていかなければなりません。このように、自分の周りの人を愛そうと努力し、お互いの心に安らぎをもたらそうとすることが、仏の慈悲に生かされるということだと思えます。正しい智慧のもと、新しい年が愛に満ち溢れた平和な年となることを切に願っています。



JANUARY SHOTSUKI LIST

The monthly memorial service will take place on January 8 at 10 a.m. Shotsuki Hoyo honors the memory of loved ones who passed away during the month. If you are unable to attend in-person, the service can be livestreamed on the temple's YouTube page. Access the livestream on the temple's website under the "Video" tab. Please share the service with family members and friends who do not have access to the internet. If you find an error in the Shotsuki listing or wish to add a name, please contact the temple at (619) 239-0896 or email info@btsd.net *Gassho*.

*The Sangha extends deepest condolences to the family and friends of:
Wade Masao Watanabe - November 28, 2022*

| DECEASED | FAMILY MEMBER | DECEASED | FAMILY MEMBER |
|----------------------------------|----------------------|--------------------------------------|-----------------------|
| Kotake Kondo (1-14-1923) | Ruth Voorhies | Shigeru Tabata (1-20-1989) | Takako Tabata |
| Mitsuko Kuwada (1-28-1938) | Kanji Kuwada | Setsuko Uchida (1-24-1992) | Kashima Family |
| Sutematsu Iwata (1-4-1941) | Frances A. Burton | Noboru Nakada (1-18-1993) | Ted Nakada |
| Tsunekichi Higuchi (1-7-1942) | Higuchi Family | Elaine Matsumoto Barrett (1-26-1993) | Matsumoto Family |
| Jiro Niizawa (1-13-1942) | Norman Kiyono | Masako Nadahara (1-12-1994) | Mami Nakagawa |
| Chosaburo Yamashita (1-27-1954) | Emiko Yamashita | Frank T. Torio (1-6-1995) | Juliana M. Torio |
| Bill Koga (1-22-1956) | Florence Koga | Chieno Okuma Moribe (1-20-1995) | Lee Moribe |
| Matsuno Fujimoto (1-5-1957) | Amano Family | Tetsuyo Kashima (1-4-1996) | Jeanie Kashima |
| Chiyono Tomiyama (1-15-1957) | Tomiyama Family | Frank Akira Kajita (1-6-1996) | Tim Kajita |
| Hisaichi Taniguchi (1-31-1959) | Wilbur Takashima | Kesao Muraoka (1-29-1997) | Yoshiko Muraoka |
| Mitsuyoshi Shindo (1-14-1959) | Ochi Family | Kiyoko Santohigashi (1-3-1998) | Kiku Graeber |
| Teiichiro Miyoshi (1-4-1960) | Miyoshi Family | Haruko Iguchi (1-15-1998) | Iguchi Family |
| Usaburo Ito (1-26-1961) | Masako Nagata | George Furuya (1-16-1998) | George Furuya Jr. |
| Shokichi Kodama (1-21-1961) | Masako Uyeji | Yukiko Wutzke (1-14-1999) | Wutzke Family |
| Nobuo Hagio (1-6-1961) | Hagio Family | Miwako Kosaka (1-19-1999) | Emi Killeri |
