

BUSSEI SCRIPT

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It's as If, ... It's exactly as If

Rev. Jundo Gregory Gibbs



Thank you all for your support and kindness toward me. I have been the Supervising Minister of the Buddhist Temple of San Diego for a year now. Most of you have heard a couple of Dharma messages from me, and read several articles that I have placed in the Bussei Script. I have done what I can, at my age, with the time I have, to support this temple. But, you know, I have never explained to you what Enlightenment is. Last issue I assured you that whatever you think, it's more than that. In this article I will mostly speak in terms of "as-if".

Enlightenment will be freedom from internal compulsions and external restraints. That is an exact description. Enlightenment will bring penetrating insight and tireless compassion. That is precisely what it will bring. How

will it feel? What will it be like? To answer these questions we must move into the area of "as-ifs".

I want to use "as-if" for things like helping others. It will be as if you were the universe's greatest physician. ... Someone who can cure any illness; - relieve any pain. It will be as if you were the world's greatest physicist. One who can discern the origins and direction of the forces bearing on our lives, so that we can navigate our way. It will be as if you were stronger than Jack Lalaine, smarter than Einstein and better looking than Taylor Swift.

Regarding being re-united with those we love who have passed before us, I want to say, speaking for myself just now, It will be exactly as if I am back home with my mother enjoying the great relief of having her to talk to. Shinran told us that the first moment of deep faith is equivalent to Enlightenment. The term he used for "equivalent" was "soku". Trusting in the Nembutsu strongly it is as if we were enlightened. It is exactly as if we were.

MOCHITSUKI: A CULTURAL TRADITION RETURNS

Making sweet rice cakes for new year on Dec. 11

After nearly a three-year absence, the temple's mochitsuki is returning!

The aroma of steamed cooked rice and the sounds of grinding and pounding the mochi, and the process of cutting, shaping and packaging the final product will take place on Sunday, December 11 from 6 am to 2 pm (the anticipated finish).

Volunteers from the youngest children to the young-at-heart are encouraged to come out for a day of gathering with family members and friends, and making mochi (sweet rice cakes) for the new year. All veterans of past mochitsuki along with newcomers are welcome to participate. There will be jobs for everyone as mochi is produced into bite-size morsels.

Kasane mochi will also be shaped for the O Butsudan and will be displayed on the shrines of Amida Buddha, Shinran Shonin and Rennyō Shonin. The two-piece set will also be sold for families who wish to purchase one for their home O Butsudan.

Here is the schedule for mochitsuki weekend:

- ◆ Friday, Dec. 9 – Rice washing, 11 am
- ◆ Saturday, Dec. 10 – Equipment and Annex Hall set up, 11 am
- ◆ Sunday, Dec. 11 – Mochitsuki Day
 - Rice steaming,
 - Grinding cooked rice i, light pounding, cutting, shaping and cooling, 6 am to 2 p.m. (approximate finish and cleanup), Packaging, 8 am
 - Mochi order pickup is between 11 am and 3 pm
 - It is recommended to wear casual clothing as your clothes may get a little dirty with rice powder and errant mochi bits from the mochi production.

Monetary donations are being accepted to help defray expenses. Thank you in advance of your kind gift.

Looking for holiday gifts? The White Elephant Shop will be selling its gently used and recycled gifts.

For any questions, please contact the temple at 619-239-0896 or by email info@btsd.net

The temple looks forward to your participation at mochitsuki. Granted, it will be a lot of work, but will be a very fun and rewarding.

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DECEMBER EVENTS CALENDAR

Highlighting services and activities in December includes Bodhi Day, commemorating the enlightenment of Siddhartha Gautama, the historical Buddha, and the monthly Shotsuki Hoyo memorial on Dec. 4. Mochitsuki returns on Dec. 11 and the year-end Joya E service and Joya No Kane bell ringing on Dec. 31.

Sunday services will be livestreamed on the temple's YouTube page for those who are unable to attend in-person. Meetings and activities will be conducted either in person or virtually on Zoom (Z).

