

BUSSEI SCRIPT

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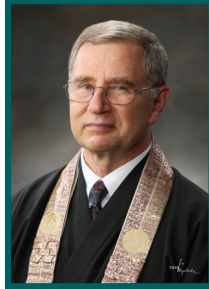
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Web: www.buddhisttemplesandiego.org

DECEMBER 2023

Trusting in the Good

Rev. Jundo Gregory Gibbs



I hope you are all safe, well and happy as you read the current issue of the Bussei Script. In December we will have Bodhi Day and Oseibo, Devoutly Jewish people have Chanukah (starts on Bodhi Day this year), those reclaiming Paganism have the Winter Solstice and Christians have Christmas. We, pretty much all of us, have something to celebrate this month. May I suggest a goal for this month and the coming year? "Respect everyone, assist those whom you can."

Is Buddhism more true than other religions? Well, ... maybe. Is Buddhism burdened with less falsehood than most religions; - yes. We win that one, we demand no affirmation of beliefs. Everything is open to reconsideration. So, we don't carry on falsehoods for centuries, but the important thing is; - who gains access to goodness? Who carries on goodness from moment to moment, from year to year? Who calls forth our respect? To whom do we extend our respect?

Reality is polyvalent. Good things happen, awful things happen. The Vow of Amida Buddha is a major way in which Goodness emerges in this world. Amida Buddha's Promise to the World is a renewal within Reality itself. We want people to follow this path, because it brings goodness into our lives; into many lives. From my perspective, it would be great if everyone relied on the Vow and the plan-

et were filled with humans saying "Namo Amida Butsu". That will not be the case anytime soon, though.

For now, we must count on persons outside Buddhist tradition encountering goodness in life in other ways. If we find them joining us in revering and trying to continue kindness, beauty and sensitivity in this Life; ... well there must be some worth to their religious/philosophical/social beliefs as well. Now is a time to forget our differences. This is a time of year, and a period in history, to remember what it is all about.

Life is about discovering beauty and worth, feeling warmth towards others, showing them respect, and expressing joy, love and togetherness. That is the important stuff that life is about. Let's celebrate goodness as Buddhists, just as our non-Buddhist friends find their own sources of sweetness, gentility and goodness.

I want to thank you all for your kindness toward me. I hope I may be of some use to the temple in the coming year. For just now, let's appreciate the goodness in life, the decency of our friends, the love of our families. Beyond the distinctiveness of the world's thousands of religions and philosophies, there is the shared reverence for goodness that we all discover. We must respect everyone, and assist those in need when we can. Let us make this our goal for the future. Trust in the Buddha's Vow. Say the Nembutsu. But also place your trust in the Goodness of Life. It is discovered in many ways in numerous distinct streams of tradition. May we have a wonderful New Year in 2024 and may we appreciate what we share with all decent people on the planet; - a trust in Goodness.



MOCHITSUKI: A CULTURAL TRADITION RETURNS
 Making sweet rice cakes for new year on Dec. 10
VOLUNTEER FOR MOCHITSUKI
 Days to volunteer are
December 8, 9 & 10
 Call the Temple at 619-239-0896
 To Volunteer.

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DECEMBER EVENTS CALENDAR

The Shotsuki Hoyo monthly memorial (Dec 3), Mochitsuki (Dec. 10) and Joya E "Year-end" service (Dec. 31) will highlight the activities during the final month of 2023.

Services will be livestreamed on the temple's YouTube page for those who are unable to attend in-person. Meetings and activities will be conducted either in person or virtually on Zoom (Z).

Here is this month's calendar (activities and times subject to change):

- 3** – Sutra Chanting, 9 a.m. (Hondo), **Bodhi Day**/Dharma Family service, 10 a.m. (Hondo/Livestream), BWA meeting, 11:30 a.m. (Conference Room), Jr. YBA Mexican Hot Dog fundraiser, 11:30 a.m. (Annex Hall; Taiko practice, 2 p.m. (AH))
- 6** – Taiko, 6:45 p.m. (AH), Buddhism 1-2-3, 7 p.m. (Zoom)
- 7** – Tai Chi, 10 a.m. (AH)
- 8** – Mochitsuki prep, rice washing, 11 a.m. (Parking lot)
- 9** – Mochitsuki equipment and Annex Hall setup, 11 a.m.
- 10** – Mochitsuki, all day! (NO SERVICE) See article on **page 5** for more information
- 12** – Ways and Means meeting, 7 p.m. (Z)
- 13** – Taiko, 6:45 p.m. (AH), Buddhism 1-2-3, 7 p.m. (Z)
- 14** – Tai Chi, 10 a.m. (AH), Board of Directors meeting and Bonenkai, 6 p.m.
- 16** – BWA Bonenkai at Wood Ranch Restaurant, Hazard Center, Mission Valley, 11:30 a.m.
- 17** – Sutra Chanting, 9 a.m. (H), Dharma Family Service, 10 a.m. (H/LS), Temple Cleanup, 11 a.m., Taiko practice, 11:45 a.m. (AH), Kiku Volunteers Appreciation Dinner, 5 p.m. (AH)
- 18** – January kaiho articles due
- 19** – Book Club, 7 p.m. (Z)
- 20** – Taiko practice, 6:45 p.m. (AH)
- 21** – Tai Chi, 10 a.m. (AH), Activities meeting, 7 p.m. (Z)
- 22** – BTSD Kiku Bento toban at Garden Villas, 8:30 a.m.
- 24** – NO SERVICE (Temple Closed)
- 27** – Bussei Script mailing, 9:30 a.m. (Dining Room), Taiko practice, 6:45 p.m. (AH)
- 28** – Tai Chi, 10 a.m. (AH)
- 31** – Joya E "Year-end" service, 11 a.m. (H), Joya No Kane "Year-end bell ringing" at Shelter Island South, 11:30 p.m.
- Jan. 1, 2024** – Shusho E "New Year" service, 10 a.m. (H/LS)



The Spanish-language Dharma message will be posted on the temple's YouTube page.

