

BUDDHIST TEMPLE OF SAN DIEGO
BUSSEI SCRIPT

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FEBRUARY 2022

Tending Our Gardens Rev. Jundo Gregory Gibbs



I hope that you have all been well since I wrote to you last. Last month, I spoke of entering 2022 as being like testing the waters in a swimming pool. This month's metaphor will be gardening. I hope that we can all tend our gardens to the best we are able in 2022. Our "gardens" being a symbol for our lives.

As with many non-Japanese members of our temples, who are of my generation, I started with an interest in both Buddhism and Hindu yoga. My first meditation teacher, Dr. Robert Elder, was trained by Haridas Chaudhuri. Chaudhuri's model for meditation was gardening.

We can choose a likely location, prepare the soil as best suits our chosen variety of seeds, place them properly, make sure that there will be adequate water, and then wait to see what happens. This is not just true of gardening and meditation, it is true of living our lives, day to day.

It is best when we each tend our own garden, not both-ering ourselves overly much about what others do in their gar-dens. I should just plant seeds of kindness, adventure, humor, acceptance, ... and see what grows. This sort of model works very well on a planet of some millions of people. On a planet of 7 billion or so homo sapiens, there is always somebody planting some stuff right next door. Do you just ignore it when the neighbor's plant puts out pollen than cross-pollinates your gar-den crop? When your neighbor is using insecticides, chemical fertilizers, genetically modified seeds?

Well, I am pushing the analogy a bit, but let's tend our own gardens and help one another when asked, without snoop-ing too much on our neighbor's gardening proclivities. But re-main prepared to speak up if you need to.

Getting vaccinated is a good contribution toward good community gardening, as is wearing a mask in public places. Getting the seasonal flu shot is a great idea too, if you have not yet. Saying the Buddha's Name, in forms like, "I rely upon the source of limitless Wisdom-light and Endless Life"/"Namo Ami-da Butsu"/"Namanda" may help us to keep our spirits up, and more. Be well!

The Buddhist Temple of San Diego has two Scouts working towards their scouting organizations' religious awards. Andrea Covarrubias is working towards her Girl Scouts' Padma Award; Cassidy Muraoka is working towards her Scouts' Sangha Award. As part of their requirements, they were asked to submit a short essay comparing the Girl Scout Law and the Scouts' Oath and Law to Buddhism's Six Paramitas. Here is the Girl Scout Law and The Six Paramitas.

Girl Scout Law
I will do my best
to be honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

- The Six Paramitas
1. Dana (Generosity)
 2. Sila (Discipline)
 3. Ksanti (Patience)
 4. Virya (Exertion)
 5. Dhyana (Meditation)
 6. Prajna (Wisdom)

Ministerial Activities

Bill Teague, Coordinator

Many thanks to our Minister's Assistants and Supervising Min-ister Rev. Gibbs for helping the Temple to continue to serve the Sangha the last few months. It takes many of us working to-gether to fulfill just some of the duties of a full-time resident minister.

Thanks to Revs. Maribeth Smith, Laverne Imori, and Noriko Ka-wai, for assisting at funerals and memorial services, and to MAs Arturo Rubio, Sharon Sasaki, Kaytee Sumida, and Yukari Wil-liams, for all they do. And thanks to Ralph Honda, who, by spe-cial arrangement, was able to assist with an inurnment during the holidays, when requested by a family friend at a date when all ordained MAs were out of town.

RE-OPENING

The Re-Opening Committee is working on defin-ing criteria to determine when to have "in-person" ser-vices, meetings, etc. We are currently reviewing the San Diego County 13 Triggers for guidance. We are constant-ly monitoring current conditions and will keep you up-dated of our progress.

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FEBRUARY CALENDAR OF EVENTS

Many activities will continue to be offered virtually on the temple's Zoom (Z) live and YouTube (YT) channel platforms during this month. Please take advantage of the opportunities and share the sessions with individuals who do not have computer internet access. Here is the February calendar (some dates and times are subject to change):

- 2 - Taiko practice, 6:45 p.m. (Z), Buddhism 1-2-3, 7 p.m. (Z)
- 3 - Tai Chi, 10 a.m. (Annex Hall)
- 5 - Sutra Chanting, 1 p.m. (Z)
- 6 - Qigong, 8:45 a.m. (Z), DS Staff meeting, 9 a.m. (Z), Shotsuki Hoyo monthly memorial service. Dharma messages - English: Rev. Smitty; Japanese: Rev. Noriko Kawai (YT), All-Dharma School service, 10 a.m. (Z), BWA meeting, 10:30 a.m. (Z), Taiko practice, 11:30 a.m. (Z)
- 8 - Ways and Means meeting, 7 p.m. (Z)
- 9 - Taiko practice, 6:45 p.m. (Z), Buddhism 1-2-3, 7 p.m. (Z)
- 10 - Tai Chi, 10 a.m. (Annex Hall), Board of Directors meeting, 7 p.m. (Z)
- 12 - Sutra Chanting, 1 p.m. (Z), Book Club, 2 p.m. (Z)
- 13 - Qigong, 8:45 a.m. (Z), **NIRVANA DAY** (Commemorating the passing of Sakyamuni Buddha), 10 a.m. (Z), Guest minister: Rev. Naomi Nakano, San Luis Obispo Buddhist Temple (Z), Jr. YBA meeting, 11 a.m. (Z), Taiko practice, 11:30 a.m. (Z)
- 16 - Taiko practice, 6:45 p.m. (Z), Buddhism 1-2-3, 7 p.m. (Z)
- 17 - Tai Chi, 10 a.m. (AH)
- 19 - Sutra Chanting, 1 p.m. (Z)
- 20 - Dharma message: Sharon Sasaki (YT), Qigong, 8:45 a.m. (Z), All-Dharma School service, 10 a.m. (Z), Taiko practice, 11:30 a.m. (Z)
- 23 - Bussei Script mailing, 9:30 a.m., Taiko practice, 6:45 p.m. (Z), Buddhism 1-2-3, 7 p.m. (Z)
- 24 - Tai Chi, 10 a.m. (AH), Activities Meeting, 7 p.m. (Z)
- 26 - Sutra Chanting, 1 p.m. (Z)
- 27 - BWA and Takeko Kujo Memorial, 10 a.m., (Z), Qigong, 8:45 a.m. (Z), All-Dharma School service, 10 a.m. (Z)