Here is this month's calendar (activities and times subject to change):

4 – Sutra Chanting, 9:15 am (Hondo)

BODHI DAY, Shotsuki Hoyo and Dharma School, 10 a.m. (Hondo/livestream); BWA meeting, 11:30 am (Conference Room); Taiko practice, 11:30 am (Annex Hall); Jr. YBA seminar planning meeting at Vista Buddhist Temple.

5 - Dharma School Staff Meeting, 7 p.m. (Z)

6 – Ways and Means meeting, 7 pm (Z)

7 – Buddhism 1-2-3, 7 pm (Z)

8 – Tai Chi, 10 am (AH); Board of Directors year-end Bonenkai and meeting, 6 pm

9 – Mochigome rice washing, 11 am

10 – Mochitsuki equipment setup, 11 am

11 – Mochitsuki, 6 am to 2 pm, parking lot

14 – Buddhism 1-2-3, 7 pm (Z)

15 – Tai Chi, 10 am (AH)

18 – Sutra Chanting, 9:15 am (H); Dharma Service, 10 am (H/L); Temple cleanup after Dharma service, 11 am

21 – Bussei Script mailing

22 – Tai Chi, 10 am (AH)

25 – No service (temple closed)

31 – Joya E (year-end service), 6 pm (H), Joya No Kane bell ringing ceremony at San Diego-Yokohama Friendship Bell, Shelter Island, 11:30 pm



The Spanish-language Dharma message will be posted on the temple's YouTube channel.

Office hours: 9 am to 4 pm Tuesday-Friday. There is limited staff coverage on weekends. The temple is closed on Mondays.

More information: Call the temple at (619) 239-0896. Please leave a message if your call is not answered and staff will respond as quickly as possible. Email the temple at info@btsd.net or check the BTSD website <http://www.buddhisttemplesandiego.org> for updates.

ACTIVITIES

Here we are at the end of 2022. We were fortunate to have been able to hold in person events such as our last Rummage Sale, Bazaar and Sangha Obon. It has been so nice to see many of our Sangha members out and about. Mochitsuki is the last event of the year and we hope you have placed your order and are invited to help make mochi on December 11th, there are many areas we can use the help. Participating in Mochitsuki adds meaning to the tradition of providing mochi for the first meal of the New Year (Ozoni) providing nourishment and warmth during the typically cold winter days as well as good luck, good health, strength and a prosperous year to come. Don't forget to check the moon for the two rabbits pounding mochi!

Looking forward to 2023, the Temple New Year Party is scheduled for January 15! We plan to have it in person in the Temple Annex hall. The menu is going to be Japanese Style Obento and KFC for the second option. Please see the order form elsewhere in this Kaiho.

In Gassho,
Activities Committee

VOLUNTEER FOR MOCHITSUKI

Days to volunteer are
December 9, 10 & 11
Call the Temple at 619-239-0896
To Volunteer.



Rev. Maribeth "Smitty" Smith, one of the BCA's newest Kyoshi ministers, is joined by BTSD members during the **Shinran Shonin 850th/800th Proclamation Service** held on Oct. 30 at the Gardena Buddhist Church.



PRESIDENT'S MESSAGE

By LuAnn Lee, Board President

Thanksgiving is in a few days and by the time you read this it will hopefully be remembered as a safe gathering spent with family and friends, full of delicious food and happy memories.

When I looked up synonyms of thanksgiving, these are the words that came up; gratitude, thankfulness, gratefulness, appreciation, and indebtedness to name a few. I have heard these words throughout the years listening to Dharma talks at our Temple and from other temples. Lucky for us, we hear these messages and practice them throughout the year, not only in November.

On October 30, eight San Diego temple members attended the Southern District Joint Proclamation Service at Gardena Buddhist Church. The service commemorated the 850th Anniversary of Shinran Shonin's Birth & the 800th Anniversary of the Establishment of Jodo Shinshu Teachings. Over 200 people from Southern District were in attendance and many others viewed via zoom.