Office hours: 9 a.m. to 4 p.m. Tuesday-Friday. There is limited staff coverage on weekends. The temple is closed on Mondays.

More information: Call the temple at 619-239-0896. Please leave a message if your call is not answered, staff will respond as quickly as possible. Email the temple at info@btsd.net or check the BTSD website <http://www.buddhisttemplesandiego.org> for updates.

As 2023 comes to an end, here is a reminder of this year's Mochitsuki being held on Sunday December 10, 2023. Hopefully you were able to submit your order, the deadline was November 26 but orders received after the date may be placed on standby. We are always looking for help so if you want to learn how mochi is made and want to get hands on experience, come on out on December 10th. The set up days will be Friday and Saturday prior to the 10th. Look for the article elsewhere in this issue.

Looking forward to the upcoming 2024 year, the Temple New Year Party is January 14 with the All-Temple Membership General Meeting on January 28. The Activities committee will begin discussing the annual events such as the Cultural Bazaar and other fundraising events. Let's all enjoy a safe holiday season with friends and family.

In Gassho, Activities Committee

Membership News

Bill Teague, Membership Chair

85% and Counting! As of the first two weeks of November, we've had many more renewals, so thank you! We just have 30 members to go and we will reach our goal. Speaking of which, we welcome new members Kevin Brogren, Yoshimori Moritani, and McKlaus "Nikko" Takashima, who are now learning Taiko.

Renew for 2024 – Get a Head Start

Some members are already renewed for 2024. Please see the Member website or the Temple office for renewal forms. Currently 2024 rates are the same as 2023.

New Members Free at New Year's Party

Adult members who joined in 2023 are thanked with a free Bento (or fried chicken box) for our January 14 New Year's Party. We ask you to wait to order until you receive the letter or email from the Temple, as we are preparing special forms to allow you to claim your free lunch (and buy additional lunches if desired for friends or family).

RENEW for 2024 and LOCK IN 2023 RATES

There are no immediate plans to raise rates in 2024, but if you want to be sure, renew for 2024. You won't have to pay any increases later, should there be any. 2024 forms are available from the Website or the Temple office.

NEMBUTSU SEMINAR UPDATE

Thanks to all who attended last month's free members' seminar, and for our paying guests too. There were livestream issues and related issues with recovering video. However, we are redoing the membership seminar video to reprise the great presentations from Rev. Gregory Gibbs and Rev. Laverne Imori. As soon as it is available, we will send the link out to all registered participants.

2023 Tax Year Info Coming End of January

Many of you are eager to get your paperwork ready for 2023 Federal and California Income Tax returns. Your membership and Treasurer's committee will be assembling the tax statements by the end of January. More information will be provided in the January *Bussei Script*.



PRESIDENT'S MESSAGE

By LuAnn Lee, Board President

As I write this, I'm amazed that Thanksgiving is coming up this week. I already see lots of Christmas decorations displayed, gift type items in the stores and ads everywhere for Black Friday deals. With all these discounts, many of us will be out buying up gifts online and at the malls. Please be safe and be aware of your surroundings while out and about.

At our last board meeting, we continued the conversation on security at the Temple. We thank member Hanae Hara with a background in Cyber Security for making time to meet with the Board of Directors. With safety in mind, we walked through the Hondo and main building areas to talk about exit strategies and options on actions that can be taken in an active shooter situation. This was a start to creating a plan to communicate to the Sangha and our guests. If you are interested in being part of this committee, please contact me or any board member through the office.

On November 12th, we hosted Eitaikyo Guest Speaker Reverend Elaine Donlin from Buddhist Church of San Francisco.

I hope you were able to hear her Dharma message as she talked about remembering all the people that support us in our daily lives especially those loved ones that have passed on. She shared her path to Buddhism after growing up as a Catholic receiving Communion and being Baptized. She attended a funeral for a co-worker that was held at Buddhist Church of San Francisco on a Saturday and on the next day, she went back for the Sunday service. After attending that day, she said she never left the church and the rest is history.

We are very glad she was able to take time out of her busy schedule to share her thoughts.

I want to take the time to thank the Strategic planning committee (Michael K, Glenn T, Bill T, Nancy M, Aki T, Mike O, Brian S, Peter M, Alan Y) for making time to attend the many meetings we have had, most in person. We agreed on a mission statement and are planning to implement some ideas that came out of our focus groups. Be on the lookout for the letter that was sent out. It will give you a brief insight on pillars that we will be working on moving forward.