The Spanish-language Dharma message, presented by Arturo Rubio, will be posted on the temple's YouTube channel.

Office hours: 9 a.m. to 4 p.m. Tuesday-Friday. There is limited staff coverage on weekends. The temple is closed on Mondays.

More information: Call the temple at (619) 239-0896. Please leave a message if your call is not answered and staff will respond as soon as possible. Email the temple at info@btsd.net or check the BTSD website <http://www.buddhisttemplesandiego.org> for updates.

ACTIVITIES

This year is beginning the same as last year with Covid issues around the world and here in Southern California with hopes that all are keeping well and safe. We continue to work with our "Reopening Committee" to plan upcoming events for 2022. Thus far we have scheduled the Temple General Meeting (January 30) via zoom, please look out for the zoom log on information to be able to participate in the meeting, as a quorum must be met. The Temple New Year Party is currently scheduled to be held on March 20 in conjunction with the Spring Ohigan Service. Our intention is to have an in person service with a variation of a bento lunch. With any luck we will be able to have something more substantial than a drive through event, time will tell! Everyone's health and safety continue to be a primary concern on our minds while planning events. For those golfers out there, jot down June 26 for the next Temple Golf Tournament to be held at Riverwalk Golf Club, more information to come. Last years tournament was a huge success! The committee will do our best to get the most current information out to you all as it becomes available.

While we wait for the next in person event, continue to support the many Temple partners like Yasukochi Farms, order local organic vegetables, fruits and other items delivered right to your door, just mention you are from the Temple when you place your order and they will donate a percentage of each sale to the Temple! Other Temple partners come in the form of miscellaneous businesses, restaurants serving a variety of foods and Asian stores from the South Bay up to the North County and areas between!

In Gassho, Glenn Torio and Ann Ong

Save the Date

The Annual Japanese Friendship Garden's
Cherry Blossom Festival
 March 11-13 10am - 6pm



SCRIP NEWS

We have various gift cards available for either your gifting or personal needs. There are several for See's Candy, Amazon, Michael's, JoAnn's, Target or Bed, Bath & Beyond, Home Depot or grocery stores. Remember, if you would like a particular gift card, we would need to order it if we don't have it on hand. Your purchase benefits the temple. To check on what we have on hand, please call the temple.



PRESIDENT'S MESSAGE

By LuAnn Lee, Board President

Happy 2022, the Year of the Tiger!

I read that Tigers are courageous and energetic, love a challenge or competition and are prepared to take risks. They are universally respected and noted for strength and perseverance. It would be good to have these traits whether we are born in the Year of the tiger or something else. The one for me is persevering; I have to remind myself to continue the course despite difficulty or delay.

In 2021, the temple once again was able to make it financially without our major fundraisers.

Even with very little fundraising income, we were able to cover our yearly expenses. Thanks to our generous and kind Sangha, we were able to fund the outside painting of the Hondo building and removal of one of our long time pine trees that was diseased. Because of your donations, the temple is in good shape for the first part of the year.

It was nice to see some of you on zoom for the Ho-Onko service on January 16. Thank you to Reverend Hayashi from Ekoji Buddhist Temple. His Dharma talks were enjoyed by all and as he said because of the pandemic and using technology, he was able to give his message from afar. Thank you to all that prepped, chaired and participated with the service.

If you missed it, hopefully it will be on our website soon for you to view.

As we make plans for 2022 events, we anticipate that some people will feel comfortable with in person events and some will not. We understand both views and the re-opening committee constantly reviews local guidelines and triggers as it changes quickly. Currently, wearing masks is required if you stop by the temple regardless of vaccine status. We thank all of you for your patience and understanding.

If you read this newsletter before the end of the month, I want to invite you to the General meeting on Sunday, January 30th at 11 am via zoom. This is a great time to find out what the temple groups are up to and get more details on the work of the Board of Director's. Meeting notices went out to members but if you didn't receive one and you are interested, please sign up on Google Docs through the link on our website or call the office for more information.

If you see this after the meeting and want more information, packets will be available upon request either a hard copy or e-mailed to you.