Bishop Harada gave a meaningful message and showed slides going back in 100 year increments until he got to 800 years. He shared what was going on in the world in the past and he pointed out that many of the same events are happening present day. It is history repeating itself and that the teachings of Buddhism can be more relevant and important in our daily lives.

Many of our Temple members and friends will be attending similar commemorations in Kyoto, Japan in May of 2023.

It is hard to believe that December is right around the corner and holiday decorations are up already but before I think about the holidays, I want to focus on Thanksgiving and hope you all had a wonderful day. I want to say how thankful I am to be supported all year long by the best family and friends including our temple family.

Your generosity of time and donations are appreciated beyond words.

I look forward to seeing you soon at our weekly and end of the year services and Mochitsuki on December 11 and save the date for our New Year party and General meeting in January 2023.

Gassho, LuAnn Lee

2022 Tax Year Info Coming End of January

We know many of you are eager to get your paperwork ready for 2022 Federal and California Income Tax returns. Your membership and Treasurer's committee will be assembling the tax statements by the end of January. More information will be provided in the January issue of *The Bussei Script*.

BOARD MEETING HIGHLIGHTS

- The Board of Directors met on November 11th -
1. Costs to replace the sliding doors at the Bay Leaf property were approved. Funding will come from the 2022 donation appeal for work on the Minister's residence.
 2. The Board approved the use of the temple kitchen by the Kiku Gardens non-profit corporation for the preparation of Thanksgiving meals for the residents of the Garden Villas senior housing.
 3. Approval was given for a Friendship group to meet in temple facilities.
 4. The ministerial team, all standing committees, and affiliated organizations provided updates on their activities,

BWA NEWS

It is hard to believe that the year has gone by so quickly. We are now in the 12th month of 2022, the Year of the Tiger. The Tiger represents strength, resiliency, and bravery. I think our Temple and its affiliated groups have shown incredible resiliency and strength during the challenging years of the pandemic.

Although our vaccines and boosters are very good, the variants seem to sometimes break through these protective barriers. Unfortunately, I had succumbed to the virus and had gotten sick with it during my trip to Europe. We were traveling for about 3 ½ weeks when after getting very ill with a different infection which compromised my immune response, the vaccinations and boosters couldn't protect me. Fortunately, my husband and I were able to return to the U.S. safely after isolating on the cruise ship and then isolating again in the U.S. for about 2 weeks. We are now healthy and able to be with family and friends.

This article and the January entry will be my last ones for the Kaiho, for I will no longer serve as the BWA Co-President (3 years) and Corresponding Secretary (7 years) at the end of this month.

The last three years have been especially difficult for our organization, but we have accomplished much during this time to help and support those members and friends who felt isolated and alone during the pandemic. Thank goodness for Zoom technology which helped us to safely stay connected with one another.

Lastly, I want to extend my deep appreciation and gratitude for your continued support and efforts to help me fulfill my responsibilities in these two positions during my time in office.

Namo Amida Butsu
In Gassho, Mani Ryan

OBON AGAIN SHOP will have a booth at Mochitsuki featuring new/vintage gifts for the holidays

In November, Smitty Sensei conducted the All Living Beings Memorial with our Eitaikyo Service. Thank you to students and Sangha members who submitted remembrances and pictures of beloved pets and other life forms who passed away physically but continue to teach us the Dharma.

Dharma School students have been taking turns serving as chairpersons during Sunday services, which helps build their public speaking skills. In addition, we appreciate students who donate and present Fruit and Flower Offerings during services.

On December 4th, we look forward to observing Bodhi Day, the day of the historical Buddha's enlightenment; after service, we'll decorate Bodhi Day Cookies - yum! There will be no Dharma School classes on December 11 (temple's Mochitsuki event) or December 25.

Our group is planning a volunteer outing at Feeding San Diego, which is a program that helps end local hunger through food rescue. A group hike at Torrey Pines is being planned for January, and other fun events are in the works for 2023. Happy Holidays!