As we welcome the New Year 2024, I want to thank all of you that supported the Temple this year by donated time or by donating financially. I always hear what a kind, friendly and supportive Sangha we have here at BTSD.

Happy Holidays to you and your family.
In Gassho, LuAnn

BOARD MEETING HIGHLIGHTS

The Board of Directors met on November 9th -

1. The Board welcomed temple member Hanae Hara who has expertise in security issues. Hanae spoke to the Board about active shooter preparedness and awareness for that situation and other emergencies.
2. The date of August 3, 2024 for the 2024 Obon, Hatsuobon service and Odori was approved.
3. Kiku Gardens request for facility use on November 20th (preparing turkeys for Garden Villa's Thanksgiving meal) and December 17th (Kiku volunteer appreciation dinner) was approved.
4. The Ways & Means Committee recommendation for the donation goals for the 100th Year Anniversary campaign were approved.
5. The Board approved the Ways & Mean Committee recommendation to interview and hire a money manager financial planner to oversee our investment account.
6. The Board approved entering into a master agreement and retaining Attorney Jacob Spaid of Higgs Fletcher Mack for as-needed consultation and legal matters.
7. The ministerial team, all affiliated organizations and standing committees, submitted reports for the Board members to review.

BWA NEWS

Happy December! Our BWA has been busy as usual doing all kinds of fun and dana activities including a delicious lunch prepared by Hanae, Junko, Kim, and Aki, for Donlin Sensei after the Eitaikyo service.

A big thank you to Naomi, Mits, Hanae, Mani, Kim, Kelly, Ann, Susan, Aki, Junko, and Chairman Margo, for spending hours wrapping and bagging our annual brittle sale orders, as well as to all of you who have been supporting the sale. Our newest item, the Sweet Hot Almonds in large and small sizes is proving to be a hit. It's not too late to pick up some sweet hots, brittle, and popcorn for yourself or as gifts.

Thank you for donations to the BWA, collected at the BWA sponsored Lady Eshinni and Kakushinni service which will be presented to the Jr. YBA and Sangha Teens at the Lady Takeko Kujo and BWA Memorial Service in February. Thank you also to Karen and Glenn for manning the donation table, and Rose and Hanae for providing shrine offerings.

Members and friends carpoled to the JAHSSD Office to view the Topaz mixed media collage created by our member Jeanie Kashima, inspired by photos from her family's experiences while interned at the Topaz relocation camp. It was a wonderful exhibit that was well worth the visit.

Cont. on page 4

BWA Cont. from page 3

Many members have signed up for potluck dishes and to work mochitsuki shifts, early from 6 to 11 am, and later 10 am to 3 pm. It's always a fun and satisfying activity that's not to be missed.

The BWA will forget all woes of the past year and look to the future by celebrating our Bonenkai to be held on Saturday, Dec. 16, at the Wood Ranch BBQ and Grill.

The Bookies met via Zoom to discuss the first half of our newest read, The Diamond Eye by Kate Quinn. It's a fascinating historical novel based on a true story. Please plan to join us at our next meeting, Tuesday, 7pm, Dec. 19, by calling Sue at 858-699-8876 for the Zoom info.

The Tea is really happening this time. Please save the date, Saturday, April 20, 2024, for the English Tea, which has been long in planning, but hasn't happened. More details are coming.

Finally, we are in search of a monthly Dana Project and would appreciate any suggestions.

Wishing everyone a Happy Holiday Season and a Happy Holiday Season and a Happy New Year!

Gassho

Hello Dharma Friends!

Happy holiday season! Thank you so much for all of your generous donations to our BTSD Jr. YBA Thanksgiving Food Drive. All donations have been donated to UPAC, the United Pan Asian Communities, and will help different families within the community have a wonderful and nourishing Thanksgiving! On a side note, the Jr. YBA will be hosting a Bodhi Day Luncheon on December 3rd from 11:30am to 1pm. Join us for Mexican hotdogs, aguas frescas, elote and Mexican Coca-Cola! Tickets are a \$10 donation and we look forward to seeing you there.

In Gassho,

Cassidy Muraoka, Jr. YBA Vice President



OBON AGAIN & WHITE ELEPHANT SHOPS will have booths at Mochitsuki featuring new & vintage gifts for holiday shopping.

DONATIONS

BUDDHIST TEMPLE

Egusa, Catherine
Omori, Terri & Ford
Lee, Diane - Memorial Service w/Rev. Imori
Tsuneyoshi, Angelina
Sasaki, Brian & Lorin
Masumoto, Chiyoko - Angie Tsuneyoshi's 90th Birthday
Okuhara, Karen & Roy
Yamamoto, Ann Miyuki
Morinaka, Ron
Koga, Florence
Kawasaki, Mildred & Trace
IMO Rev. LaVerne Sasaki
Sasaki, Sharon & Robert
Yamamoto - where needed

BODHI DAY

Ohara, Ann
Ota, Laurine

DHARMA SCHOOL

Santohigashi, Betty & Shunichi
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