In closing, thank you to the 2021 Board of Director's which include the affiliated groups. Your support to not only me but the Ministerial team and the Sangha, is appreciated beyond words. We welcome two new board members, Mike Ong and Brian Sasaki. Also, we want to thank Carol Baker for serving on the board for many years. She will step down this year but will hopefully stay involved on one of our many committees. Be safe and continue to keep in touch with one another.

In Gassho, LuAnn Lee

BOARD MEETING HIGHLIGHTS

The Board of Directors met on January 13th -

1. Koden will be sent to the family of Mrs. Yukiye Terada, the widow of the late Rev. Koju Terada. Terada Sensei served the temple as Resident Minister from 1970-1983. Condolences to her children Keiju, Seiju and Noriko and their families.
 2. A salary increase was approved for the temple administrative assistant Linda Redenbaugh effective as of her anniversary date.
 3. Oseibo, as recommended by the Ways & Means Committee, was approved.
- The Board recognized the additional duties that the Ministerial Assistants have taken on in the absence of a Resident Minister.
4. The Board approved sending two representatives to the San Fernando Buddhist Temple's 100th Anniversary celebration. Oiwai will also be presented.
 5. Oiwai will be sent to Rev. Carol Himaka on her retirement,
 6. The Board tentatively approved participation in the Japanese Friendship Garden's Cherry Blossom Festival.
 7. Affiliated organizations and standing committees provided updates on their activities.
 8. Condolences to the family of Steve Schraeder.

BWA NEWS

2022 Chinese New Year is on Tuesday, February 1, and according to the Chinese Zodiac, 2022 is the Year of the Tiger. The Tiger represents the Yang (masculine side) and is associated with strength, energy, risk taking, adventure, generosity, and social progress. Let us hope that this year will bring to us the kind of positive energy that brings social and spiritual changes which will hopefully help the people of our country towards deeper compassion, understanding and generosity.

A wonderful online seminar linking Children's Literature to the Buddha Dharma was given by Kiyoko Masuda. She was a former Educational Resource Specialist, and during her retirement, developed this workshop called "Making the Dharma Connection: Buddhism and Children's Books," which was recently presented through CBE, Center for Buddhist Education. Kiyoko presented and read many popular and cherished children's books and shared how the Buddhist teachings are illustrated through these beautiful books. If anyone is interested in her Children's Literature lists and Essential Dharma summary, please email me at inam4@yahoo.com. You can also view this workshop by going to this you tube link: <https://youtu.be/uMQHmOfsRE>

Preparation for the BWA and Lady Takeko Kujo Memorial is currently being undertaken, and the date will be February 27th at 10 a.m. on Zoom. Reverend Laverne Imori will preside over this very important service which will commemorate Lady Takeko Kujo, founder of the Fujinkai, and our BWA members who have passed away. We hope you will be able attend this very important online service.

Cont. Page 4

BWA Continued from page 3.

We lost another BWA member this past year. Mary Amemiya, originally from Sacramento, passed away Dec. 16, 2021, at the age of 99. She lived a life of compassion, kindness and generosity and will be dearly missed by us all. Her daughters had her move to San Diego so she could be close to them during her later years. My cousin in Sacramento remembered Mary as a very lovely, gracious lady who was an active member of the Sacramento Buddhist Temple.

Qigong and mediation practices continue to be given on Sunday mornings at 8:45 am. If you are interested in attending these Zoom sessions, please contact Mani Ryan for more information. The BWA Book Club is conducted via Zoom usually on the second Saturday of each month. If you are interested in joining, contact Sue Moribe (suzbandaid@yahoo.com) for more information. Well, that is all for now. Please continue to stay safe. The Omicron virus is still out there so we must all be careful and diligent not to contract it if possible.

Gassho,
Mani Ryan

2022 MAJOR SERVICE OBSERVANCES

Below is a list of this year's major service observances. Currently, the services are planned to be presented electronically on the temple's Zoom platform. Guest speakers from March through the end of the year are pending. The temple hopes to resume in-person gatherings at some point this year. Stay tuned.

January 16 – **HO ONKO** (Commemorating the memorial of Shinran Shonin). Guest speaker: Rev. Nariaki Hayashi, Ekoji Buddhist Temple (Zoom).

February 13 – **NIRVANA DAY** (Memorial for Sakyamuni Buddha, the historical Buddha). Guest speaker: Rev. Naomi Nakano, San Luis Obispo Buddhist Temple and Guadalupe Buddhist Church (Zoom).

March 20 – **HIGAN-E** (Observance of the spring equinox)

April 10 – **HANAMATSURI** (Commemorating the birth of Siddhartha Gautama, the historical Buddha)

May 15 – **GOTAN-E** (Observing Shinran Shonin's birth)

July 31 – **O BON** and **HATSUBON** (Buddhist Memorial Day)

September 18 – **HIGAN-E** (Observance of the fall equinox)

October 16 - **Lady Eshinni** and **Lady Kakushinni**

(Commemorating the life Eshinni, the wife of Shinran Shonin and Kakushinni, Shinran's daughter).

November 13 – **EITAIKYO** (Perpetual memorial).

December 4 – **BODHI DAY** (commemorating the enlightenment of Siddhartha Gautama, becoming the Buddha)

BTSD-PANDA EXPRESS THANK YOU!