JR YBA NEWS

Thank you for your generous donations to our annual Food Drive! Because of your kindness, families will enjoy a special meal during the holidays.

Our Jrs, along with Jr YBA members from Vista Buddhist Temple are busy making plans to host Seminar 1 for the Southern District Jr YBL organization. Many Jr YBA members, ministers, and advisors from Southern California and from Arizona are planning to attend. Scheduled for Saturday, February 11 at our temple, this will be an all-day event centered around the Theme "Buddhism by the Border." Please let us know if you can help us prepare for this event.

Encouraging Membership News – Not Done Yet

Bill Teague, Membership Chair

If all existing members renew, we will gain in overall membership. We're almost there!

The good news is that to date we gained 15 members so far in 2022, and we may see more. These are more new

members for a single year than we have seen in recent memory.

New. Erin Hamada and Matthew Bigelow; Plover Brown; Karen Copeland; Megan Dixon & Phillip Kao; Garrick Oyama; Robert and Yoko Shultz; Randy and Susan Takeshita; and Erika Williams.

Returning. Ricky Cheeks; and Julia Gladsjo.

In Memoriam. For some five months, Jeffrey Malmgrem, who had limited mobility, was a member and was visited by several Sangha members, and he seemed to appreciate his connection to the Temple and our Sangha before he passed away. *Namo Amida Butsu.*

Constant Change

Every year we mourn older members who have passed away, *Namo Amida Butsu.* To date this year we have lost ten or so members.

Yay! Likely Net Growth

If everyone else renews, we will have posted a second year of modest growth in membership. Last year we clocked 207 individual members, one more than the year before.

Why the Likely Growth

Likely drivers of new members are the vibrancy of our Dharma School and Taiko Group.. We also saw at least four cases where the adult children of current or deceased members joined us, to continue the family connection with the Temple. And perhaps the community appreciates our overall commitment to sharing the Dharma during Covid and other our challenges

However ...

We are still behind on renewals, with over 10% renewals to come. As this is written we have five or six weeks left to finish the year. We will only realize net growth if we catch up. Membership Committee members will be reaching out soon to see if you can help us reach our goal.

The Other Good News

Once again, membership dues remain the same. The Board of Directors continues to make efforts to hold down dues for the foreseeable future.

SERVICES MARK END OF 2022 AND WELCOME A NEW YEAR

Join Rev. Smitty, Rev. Laverne and the Sangha as the temple observes the Joya-E or year-end service on Saturday, December 31 at 6 p.m. Enjoy chanting of the sutras, brief meditation and a Dharma message. Everyone in attendance will have the opportunity to ring the Kansho (calling bell).

Later that evening, ring in the new year as the temple hosts the annual Joya No Kane bell ringing ceremony at the San Diego-Yokohama Sister City Friendship Bell on Shelter Island South. The service begins at 11:30 p.m. Everyone in attendance will have a chance to ring the large bonsho. The bonsho will be struck 108 times, getting rid of the worldly desires believed to have caused pain and suffering of human life throughout the past year and usher in the new year with a fresh start.

On Sunday, January 1, the temple will observe the Shusho E or New Year service beginning at 10 a.m. The ministers and temple look forward to your participation.

DONATIONS

BUDDHIST TEMPLE

D'Orsi, Ruby
Sasaki, Brian & Lorin
Kitano, Margie
Buddhist Ed. Committee
Koga, Florence
Inouye, Derek T & Lindsay
IMO Uncle Takao Nabeta
SDBT Fujinkai
IMO Agnes Benson
Anonymous
Takeda, Masanori & Harumi
Hashiguchi, Tsuneko & John -10/29 Marriage of Jonathan & Rosemary
Morinaka, Ron
Sasaki, Sharon & Robert Yamamoto
Otsuji, Dennis & Elaine
IMO Agnes Benson
Torio, Betty
Teague, Joyce - All Life Forms IMO Milo & Family
Okuhara, Roy & Karen
Kajita, Junko & Tim
Sasaki, Brian & Lorin