EITAIKYO FUND

Iwataki, Craig
IMO Yoshiko Iwataki,
IMO Masami Iwataki,
Kawamoto, Mitsuko
Kawasaki, Kiyoshi & Aileen
Uyeji, Masako
IMO Magotsugu Kottie
Uyeji
IMO Eda Asamen
IMO Zentaro Asamen
IMO Asamen Family
Yamashita, Emiko
Masumoto, Chiyoko
IMO Yuki Masumoto
IMO Koichi Masumoto
IMO Masumoto Family
Oto, June
IMO Motono Oto
IMO Shigeru Oto
IMO Jeffery Oto
IMO Oto Ancestors
Moncrief, Mayko
IMO Leo Hagio
IMO Yuruko Hagio
IMO Shie Hagio
Kuwada, Howard Kanji & Kaneko
Estes, Carol
IMO Donald H. Estes
Otsuji, Dennis & Elaine
IMO Ayako Otsuji
IMO Haruhiko Otsuji

EITAIKYO SERVICE

Kawasaki, Kiyoshi & Aileen
Kida, Katsumi
Yamanishi, Miyoko
Masumoto, Chiyoko
Gladsjo, Julie
Oto, June
Kuwada, Howard Kanji & Kaneko
Moncrief, Mayko
Furuya, George Jr & Gail
Hashiguchi, Tsuneko & John
Otsuji, Dennis & Elaine
IMO Suye Kato
Sumida, Floyd & Kaytee
Suyenaga, Irene
Nogata, Yuriko

END OF YEAR JOYA-E

Ohara, Ann
Ota, Laurine

ESHINNI/KAKUSHINNI SER

Ong, Ann & Mike
Kawamoto, Mitsuko
Lee, LuAnn & Harold
Kawasaki, Kiyoshi & Aileen

FLORAL OFFERING

Santohigashi, Betty & Shunichi
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

GENERAL MAINTENANCE

Santohigashi, Betty & Shunichi
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

MAP

Santohigashi, Betty & Shunichi
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

MEMBERSHIP

Brogren, Kevin 23/24
Moritani, Yoshinori
Santohigashi, Betty & Shunichi
Martinez, Isaac T & Janna
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

OSEIBO

Kitano, Margie

SCHOLARSHIP FUND

Santohigashi, Betty & Shunichi
Martinez, Isaac T & Janna
Muraoka, Roy
Isakari, Henry & Marcia
Muraoka, Tad & Lina

SHOTSUKI HOYO

Liss, Kathryn Moriyama
IMO Chieko Lillian
Moriyama 10-28-20
IMO Chiyo Yano 11-15-36
Martinez, Nancy - October
Ochi, K Kay
IMO Akiji Ochi
Tsuida, Carolyn
IMO Akiji Ochi
Kawamoto, Mitsuko
IMO Kiyoji Mayumi
IMO Yukio Kawamoto
IMO Imataro Kawamoto
Nakamura, Jake K. & Patty
IMO Yoshiko Nakamura
Yamashita, Emiko
IMO Chiyo Yamashita
Masumoto, Chiyoko
IMO Shigeru Masumoto
IMO Shigeru Masumoto
Muraoka, Roy
IMO Haruko Muraoka
IMO Aiko Muraoka
IMO Saburo Muraoka

MOCHITSUKI: ANNUAL SWEET RICE MAKING EVENT IS DEC. 10

Gathering for the annual tradition of making mochi for the new year is just around the corner.

The temple mochitsuki will take place on Sunday, December 10 and the entire Sangha and community friends are encouraged to participate in making the sweet rice cakes.

A lot of people power is required, from the young Dharma School students to the young-at-heart, to help cover the many areas of production. The temple anticipates producing 1,000 pounds of mochi.

Here is the schedule for the weekend of December 8-10:

Friday, Dec. 8 – Rice washing, 11 a.m.

Saturday, Dec. 9 – Setup of cooking equipment and Annex Hall production area, 11 a.m.

Sunday, Dec. 10 – Mochitsuki Day, 6 a.m. to 3 p.m. Workstations include: Filling the seiro (wooden boxes) with the raw rice, rice steaming, grinding and pounding the cooked rice into a glutinous consistency, cutting and shaping the mochi into small circular morsels, cooling and packaging the mochi. At the end of the day – clean-up.

Spend several hours or the entire day helping with the mochi production. Wear casual clothing for the workday. For first-time volunteers, there will be many experienced workers to get you settled in.

Purchasing mochi: The price for a one-pound bag (approximately seven pieces) is \$7.00. The two-piece Kasane set for your home O Butsudan is \$10. Orders received after the November 26 deadline may be placed on standby.

Monetary donations: Are being accepted to help offset costs for the purchase of supplies. The suggested donation is \$100 and will be accepted in the form of cash, check, credit card or PayPal. Your gift will be deeply appreciated.

Pre-holiday sales: Searching for that special holiday gift? Shop at the “mini” O Bon Again resale shop and White Elephant located in the Sangha Hall. The BWA will also be selling the remaining inventory from its Popcorn and Almond Brittle fundraiser.

For questions or signup requests, contact the temple at 619-239-0896 or by email info@btsd.net

The temple looks forward to your participation at mochitsuki. Granted, it will be a lot of work, but the experience will be rewarding.