The temple wishes to extend a most gracious thank you to those who supported the Panda Express Virtual Community Fundraiser on January 21. Hope everyone enjoyed their meal. The temple will receive a check in the amount of \$1,229.86. Not bad for a first-time effort! Gassho.

DHARMA SCHOOL NEWS

Can you believe it's already February? We observed Ho Onko during an all-temple service in January. A few staff members attended the Temple's General Meeting on January 30.

In February, the DS will continue its weekly services with Laverne Sensei leading our All DS Family Service on the first Sunday of the month, and each class leading a mini-service for the rest of the month.

Our annual Dharma School exchange with Vista Buddhist Temple teachers and students will take place via Zoom on Sunday, March 6. More detailed information will be emailed to teachers and parents/guardians prior to the exchange.

We hope everyone is staying safe and well!

In gassho, Lisa Umekubo

Jr YBA NEWS

The Junior YBA would like to pass on to you a "Thank You" from Union of Pacific Asian Communities (UPAC). This organization was the beneficiary of the generous donations of food and monetary gifts from our temple and community members. Much of the donation given was from the Kiku Gardens Board of Directors. The food and monetary donations were part of a drive that helped benefit over 100 UPAC families in need. Thank you to everyone who participated.

JACL Announces the 2022 Scholarship Program

The National Scholarship and Awards Program offers scholarships to students who are entering freshman, undergraduate, graduate, law, in the creative & performing arts, and those with financial need. All scholarships are one-time awards.

As of the 2021 scholarship cycle, the National JACL Scholarship Program will now be totally online! This means all of the applications can be done on your computer/tablet through the online application form and submitted online. **NO MAILING REQUIRED!** As such there will be some new guidelines and changes which you can find listed below in the 2022 Scholarship Guidelines document and on the applications themselves. Also note, the applications will NOT save if you close or reload your window, so please fill them out in one sitting!

Please note: In addition to the National JACL Scholarship Program, many JACL chapters administer their own local scholarship programs. To find out if your chapter offers additional scholarships or if you'd like to ask questions and receive insight for National Scholarships please see the list [here!](#) If your chapter's scholarship contact is not listed, please find your chapter's website and contact information.

A PLEA FOR HELP

Ruth Voorhies came by the temple recently, and before she left, she asked me to ask you something most dear to her. Some years ago, she had written a paper on what her life had been like in the camps. She loaned it to someone here, and as they were returning it, someone else said they would like to read it. Well, she never got it back. Ruth is hoping the person who borrowed it will remember and get it back to her, or to the temple. **It was her only copy**, so, if you've seen it, please, please, find it. I would be happy to pick it up, if that would help. Linda



FEBRUARY SHOTSUKI LIST

The monthly memorial service will be posted to the temple's YouTube channel on Sunday, February 6. Dharma messages—English by Rev. Smitty; Japanese by Rev. Noriko Kawai. Families and friends of anyone who passed away in February are urged to burn incense at your home O Butsudan and Gassho in memory of your deceased loved ones. If you find an error, wish to add a name to the list, please contact the temple at (619) 239-0896 or email info@btsd.net Gassho.

The Temple and Sangha offers sincere condolences to the family and friends of:

Mrs. Yuki Terada - December 30, 2021

Steve Schraeder - December 29, 2021

DECEASED

FAMILY MEMBER

Kisouyemon Sato (2-21-1906)..... Wilbur Takashima
 Bunshiro Takashima (2-6-1927) Wilbur Takashima
 Naminosuke Tachiki (2-13-1932) Tachiki Family
 Rino Yanagihara (2-21-1948).....Yanagihara Family
 Same Odawara (2-27-1949)..... Higuchi Family
 Michi Hanano (2-3-1956) Gerald Hanano
 Eikichi Ishisaki (2-12-1956) Florence Koga
 Toyo Furusho (2-24-1958)..... Saito Family
 Naminosuke Date (2-8-1959) Date Family
 Yukino Kodama (2-14-1959).....Vivianne Jones
 Ichigoro Imai (2-9-1960)..... Fumiko Ohara
 Kotaro Shimizu (2-4-1960)..... Dorothy Kimura
 Mine Iwataki (2-6-1961) Iwataki Family
 Hatsue Kimura (2-16-1961)..... Ochi Family
 Sada Takasugi (2-22-1966)..... Wayne Takasugi
 Sada Tsuneyoshi (2-1-1967) Motoo Tsuneyoshi
 Don Sadao Takeshita (2-6-1968)..... Takeshita Family
 Yujiro Nakano (2-21-1970).....Nakano Family
 Yaeno Amano (2-2-1971) Amano Family
 Natsue Shinohara (2-13-1972)..... Shinohara Family
 Tome Morimoto (2-14-1974).....Morimoto Family
 Tome Yamashita (2-17-1976) Mildred Kawasaki
 Suma Shimada (2-3-1978).....Sharon Shimada
 Masanori Koba (2-21-1979).....Duane Koba
 Fred Yamaguchi (2-2-1981) Yamaguchi Family
 Fumiko Yoshihara (2-1-1982) Kubota Family
 Megumi Torimaru (2-2-1983)Torimaru Family
 Masano Hirata (2-8-1984)..... Hirata Family
 Yuki Masumoto (2-26-1986) Chiyoko Masumoto
 Shima Fudo (2-13-1988) Miyoko Yamanishi
 Miki Moriyama (2-17-1988)..... Madeline Clogston
 Sada Sameshima (2-1-1989)Ricardo Y. Sameshima
 Eda Asamen (2-24-1989) Masako Uyeji
 Misao Sugiyama (2-5-1992) Sugiyama Family
 George Hoshizaki (2-9-1993)Carolyn Jackson