2022 APPEAL

Kitano, Margie
Moribe, Susan
Estes, Carol
Nakano Family

BODHI DAY

Kawasaki, Mildred & Trace
Ota, Laurine
Hidinger, Holly

BUILDING IMPROVEMENT

Sumida, Floyd & Kaytee
Kaneshiro, Gale

DHARMA SCHOOL

D'Orsi, Ruby
Yamamoto, June
Ring, Linda
Brown, Plover
Rubio-Torres, Arturo
Kajita, Gary
Muraoka, Tad
Muraoka, Roy
Hidinger, Holly
Stuffed Animal Donation
Anonymous
Mikiye Honda
Sharon Sasaki
Ruth Voorhies

EITAIKYO FUND

Kitano, Margie
Kitano, Margie
Anonymous
Iwataki, Craig
IMO Masami Iwataki,
IMO Yoshiko Iwataki,
Imori, Laverne
IMO Gladys Yoshiko
IMO Kosuke Imori
IMO T. Jack Matsui

Yamamoto, Jane
Tanaka, Kelvin
Omori, Shirley
IMO Gilchi Imori Family
Cheeks, Ricky
IMO Sumie Otani Cheeks
Martinez, Nancy
IMO Ritsu Nabeta
IMO Fred Nabeta
Hashiguchi, Tsuneko & John
Kuwada, Howard Kanji & Kaneko
Yamashita, Emiko
Uyeji, Masako
Otsuji, Dennis & Elaine
IMO Haruhiko Otsuji
IMO Ayako Otsuji
Yanagihara, Sumiko
IMO Tom Yanagihara, Sr.
IMO Rev. Jim Yanagihara
IMO Patsy Yanagihara
IMO Shizuo Yanagihara
IMO Masaru Yanagihara
Estes, Carol
IMO Donald H. Estes
Delossantos, Suzanne Ito
-Hamabata Family
IMO Takashi Hamabata
IMO Yaeko Hamabata
-Ito Family
IMO Margaret Terada
Kashima, Jeanie
Ogasawara, Michiko
Masumoto Chiyoko
Oto, June
IMO Motono Oto
IMO Shigeru Oto
IMO Jeffery Oto
IMO Oto ancestors
Takashima, Wilbur
IMO Kikuko Takashima
Yamada, Diane
IMO Richard Watanabe
IMO Yoshiko Watanabe
Honda, Ralph
Kohatsu, Sachiko
IMO Agnes Benson
Torio, Betty
Graeber, Kiku - IMO
Masao Santohigashi
IMO Kiyoko Santohigashi
Nakano Family
Imo Tomio Nakano
IMO Minako Nakano
Yamamoto, Mae
IMO Kengo Yamamoto
Kinoshita, Yasuko
IMO Toshiko Ogata
Asakawa-Ellis, Patricia
IMO Masato (Bruce)
Asakawa
IMO Shizuko Asakawa
Aoyama, K. Alice
IMO Satoshi Takagi
IMO Toshiko Takagi
IMO Rev. Tesshi Aoyama
Masumoto, Jodi
Anonymous - Friends
IMO Miyo Hill

Anonymous - Friends
IMO Miyo Hill
Hidinger, Holly
IMO Kiyoko Ochi
Ron & Holly Hidinger

EITAIKYO SERVICE

Yamamoto, Jane
Omori, Shirley
Estes, Carol
Nogata, Yuriko
Otsuji, Dennis & Elaine
Yamanishi, Miyoko
Suyenaga, Irene
Kuwada, Howard Kanji & Kaneko
Kawamoto, Mitsuko
Tanaka, Kelvin
Hashiguchi, Tsuneko & John
Tsuji, Masako
Shigehara, Wilbur & Janice
Anonymous
Sumida, Floyd & Kaytee
Iwataki, Craig
Teague, Bill & Joyce
Tomiyama, Akie
Kawasaki, Kiyoshi & Aileen
Martinez, Nancy
Moncrief, Mayko
Yamanishi, Alan & Karen
Moribe, Susan
Tsukamoto, Wayne
Negoro, Glenn
Graeber, Kiku
Kida, Katsumi
Kajita, Junko & Tim
Ong, Ann & Mike
Kashima, Jeanie
Ogasawara, Michiko
Masumoto, Chiyoko
Tsuneyoshi, Angelina
Yamaoka, Landon & Kyla
Tom
Gladsjo, Julie
Honda, Avis & Ralph
Oto, June
Kohatsu, Sachiko
Nakano, Alan
Kawasaki, Kiyoshi & Aileen
Asakawa-Ellis, Patricia
Honda, Mikiye
Hagio, Quimico
Aoyama, K. Alice
Hidinger, Holly