| Harue Okumura (1-19-1962) | Yamashita Family | Kazumi Yamada (1-20-1999) | Carol Yamada |
| Shigeko Takeguchi (1-24-1962) | Takeguchi Family | Robbie Jon Nishiguchi (1-5-2001) | Nishiguchi Family |
| Satoru Hata (1-25-1963) | Hamada Family | Seiji Saito (1-7-2001) | Ayako Saito |
| Masakichi Saito (1-30-1964) | Takashi Saito | Takenori Ohara (1-28-2001) | Fumiko Ohara |
| Hashio Yonekura (1-4-1969) | Yonekura Family | Sumiko Kendall (1-1-2003) | Bennie P. Kendall |
| Toshiko Funaki (1-18-1971) | Funaki Family | Mitsuko Kodama (1-11-2004) | Jay Kodama |
| Sojiro Torimaru (1-18-1973) | Otsuka Family | Yoshiko N. Kusumoto (1-31-2004) | Chiyo Nakagawa |
| Kiyotaka Kusumoto (1-9-1973) | Yoshiko Kusumoto | Sumiko Tsubakihara (1-31-2005) | Kent Tsubakihara |
| Shinhichi Kawamoto (1-16-1974) | Kawamoto Family | Harry Yamada (1-8-2006) | Yamada Family |
| Hisayo Ogawa (1-22-1975) | Steven Yagade | Kimie Fukamizu (1-18-2006) | Rochelle Carroll |
| Hachiro Honda (1-5-1976) | Honda Family | Pro Takanori Nimura (1-28-2006) | Nimura Family |
| Motoo Kobayashi (1-16-1976) | Wayne Takuya | Ishen Iguchi (1-05-2007) | Iguchi Family |
| Mitsutaro Shimizu (1-25-1976) | Miyoko Hashiguchi | Yoshinobu Sueyoshi (1-02-2008) | Annie Yumiko Gristina |
| Mitsuyo Urata (1-2-1977) | Urata Family | Osao Himaka (1-31-2008) | Lynn Fuchigami |
| Kuni Kawamoto (1-12-1978) | Kiku Koga | Mitsuru Amano (1-5-2012) | Mike Amano |
| Saye Tsurudome (1-28-1978) | Mitsuo Tsurudome | Dorothy Matsumoto (1-10-2012) | Matsumoto Family |
| Seki Kawasaki (1-30-1943) | Ohara family | Gary Yukio Kodama (1-4-2013) | Vivianne Jones |
| Kiyoko Muraoka (1-10-1979) | Yoko Shinohara | Leonard Joseph Allison (1-21-2013) | Elizabeth Dawn Homah |
| Ryu Yonekura (1-9-1980) | Yonekura Family | Mitsuyo "Mitsi" Ota (1-23-2013) | Kenneth Ota |
| Harry Pokio Matsumoto (1-9-1982) | Matsumoto Family | Michiko Causey (1-12-2014) | Robert Causey |
| Claude Holt (1-30-1981) | John Holt | Toru Shiraishi (1-17-2015) | Shiraishi Family |
| Jon Konishi (1-19-1983) | Steven Konishi | Masami Iwataki (1-5-2016) | Patricia Iwataki |
| Nobuo Honda (1-31-1984) | Amy Honda | Maria Del Rufugio Gonzalez (1-13-16) | Covarrubias Family |
| Ikuyo Takeshita (1-5-1985) | Takeshita Family | Priscilla Ishizaki (1-30-2017) | Sheryl Ishizaki |
| Oshie Shimizu (1-1-1988) | Miyoko Hashiguchi | Teruko Iwata (1-5-2018) | Frances A. Burton |
| Shizuko Shimizu (1-11-1989) | Shimizu Family | Jeffery Akira Oto (1-25-2018) | Junko Oto |