DECEASED

FAMILY MEMBER

James Nicolas Link (2-27-1993)..Kathryn Moriyama Liss
 Mary Sugimoto (2-15-1994)..... Florence Koga
 Yajuro Nemoto (2-25-1994).....Nemoto Family
 Koyoshi Nakamura (2-19-1995)..... Nakamura Family
 Otomatsu Yoshihara (2-23-1995)..... Hiroko Kubota
 Iwao Yagura (2-2-1998)..... Yagura Family
 Fumiko Momita (2-18-2001)..... Gary Asao Momita
 Mary Hoshizaki (2-27-2001) Carolyn Jackson
 Satoshi Jack Takagi (2-2-2002) Takagi Family
 Shie Hagio (2-13-2002)..... Hagio Family
 Carol Inouye (2-3-2004) Craig Inouye
 Masami Honda (2-8-2005)..... Amy Honda
 Fred Hashiguchi (2-17-2006)..... Miyoko Hashiguchi
 Joseph S. Shiraishi (2-22-2006)Shiraishi Family
 Bette Torio (2-16-2007)..... Wesley Torio
 Patsy Harue Yanagihara (2-1-2008) ... Yanagihara Family
 Suzy Shizuko Yamada (2-25-2008) Bert Masumoto
 Doris Miyashiro (2-7-2009) Amy Sato
 Tsuneo Niwa (2-9-2014).....Niwa Family
 Toshiharu Glenn Yonekura (2-21-11)...Takashima Family
 Ronald Nishinaga (2-27-2012) Mani Ryan
 Yoshinobu Wakabayashi (2-6-2013) Yoshiko White
 Rose Watamura (2-1-2014)Elizabeth Takasaki
 Fumie Yamashita (2-13-2014).....Friends
 Mary Matsumoto (2-24-2014).....Kay DeFord
 Mariko Tanizaki (2-25-2014).....Gary Tanizaki
 Hideko Okada Smith (2-17-2016).....James E. Smith
 George Yamamoto (2-11-2019).....Ann Yamamoto
 Michael Mitsuo Doi (2-8-2020).....Doi Family
 Hatsumi Oto 2-2-2021.....Amy Oto
 Ruby Yoshida (2-3-2021).....Laura Yoshida
 Miyeko Kinoshita (2-17-2021).....Michael Kinoshita
 Nobuko Amano (2-20-2021).....Mike Amano
 Minako Nakano (2-20-2021).....Alan Nakano

MEMORIAL SERVICES

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2022 is the memorial year for those who passed away in:

1st Year Memorial	2021	13th Year Memorial	2010	27th Year Memorial	1996
3rd Year Memorial	2020	17th Year Memorial	2006	33rd Year Memorial	1990
7th Year Memorial	2016	25th Year Memorial	1998	50th Year Memorial	1973

信心をいただく(二)

駐在開教使 向嶋裕史

先月の法話に引き続き、浄土真宗の要である信心についてお話させていただきました。先の法話で述べましたように、信心をいただくということは、「信罪福心」がない、つまり、自力のほからいを捨てた世界をいいます。悪いことをすると地獄に墮ちると思っている方や、善行を積むことが浄土に生まれる唯一の道なのだと思われておられる方がおられると思いますが、このような考え方を自力のほからいといえます。

また私達は凡夫であるがゆえに、どれほど善行を積んだとしても、その心の奥底には自己を中心とした利益ばかりを追い求める不純なほからいしか存在しないので、自力での往生浄土の道は閉ざされています。しかし、念仏者は阿彌陀仏のおほからいでお浄土に参つて仏にならせていただくので、自らのほからいは全く必要がないというのが浄土真宗のみ教えです。

ですから、親鸞聖人は、不完全な自力のほからいを捨てて、阿彌陀仏のおほからい(本願)の中に身を委ねて真の安らぎを得なさいと教えて下さっています。それはちょうど幼少時代、親の存在に安心して全て任せきっていた心の状態に似ています。例えば、親のない世界というのは、私が何でも決めていく、私のはからいの世界です。ですから不安なこと多いはずですが、ところが、皆さんの幼少時代はどうだったでしょうか。もちろん、つらいことがあったという方もいらっしゃると思いますが、たいいていの方は子供の頃の楽しかった思い出

がたくさんあるのではないのでしょうか。では何故、幼少時代が楽しいかといいますと、それは、無意識のうちに親を信頼し何事も任せきっていたからです。つまり、親のはからいの中で私達は生かされていたのです。子供の頃はなかなか気付くことはできませんが、親のはからいの中にいる子供の心というのは何も頼りかたで安心しきっています。それは、親がいるから安心だという子供のほからいのない世界です。

お念仏のみ教えも全く同じことで、信心をいただくということは、私があれこれ心配するのはなく、阿彌陀仏のおほからいがあるからと安心しきって全てをお任せすることなのです。むしろ、自分のはからいが、阿彌陀仏のご本願の邪魔にかならないのだと自らの愚かさを反省する世界をいいます。