In Gassho, Ralph Honda and Glenn Negro



Rev Kaitlyn Kongō Mascher-Mace (Biography)

Rev Kaitlyn Kongō Mascher-Mace will be our Bodhi Day guest speaker. She is from the CentennialColorado was ordained in the Hongwanji-ha school of Jodo Shinshu Buddhism in 2019 and received Kyoshi certification in 2022. She has a BSc in Mechanical Engineering from the Colorado School of Mines and a Master of Divinity from the Institute of Buddhist Studies (IBS) in Berkeley, CA. From 2021 to 2023 she served as the Assistant Minister of the Tri-State and Denver Buddhist Temples and is currently a Chaplain at the University of Colorado Anschutz Medical Campus, the largest level-one trauma center in the Rocky Mountains.

Rev Mascher-Mace’s journey through life thus far has found her in many random places, including playing Australian Rules Football in Australia for Team USA, working on oil wells in rural China, winning a sumo match in front of thousands of spectators, driving an ambulance through snowstorms through the Colorado plains, and on TV in Ireland. She feels



extremely fortunate to have her wonderful wife, Karen Mascher-Mace, and very serious dog, Cam, to keep her on track.

BUDDHIST EDUCATION IN DECEMBER

Education Programs and Winter Break

Buddhism 1-2-3 will continue for Wed. Dec. 6 and 13 at 7 p.m. via Zoom, and resume Wed. Jan. 4 in the new year. **Intro to Buddhism**, a one-hour in-person class the last Sunday of each month at the Temple, will skip December and resume on Jan. 28, 2024. **Buddhism Zero**, an online Zoom session for basic questions on Buddhism can be scheduled around your schedule by contacting the Temple.

Note: December 4, 2023 at the Public Library Event on **The World in Buddhist Art**. Speaker is the Venerable Man Kuang, co-editor of the 20-volume Encyclopedia of Buddhist Art. She is a major figure of the Fo Guan Shan tradition (with which the Hsi Fang Temple on Park Blvd. is affiliated). The event is hosted at the main branch and can be viewed online or from your nearest library branch. Learn more on Temple website.

DECEMBER SHOTSUKI LIST



The Shotsuki Hoyo honors the memory of loved ones who passed away in December. If you are unable to attend in-person service on December 3 at 10 a.m., you may view the service on the temple's YouTube page. Please share with family members and friends who do not have access to the internet. Access to the livestream is on the temple's website under the tab, "Video." If you find an error in the Shotsuki listing or wish to add a name, please contact the temple at (619) 239-0896 or email info@btsd.net Gassho

DECEASED

FAMILY MEMBER

Kitsu Ito (12-14-1939).....Ito Family
 Nihei Furusho (12-5-1943).....Chieko Saito
 Tadasu Oya (12-18-1947)..... Oya Family
 Yutaka Amano (12-11-1950)Amano Family
 Masaki Yoshida (12-7-1954).....Sakamoto Family
 Wakako Tsuneyoshi (12-29-1959).....Duane Koba
 Sone Takada (12-17-1961)..... Ichiji Takada
 Daniel Amano (12-14-1962)Mike Amano
 Yasu Akiyama (12-17-1963).....Akiyama Family
 Kiyoko Hosaka (12-24-1963).....June Hosaka
 Hiroshi Oyama (12-29-1963)Oyama Family
 Isamu Miyama (12-20-1964) Friends
 Tatsu Hata (12-9-1965) Hamada Family
 Hichijiro Masuyuki (12-5-1966).....Troy Matsumoto
 Kenji Nishigaki (12-7-1967) Friends
 Takeo Tachiki (12-5-1969)..... Tachiki Family
 Natsu Tanaka (12-4-1970)..... Tanaka Family
 Takeshi Okuma (12-12-1973)..... Okuma Family
 Shigeto Amano (12-28-1973)Amano Family
 Zentaro Araumi (12-8-1974).....Shizuka Azuma
 Aya Tokimura (12-16-1974)..... Furuya Family
 Matsue Tsuji (12-22-1977) Tsuji Family
 Mitose Okuma (12-30-1977) Okuma Family
 George Hamada (12-31-1978)..... Hamada Family
 Ito Kawamoto (12-22-1979)Kawamoto Family
 David H. Uda (12-1-1981)Georgiana Uda
 Masaru Higuchi (12-4-1983) Yasuko Higuchi
 Hikoichi Okimoto (12-2-1985)..... Tom Okimoto
 Shigeo Amano (12-14-1986).....Mikiye Honda
 Frank Yonekura (12-9-1987).....Yonekura Family
 Naomi Campbell (12-14-1988).....Campbell Family
 Take Torimaru (12-27-1988).....Torimaru Family
 Yoshimi Uyeji (12-12-1997).....Chieko Takeguchi
 Asao Momita (12-21-1989).....Gary Momita
 Kakuaki Kaneko (12-16-1990).....Kaneko Family
 Bunichi Tsukamoto (12-17-91)..Wayne Tsukamoto