MEMORIAL SERVICES

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2023 is the memorial year for those who passed away in:

| | | | | | |
|--------------------|------|--------------------|------|--------------------|------|
| 1st Year Memorial | 2022 | 3rd Year Memorial | 2021 | 7th Year Memorial | 2017 |
| 13th Year Memorial | 2011 | 17th Year Memorial | 2007 | 25th Year Memorial | 1999 |
| 27th Year Memorial | 1997 | 33rd Year Memorial | 1991 | 50th Year Memorial | 1974 |

BTSD Special Service Credit Card Donations 2023

ENVELOPE FREE DONATION: BTSD is offering the opportunity to conveniently plan your special service donation (s) by using your credit card. Please indicate the amount you wish to donate for each service and the treasurers' committee will take care of your transaction(s).

Name _____ E-mail _____
Address _____ Unit Number _____
City _____ State _____ Zip code _____
Phone () _____ Work Phone () _____

Credit Card: Visa Mastercard Amex (credit cards will be charged during the month of each special service).

Acct #: _____ Expires (MM/YY): _____/_____/_____

Authorized Signature (if charging): _____

SPECIAL SERVICES 2023

- \$ **New Year's Day (Shusho-e) -- January 1**
This is a day of dedication. With renewed resolution, we dedicate ourselves to the way of the Nembutsu.
- \$ **Ho-Onko (Shinran Shonin Memorial Day) -- January 15**
Commemorating the memory of Shinran Shonin (May 21, 1173 - January 16, 1262), the Founder of Jodo Shinshu (True Pure Land sect). Shinran Shonin was the first to teach absolute faith in Amida Buddha.
- \$ **Nirvana Day (Nehan-e) -- February 12**
On this day we solemnly observe the passing of Sakyamuni Buddha into Pari-nirvana.
- \$ **Spring Higan (Higan-e) -- March 19**
Higan ("other Shore") is observed on or around the Spring Equinox. During this time, harmony rules throughout the universe. Therefore, we gather before the shrine of Amida Buddha to devote ourselves to the realization of this harmony in our inner lives.
- \$ **Hanamatsuri (Buddha Day) -- April 9**
Celebrating the birth of Gautama (the historical Buddha) in Lumbini Garden. A flower shrine ("Hanamido") is set up in front of the main altar representing Lumbini Garden. The sangha offers flowers and pours sweet tea over a statue of the infant Buddha.
- \$ **Gotan-e / Fujimatsuri (Shinran Shonin Day) -- May 21**
Shinran Shonin was born near Kyoto, Japan on May 21, 1173. On this day we observe his birth as the founder of the Jodo Shinshu sect.
- \$ **O Bon (Bon) -- July 30**
Bon is a Buddhist Memorial Day. It is an occasion for rejoicing in the enlightenment offered by the Buddha. It is often referred to as the "Gathering of Joy."
- \$ **Fall Higan (Higan-e) -- September 17**
The sangha gathers once again, on or around the Fall equinox to recall the practice of the Six Parmitas.
- \$ **Eitai-kyo (Perpetual Memorial) -- November 12**
On this day, all dedicated members and Dharma friends who devoted themselves to the spiritual welfare of the temple, whether known or unknown, are honored so that we may continue to practice the Buddha's teachings.
- \$ **Bodhi Day (Jodo-e) -- December 3**
Gautama meditated under the Bodhi Tree (Tree of Enlightenment) and became a Buddha; perfect in Wisdom and Compassion.
- \$ **Joya-e (Year-end Service) -- December 31**
On New Year's Eve we meditate on the countless blessings we have received throughout the year and

Please mail this form to: Buddhist Temple of San Diego c/o Treasurers, 2929 Market Street, San Diego, CA 92102
For any question about Special Service credit card donation, please call the Temple at 619-239-0896,
or send inquiries to the Treasurer at info@btsd.net

BUDDHIST TEMPLE of SAN DIEGO 2023 MEMBERSHIP FORM (v.1.1)

A. Member Names(s)

1: Mr Ms Mrs _____

2: Mr Ms Mrs _____

Second page for signatures, updates of contact info, or Credit Card if needed.

B. Annual Dues = SAME AS LAST YEAR or change below.

Ind. = Individual

FC = Family or couple membership

| Level | Bodhi* | | Wisteria | | Dana | | Senior Discount | |
|--------|--------|----|----------|------|------|-----|-----------------|-----|
| | Ind. | FC | Ind. | FC | Ind. | | Ind. | FC |
| Adults | | | 600 | 1200 | 336 | 576 | 180 | 360 |
| Amount | | | | | | | | |

*Write in amount for Bodhi, meant for more generous donors.