はからいを捨てるということは、信じる心も、疑う心も両方捨てるということです。例えば、私達は太陽に対して信心のような心をもっているといえます。私達のいのちを育む太陽は、私達が信じようと信じまいと毎朝東から昇ります。私達が太陽が昇ると信じたら今朝太陽が昇つたわけではありませんし、私達が太陽に対して疑い心を持つてしまつたら、明日は昇らないというわけではありません。明日も太陽が必ず昇りますように」と不安な気持ちになりながら眠りにつく人なんていないでしょう。

私達は日々の生活で、太陽に対して疑いの心を持つわけでもなく、また、信じるわけでもなく、毎晩何の心配もなく寝床についています。これこそ、私達のはからいを捨て、完全に太陽に任せきった姿なのです。そして、翌朝、恵みの太陽の光を一身に浴びながら、感謝のうちに一日一日を精一杯に生きていくのです。太陽は私達のはからいを越えた無限の宇宙の力で昇るのであって、私達の信じる心や疑いの心に左右されることは一切ありません。もし、私達のはからい

次第で、太陽が昇るかどうかわからないような生活では不安が先立って人生を謳歌することなどできません。私達はいろんな問題を抱えて一喜一憂の日々を過してはいますが、太陽が昇るかどうかわからない心配は全くしていません。私達のはからいを越えて太陽が昇るかこそ、安心して私達は明日に向かって今を精一杯生きる事ができるのです。

親鸞聖人のお勧め下さる信心も同じように、必ず浄土へ導くという阿彌陀仏のご本願は私達の信じる心や疑いの心によって決して影響されるものではないです。当てにならない私の心で阿彌陀仏を信じるのではなく、私の信じる心も、疑う心も打ち捨てて、阿彌陀仏のおほからいに全てお任せするのです。このお心を頂く事を「絶対他力の信心」といいます。他力の信心は、決して私が作りあげたものではなく、阿彌陀仏が仕上げて下さったものだから、たとえ私がボケてしまつても阿彌陀仏のことを忘れるようなことがあつても、南無阿彌陀仏のおほからいは間違いないので、この私を温かく包み込んで、お浄土へと必ず導いて下さるのです。

常に自力のほからいを捨てきれない真の智慧なき私達が、既に阿彌陀仏のおほからいの中で生かされていると気付かされた時、智慧の光明によって、私の心の闇が晴れ渡り、はからいの心が大きな歓喜の心となって、幼児が母親の胸に身を委ねるが如き、大いなる安堵の海に私の心は抱き取られていくのです。その心にお念仏の音が溢れ出たその時こそが、他力の信心をいただいた瞬間なのです。

太陽の譬えに限界があるかとは思いますが、「まかせよ、必ず救う」と願つて下さった無限のおほからい阿彌陀仏に全てをお任せして、報恩感謝のお念仏を称えながら皆さんと共に心安らかな一年にしていきたいと思ひます。

DONATIONS

The Buddhist Temple of San Diego is grateful to the following individuals and organizations for their donations to the Temple and its affiliated organizations. "IMO" means "In memory of." For a corrections or questions, please contact the temple at 619-239-0896 or info@btsd.net.

Please Note: Donations to Services not held last or next month will be listed in the month of that service. (A donation for Obon will be listed in July).

BTSD
Voorhies, Ruth - Thank You Welfare Committee
Kashima, Jeanie - Mem. Serv. Yoshiko Kashima
Shigehara, Wilbur & Janice IMO Miyo Hill
Hill, Edwin - Service Gail Miyo Hill
Honda, Ralph & Avis - 27th Year IMO Ben Honda
Asakawa-Ellis, Patricia IMO Masato Asakawa
Rome, Lyford
Schultz, Matthew
Tsukamoto, Wayne
Ryan, Mani

Iwanaga, Courtney - In honor of Rev. Dr. Kenji & Karen Akahoshi - with love from their nieces, nephews & families
Webb, Mary
Morinaka Family
Onishi, Esther - In honor of Rev. Dr. Kenji & Mrs. Karen Akahoshi

Kawasaki, Kiyoshi & Aileen - In Appreciation
Gladsjo, Julie
Cross, Joe - Akemashite Omedetou gozaimasu
Yoshida, Laura - 1st Year Memorial - Ruby Yoshida
Honda, Mikiye IMO Mary Amemiya
Yokotobi, Fusako
Okuhara, Roy & Karen
Kashima, Ken - 27th Year IMO Tetsuyo Kashima

95th ANNIVERSARY
Lee, LuAnn & Harold

BODHI DAY SERVICE
D'Orsi, Ruby
Gladsjo, Julie
Yamamoto, Joyce & Koichi
Kashima, Jeanie
Benson, Agnes
Shigeoka, Blanche
Ohara, Fumiko
Koga, Florence
Yonekura, Susan
Ohara, Ann