DECEASED

FAMILY MEMBER

Keisuke Okuma (12-28-1991).....Okuma Family
 Ben Honda (12-24-1995).....Mikiye Honda
 Taiji Santohigashi (12-16-1997)...Shunichi Santohigashi
 Tsuruyo Kawamoto (12-22-1997).....Matsui Family
 Yoshiko Kashima (12-15-1998).....Kashima Family
 Nobue Nishii (12-23-2001).....Nishii Family
 Nobuo Nadahara (12-22-2002).....Nakagawa Family
 Isamu Sugimoto (12-24-2002).....Joe Sugimoto
 Koharu Katie Shiraishi (12-7-2005).....Shiraishi Family
 Kaoru Saito Bennett (12-14-2005).....Ford Bennett
 Mary Sanaye Yamaguchi (12-19-05)...Donna McDonnell
 Masao Kishi (12-23-2005).....Elena Barrett
 Eiji Oya (12-11-2006).....Yumiko Oya
 Kasuke Ogata (12-3-2009).....Hiroshi Ogata
 Irene Koga (12-18-2009).....Florence Koga
 Mana Mayumi (12-17-2010).....Katsuhiko Morishita
 Shizue Yamamoto (12-15-2011).....Yamamoto Family
 Isamu Nakamura (12-6-2012).....Shari Nakamura
 Kaitlyn Sky Yotbounmy (12-1-13)...Stephanie Yamamoto
 Ritsuko "Tosh" Ogier (12-15-2013).....Robyn Ogier
 Walter Julian Vallery (12-27-2013).....Aiko Vallery
 Kenichi Hitomi (12-30-2013).....Chiharu Hitomi
 Nobuko Uchino (12-10-2015).....Gary Uchino
 Kuriko Darini (12-22-2015).....Bruna Mori
 Yoko Ajishi Garcia (12-16-2015).....Joseph A. Garcia
 George S. Kitagawa Jr (12-17-2015).....Gary Kitagawa
 Ron L. Okuma (12-19-2015).....Okuma Family
 Kathy Yamada Olsen (12-19-2015).....Scott Olsen
 Pauline Masako Nakamura (12-24-15)...Shari Nakamura
 Yukiko Negoro (12-27-2015).....Glenn Negoro
 Roy Mitchell (12/21/2018).....Mitchell Family
 Sakiko Kada (12-29-2018).....Naomi Himaka
 Pat Heyamoto (12/14/2019).....Takeshita Family
 Chiyeko Yagi (12/21/2019).....Christine Driscoll
 Arikazu Ogasawara (12/13/20).....Michiko Ogasawara
 Karen Kawasaki (12/31/2020)..Mildred & Trace Kawasaki

MEMORIAL SERVICES

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2023 is the memorial year for those who passed away in:

1st Year Memorial	2022	13th Year Memorial	2011	27th Year Memorial	1997
3rd Year Memorial	2021	17th Year Memorial	2006	33rd Year Memorial	1991
7th Year Memorial	2017	25th Year Memorial	1999	50th Year Memorial	1974

ーパラダイムシフトー

駐在開教使 向嶋裕史

皆さんはパラダイム論をご存じでしょうか。パラダイムとは、特定の時代や分野において共有される物の見方や価値観、思想を指す言葉です。それはその時代の社会的規範や観念に基づいて現実を見る方法で、私達はつねにこの枠組みの中で物事を見ています。そしてこのパラダイムは時代によって変化します。

例えば、古代の人々は地球は宇宙の中心で太陽などの天体が地球の周りを回っていると信じていました。いわゆる天動説です。しかし、現代の私達は地球が太陽の周りを動いていると認識しています。誰も地動説を疑う人はいません。このようにその時代ごとで共有される常識や固定観念がパラダイムなのです。

ですから、人々が一旦パラダイムを共有すると、自分達が信じているものを覆すことは非常に困難です。しかし、パラダイムが変わると、人々の考え方や世界観は大きく変化します。これをパラダイムシフトといいますが、現代ではこのパラダイムシフトという概念を特定の分野だけではなく個人の日常生活にも積極的に取り入れて広い意味で使われています。

パラダイムシフトの簡単な例を挙げてみたいと思います。一番下の段に描かれるイラストをご覧ください。何が見えますか。若い女性に見えますか。他に何か見えますか。老婆が見えませんか。少し見方を変えてみると若い女性、または老婆の姿が現れてきます。

このように視点を変えることによって今まで気づかなかったものが見えるようになります。これがパラダイム

シフトです。同じ絵の中に二つ目のイメージが現れると感動しませんか。しかし逆に考えてみますと、もし視点を変えなければ一生片方だけしか見ることができず、それをあたかも真実のように感じてしまう危険性があるということなのです。つまり、このパラダイムが私達の真実を見る目を妨げているのです。

ですから、真実を見るにはさまざまな視点から物事を見るのが最も大切ですが、私達は長年の経験から自分が常識と信じている一方からのみ物事を見てしまっているのが現状ではないでしょうか。

お釈迦さまは、私達凡夫はつねに執着に縛られていると教えています。確かに私達は自分にとって都合の良いものを善とし、自分にとって都合の悪いものを悪として自分中心で物事を見ています。美しく見えるものも醜く見えるのも自分の価値観だけで判断しています。

このように人は我儘な物の見方しかできない凡夫です。にもかかわらず、私達はつねに「自分が正しい」、「相手が間違っている」と主張して互いを批判しています。もし、自分だけが正義だと思っているようであればそれは非常に危険です。なぜなら、自分がつねに正しいと主張し、自分の価値観を他人に押し付けようとする