END OF YEAR JOYA-E

Ota, Laurine
Hidinger, Holly

ESHINNI/KAKUSHINNI SER

Honda, Mikiye
Ong, Ann & Mike
Kajita, Timothy & Junko
Tomiyama, Akie
Moribe, Susan
Kawasaki, Kiyoshi & Aileen

FLORAL OFFERING

D'Orsi, Ruby
Yamamoto, June
Ring, Linda
Brown, Plover
Kajita, Gary
Muraoka, Tad
Muraoka, Roy
Hidinger, Holly

GENERAL MAINTENANCE

D'Orsi, Ruby

GOLF

Hidinger, Holly

GOTANYE

Hidinger, Holly

HANAMATSURI SERVICE

Hidinger, Holly

HO ONKO SERVICE

Hidinger, Holly

MAP

D'Orsi, Ruby
Kitano, Margie
Kajita, Gary
Muraoka, Tad
Muraoka, Roy
Hidinger, Holly

MEMBERSHIP

D'Orsi, Ruby
Kitano, Margie
Olson, Kimberly
Kawai, Noriko
Yamamoto, June
Kajita, Gary
Schafer, Lisa
Muraoka, Tad
Muraoka, Roy
Gladsjo, Julie
Sakow, Toshiko
Hidinger, Holly

MOCHI GOME

Hidinger, Holly
Graeber, Kiku
Isakari, Henry & Marcia
Abe, Kazuko

NEW YEAR DAY-SHUSHO-E

Moribe, Susan
Tsukamoto, Wayne
Moncrief, Mayko
Hill, Edwin
Smith, Maribeth "Smitty"
& Jackie Goor
Hidinger, Holly

NIRVANA DAY

Hidinger, Holly

OHIGAN

Hidinger, Holly
Spring & Fall

OSEIBO

Kitano, Margie
Ota, Laurine
Hidinger, Holly

SCHOLARSHIP FUND

D'Orsi, Ruby
Kitano, Margie
Yamamoto, June
Ring, Linda
Brown, Plover
Kajita, Gary
Muraoka, Tad
Muraoka, Roy
Hidinger, Holly

SHOTSUKI HOYO

Takashima, Wilbur - Oct
IMO Katsue Takashima
IMO Tatsuo Richard
Takashima
Takashima, Wilbur
IMO Katsue Takashima
IMO Tatsuo Richard Takashima
Kuwada, Howard Kanji & Kaneko
IMO Tomoyo Kuwada
Martinez, Nancy
IMO Mom, Grandma,
Uncles, Friends
Inouye, Derek, & Lindsay
IMO Fred Nabeta
Kajita, Junko & Tim
IMO Dentaro Kawamura
Kawamoto, Mitsuko
IMO Yukio Kasamoto
IMO Kiyoji Mayumi
IMO Imataro Mayumi
Ochi, K Kay
IMO Akiji Ochi
Schell, Kenneth & Janice
IMO Ritsu Nabeta
IMO Hatsue Uyeno
Nakamura, Jake K. & Patty
IMO Yoshiko Nakamura
Honda, Mikiye - Nov.
Yamashita, Emiko - 11/19
IMO Chiyo Yamashita
Tomiyama, Aki - IMO
Sachiko Santohigashi
Muraoka, Roy
IMO Saburo Muraoka
August 2023
IMO Haruko Muraoka -
April 2023
IMO Aiko Muraoka -
Oct 2023
Voorhies, Ruth
IMO Kanejiro Kondo
Sugiyama, Yukiko
IMO Hamako Nakamura
Masumoto, Chiyoko
Hidinger, Holly
IMO Hideo Ochi - July
IMO Kiyoko Ochi - Aug.
IMO Hatsue Kimura -
February 1949
IMO Otshichi Oto - Oct.