BUILDING IMPROVEMENTS
Ochi-Fontanott, Janet

COVID -19
Sasaki, Brian & Lorin

DHARMA SCHOOL
Imori, Laverne
Tsukamoto, Wayne
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen
Estes, Carol
Kao, Phillip and Megan Dixon
Ohara, Ann
Yamamoto, June
Tanizaki, Gary
Spears, Margo
Sugiyama, Yukiko
Masumoto, Chiyoko
Kashima, Jeanie
Hashiguchi, John & Tsune
Otsuji, Dennis & Elaine
Yamamoto, Jane
Okuhara, Roy & Karen
Sumida, Floyd & Kaytee

EITAIKYO FUND
Graeber, Kiku IMO Miyo Hill
Liss, Kathryn Moriyama IMO Shigeru Moriyama
IMO Misao Moriyama
Ota, Laurine & Ken
IMO Tomiyo Ota

END OF YEAR - JOYA-E
Benson, Agnes
Masumoto, Chiyoko
Sumida, Floyd & Kaytee
Yonekura, Susan
Jensen, Richard
Ohara, Ann

FLORAL FUND
Tsukamoto, Wayne
Graeber, Kiku
Sugiyama, Chiyeko
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen
Estes, Carol
Kao, Phillip and Megan Dixon
Ohara, Ann
Yamamoto, June
Spears, Margo
Honda, Mikiye
Sugiyama, Yukiko
Masumoto, Chiyoko
Hashiguchi, John & Tsune
Otsuji, Dennis & Elaine
Yamamoto, Jane
Okuhara, Roy & Karen
Sumida, Floyd & Kaytee

GENERAL MAINTENANCE
Tsukamoto, Wayne
Graeber, Kiku
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen

Estes, Carol
Kao, Phillip and Megan Dixon
Ohara, Ann
Tanaka, Kelvin & Lara
Yamamoto, June
Spears, Margo
Honda, Mikiye
Sugiyama, Yukiko
Masumoto, Chiyoko
Hashiguchi, John & Tsune
Otsuji, Dennis & Elaine
Yamamoto, Jane
Okuhara, Roy & Karen

HO ONKO SERVICE
Kuwada, Howard Kanji & Kaneko
Yamanishi, Miyoko
Masumoto, Chiyoko
Tsuneyoshi, Motoo & Angie
Jones, Mikako & Morton
Tanaka, Kelvin & Lara
Otsuji, Dennis & Elaine
Torio, Betty
Yonekura, Susan
Kida, Katsumi
Monji, Yoshiko
Nogata, Yuriko & Sumihiro
Suyenaga, Irene
Gladsjo, Julie
Hagio, Quimico
Kawasaki, Kiyoshi & Aileen
Spears, Margo
Tomiyama, Akie
Honda, Ralph & Avis
Honda, Mikiye
Hashiguchi, John & Tsune
Kashima, Jeanie
Sugiyama, Yukiko
Sumida, Floyd & Kaytee

MAP
Imori, Laverne
Tsukamoto, Wayne
Graeber, Kiku
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen
Estes, Carol
Kao, Phillip and Megan Dixon
Spears, Margo
Sugiyama, Yukiko
Masumoto, Chiyoko
Hashiguchi, John & Tsune
Otsuji, Dennis & Elaine
Yamamoto, Jane
Okuhara, Roy & Karen
Tanaka, Kelvin & Lara
Sumida, Floyd & Kaytee
Ohara, Ann

MEMBERSHIP DUES -2021
Imori, Laverne
Yokotobi, Fusako

Kamada-Fujii, Doreen
Jones, Jami
Hendrix, Hiroko
Haseyama, Jeanette
Yagura, Ronald & Sheila
Yamamoto, June
Tanizaki, Gary
Kawai, Noriko
Sakai, Jeffery
Azuma, Adam

Ishizaki, Sheryl - 2022
Tsukamoto, Wayne
Bradford, Qamar A.
Graeber, Kiku
Omori, Shirley
Sugiyama, Chiyeko
Yonekura, Susan
Yonekura, Gregg
Kawasaki, Kiyoshi & Aileen
Kao, Phillip and Megan Dixon
Haseyama, Jeanette
Yagura, Ronald & Sheila
Ohara, Ann
Ishihara, Sally
Tanaka, Kelvin & Lara
Negoro, Glenn
Rubio-Torres, Arturo
Ochi, K Kay
Moribe, Susan & Lee
Maruyama, Karly
Poquoc, Claudia
Spears, Margo
Honda, Mikiye
Sugiyama, Yukiko
Masumoto, Chiyoko
Kashima, Jeanie
Hashiguchi, John & Tsune
Oyama, Garrick
Oyama, Candice Chitose
Shigehara, Wilbur & Janice
Otsuji, Dennis & Elaine
Yamamoto, Jane
Yokotobi, Fusako
Sumida, Floyd & Kaytee
Tanaka, Kelvin & Lara
Okuhara, Roy & Karen
CORRECTION FROM January
Tomiyama, Aki - 2022
Sakow Toshiko - 2022

NEW YEAR'S DAY
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen
Spears, Margo
Sumida, Floyd & Kaytee
Ohara, Ann

NIRVANA DAY
Ryan, Mani
Yamaguchi, Laura
Yonekura, Susan

Donations Cont. from page 7

Ohara, Ann

OSEIBO

D'Orsi, Ruby
Ochi, K Kay
Okuhara, Roy & Karen
Voorhies, Ruth
Ishizaki, Sheryl
Isakari, Henry & Marcia
Yamamoto, Joyce
Gladsjo, Julie
Amano, Takeko
Shigeoka, Blanche
Benson, Agnes
Lee, Harold & LuAnn
Kawasaki, Kiyoshi & Aileen
Teague, Bill & Joyce
Ochi-Fontanott, Janet
Koga, Florence
Monji, Yoshiko