ことは、やがて相手を差別し、攻撃し、憎むという心が生まれてくるからです。ですから、正義に執着しすぎると、それはもはや正義でなくなってしまうのです。

たとえ九十九%の人が同意したとしても、私達の物の見方が正しいかどうかは実際のところ分かりません。たとえそれが私達のパラダイム常識だとしても、残りの1%が智慧と慈悲をもって真実を見抜くお釈迦さまのような人である可能性は十分あります。

「私にはそれが善か悪かさっぱり分からない」という親鸞聖人のお言葉が「歎異抄」の中にあります。聖人は続けて、「その理由は、如来が善いとお考えになるほどに善いことを知り尽くしているのなら、善を知っていると云えるでしょう。また如来が悪いとお考えになる

ほどに悪いことを知り尽くしているのなら、悪を知っていると云えるでしょうが、私は煩惱にまみれた凡夫ではない」とおっしゃっておられます。

このお言葉によって、私達がつねに偏った視点で物事を見てしまう愚かな存在であることに気づかされます。この聖人の深い洞察力は、私達が物事の良し悪しを見極めることのできない凡夫であると認めることが如何に大切なことであるかを教えて下さっています。

私達凡夫の物の見方は絶対ではありません。だからこそ互いに相手の立場に立って、相手を少しも理解する努力が必要なのです。それにはまず自分自身のパラダイムを深く掘り下げ、私達が当たり前だと思っていることが本当にその通りなのかどうかをしっかりと見極めていかなければなりません。

お念仏のみ教えは、私達の愚かな自己中心という闇をはつきりと浮き彫りにして下さいます。そして智慧の念仏によって、私達は深い反省の中から固定観念を捨て、あらゆるものをさまざまな視点から見ることのできる目覚めの人生へと導かれていくのです。お念仏に真付けられたパラダイムシフトによって、考え方や物の見方を変えることで、凡夫の私達でも互いに敬い、理解し、思いやる尊い世界を築くことができるのです。

物の見方一つで世界は変わります。私達の世界が思いやりの心に包まれるかどうかは、私達の考え方やして行動一つにかかっています。つまり、すべては一人ひとりの物の見方で決まるのです。私達の世界がさまざまな価値観を持つ人々の多様性を寛容に受けるためにも固定観念を打ち破り、パラダイムシフトを起こしてみませんか。お念仏という智慧の光に導かれながら、

二〇二四年が世界の人々にとって平和と調和に溢れた素晴らしい年となることを切に願っています。



SERVICES MARK END OF 2023 AND WELCOME A NEW YEAR

Join Rev. Smitty and the Sangha as the temple observes the Joya-E or year-end service on Saturday, December 31 at 11 a.m. Enjoy chanting of the sutras, brief meditation and a Dharma message. Everyone in attendance will have the opportunity to ring the Kansho (calling bell).

Later that evening, ring in the new year as the temple hosts the annual Joya No Kane bell ringing ceremony at the San Diego-Yokohama Sister City Friendship Bell on Shelter Island South. The service begins at 11:30 p.m. Everyone in attendance will have a chance to ring the large bonsho. The bonsho will be struck 108 times, getting rid of the worldly desires believed to have caused pain and suffering of human life throughout the past year and usher in the new year with a fresh start.

On Sunday, January 1, the temple will observe the Shusho E or New Year service beginning at 10 a.m.



Happy Holidays!



Need that extra gift for someone special? Scrip gift cards are your answer!

We have cards in stock for many stores and restaurants, like: Albertson's, Home Depot, Panda Express, Starbucks, and Walmart, but we can also order other cards from participating retailers through the RaiseRight program. You get the full value of the gift card and the temple makes a percentage of each card ordered...

And you make your special someone happy! The list of participating retailers is available at the RaiseRight website or copies of the list are available in the office. Orders placed in early December can be fulfilled in time for the holiday's and end-of-year appreciation.

Please contact the office to place your order – payments by check or cash only.
Gassho,
Your Scrip Committee,
Susan, Laura and Nancy

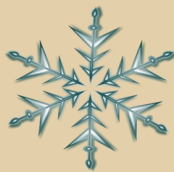


TEMPLE CLEANUP DAY IS DECEMBER 17

Bring your buckets, rags, gloves and cleaners to the temple cleanup on Sunday, December 17, starting at 11 a.m., following the Dharma Service.

Cleaning will be in the main building including the hondo, kitchen, offices and conference room. Dharma School will be responsible for tidying up the classrooms.

Help get the temple sparkling clean in preparation for the New Year!



DHARMA SCHOOL NEWS

In November, Dharma School volunteered at Feeding San Diego, where our

team sorted and packaged over 6600 pounds of pears. Thank you to all who came out to help! See accompanying photo. Students wrote memories of lost loved ones for the Eitaikyo and All Life Forms Memorial Service, after which Lisa Umekubo led an all-Dharma School craft activity where students made lanterns for their Thanksgiving tables. We held a Parent-Teacher Lunch gathering on 11/19, where teachers and staff shared learnings and lesson plans relating to Bishop Harada's inspiring message at the Southern District teachers' conference.

On December 3rd, we look forward to observing Bodhi Day, the day of the historical Buddha's enlightenment; after service, there will be an all-Dharma School activity. On December 17th, Dharma School will help with Temple Cleanup. There will be no classes on December 10 (temple's Mochitsuki event) or December 24.