DECEMBER SHOTSUKI LIST



Join us on Sunday, December 4 for the Bodhi Day and Shotsuki Hoyo Service. The service begins at 10 a.m. Bodhi Day (actual date is Dec. 8) commemorates the day Siddhartha Gautama became enlightened as the historical Buddha. The Shotsuki Hoyo honors the memory of loved ones who passed away in December. **Rev. Ko'e Umezu** of the West Los Angeles Buddhist Temple will visit and deliver the Dharma messages. If you are unable to attend in-person, you may watch the service livestream on the temple's YouTube page. Please share the service with family members and friends who do not have access to the internet. Access to the livestream is on the temple's website under the tab, "Video." If you find an error in the Shotsuki listing or wish to add a name, please contact the temple at (619) 239-0896 or email info@btsd.net Gassho

DECEASED

FAMILY MEMBER

Kitsu Ito (12-14-1939).....Ito Family
 Nihei Furusho (12-5-1943).....Chieko Saito
 Tadasu Oya (12-18-1947)Oya Family
 Yutaka Amano (12-11-1950)..... Amano Family
 Masaki Yoshida (12-7-1954) Sakamoto Family
 Wakako Tsuneyoshi (12-29-1959) Duane Koba
 Sone Takada (12-17-1961)Ichiji Takada
 Daniel Amano (12-14-1962) Mike Amano
 Yasu Akiyama (12-17-1963)Akiyama Family
 Kiyoko Hosaka (12-24-1963)June Hosaka
 Hiroshi Oyama (12-29-1963) Oyama Family
 Isamu Miyama (12-20-1964)..... Friends
 Tatsu Hata (12-9-1965).....Hamada Family
 Hichijiro Masuyuki (12-5-1966) Troy Matsumoto
 Kenji Nishigaki (12-7-1967)..... Friends
 Takeo Tachiki (12-5-1969)Tachiki Family
 Natsu Tanaka (12-4-1970) Tanaka Family
 Takeshi Okuma (12-12-1973)..... Okuma Family
 Shigeto Amano (12-28-1973)..... Amano Family
 Zentaro Araumi (12-8-1974)..... Shizuka Azuma
 Aya Tokimura (12-16-1974) Furuya Family
 Matsue Tsuji (12-22-1977).....Tsuji Family
 Mitose Okuma (12-30-1977) Okuma Family
 George Hamada (12-31-1978).....Hamada Family
 Ito Kawamoto (12-22-1979)Kawamoto Family
 David H. Uda (12-1-1981)Georgiana Uda
 Masaru Higuchi (12-4-1983).....Yasuko Higuchi
 Hikoichi Okimoto (12-2-1985)Tom Okimoto
 Shigeo Amano (12-14-1986).....Mikiye Honda
 Frank Yonekura (12-9-1987).....Yonekura Family
 Naomi Campbell (12-14-1988).....Campbell Family
 Take Torimaru (12-27-1988).....Torimaru Family
 Yoshimi Uyeji (12-12-1997).....Chieko Takeguchi
 Asao Momita (12-21-1989).....Gary Momita
 Kakuaki Kaneko (12-16-1990).....Kaneko Family
 Bunichi Tsukamoto (12-17-91).....Wayne Tsukamoto