SCHOLARSHIP

Tsukamoto, Wayne
Yonekura, Susan
Kawasaki, Kiyoshi & Aileen
Estes, Carol
Kao, Phillip and Megan Dixon
Ohara, Ann
Yamamoto, June
Tanizaki, Gary
Spears, Margo
Sugiyama, Yukiko
Masumoto, Chiyoko
Kashima, Jeanie

Hashiguchi, John & Tsune
Otsuji, Dennis & Elaine
Yamamoto, Jane
Okuhara, Roy & Karen
Sumida, Floyd & Kaytee

SHOTSUKI HOYO

Graeber, Kiku
IMO Kiyoko Santohigashi - Jan
IMO Taiji Santohigashi - Dec
Ishizaki, Sheryl
IMO Priscilla Ishizaki - Jan
Kawasaki, Kiyoshi & Aileen - Dec
Kashima, Sara & Kevin Chang
IMO Tets Kashima
IMO Ben Honda
Liss, Kathryn Moriyama
IMO Miki Moriyama
IMO James Niklos Link
IMO Shigeru Moriyama
Koga, Florence
IMO Irene Koga
Oto, June
IMO Jeffery Oto
Yamashita, Emiko
IMO Chozoburo Yamashita
Honda, Mikiye - January
Kashima, Jeanie
IMO Tetsuyo Kashima
Ohara, Ann
IMO Jan Takenori Ohara - Jan
IMO Buyemon Ohara - March
IMO Mitsue Ohara - August
IMO Kisae Ohara - October
IMO Takeyoshi Ohara - Nov.

from her father, who owned a cafe, her mother, and the two best neighborhood bakers that she ever knew. Sensei's hobbies include reading mystery and suspense novels, and she creates and designs cards. She lives with her ginger cat named Shunki.

The Nirvana Day service is scheduled to be presented electronically on the temple's Zoom platform. An announcement will be emailed to receive the Zoom link.

Membership News

With Your Help, We Made our 2021 Goal!

Bill Teague, Membership Chair

2021. By the time dust settled we ended with 209 members in 2021, compared to 208 in 2020. That's because we had some new members in 2021 and several who had lapsed in 2020. Thank you all! These gains balanced the loss of dear Dharma friends over the last year.

2022. Moreover, we can report that 2022 is off to a great start. Some of you renewed last year, and with new renewals to date we have over 30, about 15%, of our membership numbers.

New Members. We welcome new members Karen Copeland, Garrick Oyama, and Megan Dixon & Philip Kao. Garrick and Karen are grown children of dear Sangha members who have passed away; Karen, daughter of Dorothy Matsumoto, and Garrick, son of Candice and the late Rodney Oyama. Megan and Philip have been joining us for the Dharma for many years; you'll recognize them when we re-open services. We're so happy your karma includes supporting the Temple.

Renew Early. Our Temple bylaws say that dues are due at the beginning of the year. We are not so pushy as to demand you all renew in January. But if you can renew early in the year or go to a monthly payment program (such as charged automatically to your credit card) to make payments more manageable.

Tax Statements in Mail. Our goal is to have all tax statements in the mail by the end of January. If you did not receive a statement, please contact the Temple so we can fix that problem.

Nirvana Day is Sunday, Feb. 13

Guest Speaker: Rev. Naomi Nakano

In observance of Nirvana Day, commemorating the passing of Sakyamuni Buddha, the historical Buddha, into Pari-nirvana, the Buddhist Temple of San Diego welcomes Rev. Naomi Nakano of the **San Luis Obispo**

Buddhist Temple and **Guadalupe Buddhist Church.**

Rev Naomi Nakano was born and raised in Denver, Colorado. Her father was an Issei from Wakayama and her mother was a Nisei from Pasadena. Nakano Sensei grew up in a dual religious family, as her father was orphaned and adopted by a Catholic family and her mother was Jodo Shinshu. Sensei feels that she got to know both sides of the beliefs.

Nakano Sensei received a master's degree in Buddhist Studies from the Graduate Theological Union (GTU) and the Institute of Buddhist Studies (IBS) in Berkeley. She studied independently in Japan for about a year and received Tokudo and Kyoshi ordination. Her first BCA assignment was the Gardena Buddhist Church, and after two years there she received Kaikyoshi status. Rev Nakano is now beginning her 11th year at San Luis Obispo and Guadalupe churches.

Nakano Sensei likes to cook, bake, and eat, which she learned



Uprooted / The Story of the Japanese Americans of Coronado

The Coronado Historical Association is proud to announce the exhibit *Uprooted*. From immigration in the early 20th century to internment during World War II and post-war resettlement, *Uprooted* traces the stories of Japanese American families in Coronado. Visit the exhibit to also explore the influence of Japanese-style landscape arts in American society through gardens such as Coronado's Japanese Tea Garden. Through April, Open Tuesday - Sunday from 11am - 4pm, 1100 Orange Avenue, Coronado, CA 92118
2 hour free street parking