C. Program Donations = SAME AS LAST YEAR or change below.

| Programs | Floral | Gardening | Minister's Assistants | Dharma School | Scholarships | TOTAL |
|-------------|--------|-----------|-----------------------|---------------|--------------|-------|
| Recommended | 40 | 40 | 40 | 20 | 20 | 160 |
| Or Other | | | | | | |

Please total program donations in far-right column.

D. Please Total B and C

B + C = _____ 2023 Membership plus Program Donations

E. Payment Frequency / Payment Amount (We'll Do the Math)

- All at once / 100% of total at D
- Quarterly / 25% of total at D
- Twice / 50% of total at D
- Monthly / 8.3% of total at D
- Other, same as last year.

F. Payment Method

- Check PayPal (use donation link "GIVE" on Website)
- Credit/Debit you have on file. Credit/Debit detail as shown on form overleaf

Form continues for signature, REQUIRED; updates or CC information, if needed. See following page

Question? Call Member Chair Bill Teague at 619-248-3749 or Temple at 619-239-0896.

Form significantly abbreviated. Full form still available; we can mail or download from website.

G. Circle SAME AS LAST YEAR or Update as Needed.

Member 1 Occupation: _____ Birthdate _____

Email address: _____ Preferred phone: _____

Member 2 Occupation: _____ Birthdate _____

Email address: _____ Preferred phone: _____

Street Address: _____

City: _____ State: _____ ZIP: _____

H. Newsletter Preferences: Same OR NEW: Print Email Both

I. CREDIT CARD AUTHORIZATION if desired

- **Members or sponsors paying by credit or debit card** are authorizing its use for automatic renewal with specific account information as follows.

I/we opt out of automatic renewal

- Members can change preferences at any time.

If paying by credit or debit card, please complete this part of the authorization.

__ Mastercard __ Visa __ AMEX. Acct # _____ Expires (MM/YY) __/ __

Billing Address (if different from your mailing address on the reverse, write street address and ZIP code.)

REQUIRED: Authorized Signature

Member 1. _____

Member 2. _____

A percentage of your dues supports the Buddhist Churches of America or BCA, our national organization.

Question? Call Member Chair Bill Teague at 619-248-3749 or Temple at 619-239-0896.

Form significantly abbreviated. Full form still available; we can mail or download from website.

Kampai! Temple New Year's Bento Order Form

Pick-up order: Sunday, January 15, 2023, 12:00 noon, following the Dharma Service at the Buddhist Temple of San Diego
Bento Order/Payment due: Tuesday, January 3, 2023
Payment options: PayPal, credit card or check



Please submit orders online at the following link by **Tuesday, January 3, 2022:**
<https://forms.gle/CjpshmdUUfKygFAt7>

Or send this completed form and payment to the "Buddhist Temple of San Diego, Attn: New Year Bento", 2929 Market St., San Diego, CA 92102. **Form and payment must be received by January 3, 2023.**

Make payment via PayPal.Me at the following link: https://paypal.me/buddhisttemplesd?locale.x=en_US or mail check to Buddhist Temple of San Diego, 2929 Market Street, San Diego, CA 92102. We can match your check up to the online order submitted. **PLEASE SELECT 2nd OPTION "SEND".**

Name _____ Date _____

Email Address _____ Phone #: _____

I would prefer ___ Indoor dining ___ Bento to-go

Ichiban Restaurant Bento

Quantity (enter #) _____

Total

- **Regular - \$25.00**
*May contain chicken kara-age, shrimp tempura futomaki, nimono, potato salad _____ \$ _____
- **Vegetarian - \$25.00**
*Vegetarian version of bento (No meat), may contain tofu, vegetable tempura, futomaki, nimono, potato salad _____ \$ _____
- **Kentucky Fried Chicken Meal, 3 piece - \$10.00** _____ \$ _____

*Exact items subject to change

Total order \$ _____

If you prefer that we manually run your credit or debit card, please complete this authorization form.

___ MC ___ Visa ___ AMEX. Acct # _____ Expires (MM/YY) ___/___

Billing Address: _____ ZIP _____

Payor's Authorized Signature Required _____