A group hike and our annual camping trip are being planned for 2024. Wishing everyone a safe and enjoyable holiday season!

Correction and Apologies for any names missing from the Eitaikyo list:

OHARA Takenori
OHARA Takeyoshi
OHARA Fumiko
OJIRI David T.
OKUMA Yukichi
OKUMA Mitose
OKUMA Keisuke
OKUMA Yoshie
OKUMA (Family/Parents)
OMORI Giichi (Family)
OMORI Kiyoko
OSAKI Kiyotaro
OSAKI Wasa
OSAKI Earl Isoki
OSAKI Louise Tsuruko
OSAKI (Ancestors)

YONEKURA Roy
YONEKURA Susan
YONEKURA Gregg
SHIMIZU Paul & Emi
SHIMIZU Seiichi & Shizuko
SHINOHARA Jimmie
SHINOHARA Masako
SHINOHARA Matsu
SHINOHARA Natsue
SUGITA Sam
SUGIYAMA Uta
SUGIYAMA Saburo
SUGIYAMA Mine
SUGIYAMA Yoshio
SUGIYAMA Misono
SUGIYAMA Yukiko
SUGIYAMA Yasuyuki
SUGIYAMA Kuzo (Family)
KUWADA Kohichi



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2929 Market Street
San Diego, CA 92102-3227
Telephone: 619-239-0896
Fax: 619-239-1322
E-mail: info@btsd.net
Web: www.buddhisttemplesandiego.org

Adult Buddhist Association
Buddhist Women's Association
Dharma School
Jr. Young Buddhist Association
Taiko

OSEIBO

(Year-end appreciation)

December 1, 2023

Dear Temple Members and Dharma Friends,

In Buddhism, the term Dana represents the practice of selfless giving. Combined with the expression of "Thank You," Dana conveys true appreciation and gratitude.

In Japan, a customary year-end expression of thank you, known as Oseibo, is often presented.

As 2022 (2023) draws to a close, the Buddhist Temple of San Diego invites the Sangha (congregation) and friends in extending an expression of appreciation and gratitude to the temple staff and maintenance vendors for their hard work throughout the year.

We would also like to recognize Rev. Gregory Gibbs who has been our supervising minister for the past year. Also, Rev. Maribeth Smith, Rev. Laverne Imori and Rev. Noriko Kawai, our Minister's Assistants, continue to support the Sangha by conducting chanting classes and outreach, involvement with Dharma School, and are now managing Sunday Dharma messages, funerals and other services. Rev. Yushi Mukojima, former resident minister, provides the Japanese message for the monthly Bussei Script newsletter. Linda Redenbaugh, administrative assistant, supports the temple Tuesday through Friday during business hours and is your welcoming presence when you contact the temple. Mr. Masanobu Kinjo takes care of the garden maintenance at the temple. Lizzie's Cleaning Biz janitorial service keeps the facilities sparkling clean on a monthly basis.

From now until the end of year, the temple will accept Oseibo offerings that will be presented to these individuals. If you wish to make a heartfelt contribution, your gift of any amount will be received with deepest appreciation and gratitude. Please enclose your donation in the envelope provided and mail it to the temple.

In advance, the temple expresses its sincerest appreciation for your thoughtful consideration of Dana through your Oseibo gift.

In Gassho,
Board of Directors
Buddhist Temple of San Diego

Please Join Us for the Temple's New Year Party

Bento Order Form

All bentos are preorders only – not available for purchase on event day.

Pick-up order: Sunday, January 14, 2024, 12:00 noon, following the Ho-Onko Service at the Buddhist Temple of San Diego
Bento Order/Payment due: Wednesday, December 27, 2023
Payment options: PayPal, credit card or check



Please submit orders online at the following link by **Wednesday, December 27, 2023:**

<https://forms.gle/tAxPYbqZuiVfRHg9>

Or send this completed form and payment to the "Buddhist Temple of San Diego, Attn: New Year Bento", 2929 Market St., San Diego, CA 92102. **Form and payment must be received by Dec. 27th, 2023.**

Make payment via PayPal.Me at the following link: https://paypal.me/buddhisttemplesd?locale.x=en_US or mail check to Buddhist Temple of San Diego, 2929 Market Street, San Diego, CA 92102. We can match your check up to the online order submitted.

Name _____	Date _____
Email Address _____	Phone #: _____
I would prefer ___ Indoor dining ___ Bento to-go	

Ichiban Restaurant Bento

Regular - *\$25.00 Member/\$30.00 Nonmember

**May contain beef, chicken, shrimp tempura futomaki, nimono, potato salad

Vegetarian - \$25.00 Member/\$30.00 Nonmember

**Vegetarian version of bento (No meat), may contain tofu, vegetable tempura, futomaki, nimono, potato salad

Kentucky Fried Chicken Meal , 3 piece - \$10.00

Quantity (enter #)

Total

_____ \$ _____

_____ \$ _____

_____ \$ _____

*Special pricing for Temple Members and Nonmembers

Total order \$ _____

**Exact items subject to change

If you prefer that we manually run your credit or debit card, please complete this authorization form.	
___ MC ___ Visa ___ AMEX. Acct # _____	Expires (MM/YY) ___/___
Billing Address: _____	ZIP _____
Payor's Authorized Signature Required _____	