DECEASED

FAMILY MEMBER

Keisuke Okuma (12-28-1991).....Yoshie Okuma
 Ben Honda (12-24-1995).....Mikiye Honda
 Taiji Santohigashi (12-16-1997)...Shunichi Santohigashi
 Tsuruyo Kawamoto (12-22-1997).....Matsui Family
 Yoshiko Kashima (12-15-1998).....Kashima Family
 Nobue Nishii (12-23-2001).....Toyo Nishii
 Nobuo Nadahara (12-22-2002).....Nakagawa Family
 Isamu Sugimoto (12-24-2002).....Joe Sugimoto
 Koharu Katie Shiraishi (12-7-2005).....Shiraishi Family
 Kaoru Saito Bennett (12-14-2005).....Ford Bennett
 Mary Sanaye Yamaguchi (12-19-05)...Donna McDonnell
 Masao Kishi (12-23-2005).....Elena Barrett
 Eiji Oya (12-11-2006).....Yumiko Oya
 Kasuke Ogata (12-3-2009).....Hiroshi Ogata
 Irene Koga (12-18-2009).....Florence Koga
 Manaie Mayumi (12-17-2010).....Katsuhiko Morishita
 Shizue Yamamoto (12-15-2011).....Yamamoto Family
 Isamu Nakamura (12-6-2012).....Shari Nakamura
 Kaitlyn Sky Yotbounmy (12-1-13)...Stephanie Yamamoto
 Ritsuko "Tosh" Ogier (12-15-2013).....Robyn Ogier
 Walter Julian Vallery (12-27-2013).....Aiko Vallery
 Kenichi Hitomi (12-30-2013).....Chiharu Hitomi
 Nobuko Uchino (12-10-2015).....Gary Uchino
 Kuriko Darini (12-22-2015).....Bruna Mori
 Yoko Ajishi Garcia (12-16-2015).....Joseph A. Garcia
 George S. Kitagawa Jr (12-17-2015).....Gary Kitagawa
 Ron L. Okuma (12-19-2015).....Okuma Family
 Kathy Yamada Olsen (12-19-2015).....Scott Olsen
 Pauline Masako Nakamura (12-24-15)...Shari Nakamura
 Yukiko Negoro (12-27-2015).....Glenn Negoro
 Roy Mitchell (12/21/2018).....Mitchell Family
 Sakiko Kada (12-29-2018).....Naomi Himaka
 Pat Heyamoto (12/14/2019).....Takeshita Family
 Chiyeko Yagi (12/21/2019).....Christine Driscoll
 Arikazu Ogasawara (1213-20).....Michiko Ogasawara

MEMORIAL SERVICES

MEMORIAL SERVICES allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call during weekly office hours.

2022 is the memorial year for those who passed away in:

1st Year Memorial	2021	13th Year Memorial	2010	27th Year Memorial	1996
3rd Year Memorial	2020	17th Year Memorial	2005	33rd Year Memorial	1990
7th Year Memorial	2016	25th Year Memorial	1998	50th Year Memorial	1973

マウンテンビュー仏教会「回向」 二〇二二年十二月法話

塵を払おう。垢を除こう。

駐在開教使 向嶋裕史

今月末、三年ぶりとなる年末の大掃除があります。皆さんは掃除に対してどのような印象をお持ちでしょうか。正直、「面倒臭い、汚い、疲れる」等といった印象をお持ちの方が多いのではないかと思います。私がアメリカに来て驚いたことは、学校で生徒達が自分の教室やトイレなどを掃除するのではなく、全業者者に任せていたということです。日本では昼食後必ず、生徒や教師達に掃除の時間が設けられています。私も学生の頃は小学校から高校まで当たり前のように皆と一緒に掃除をしていました。これは、日頃から使わせていただいている校舎に感謝の意を込めて自分で掃除をするという大切な教育の一環です。また、自分が汚したものは自分で片付け、他人が汚したものでも、お互いに協力し合って綺麗にしていくという豊かな心を養っていく。この日本の掃除文化が子供達の心と精神を磨き上げ、人間形成の上に大きく役立っています。ですから、日本では「掃除をする心が洗われる」と言えます。身の回りの埃や汚れを掃除することで、心の中の雑念を綺麗に洗い流し、清い心を保つという、正に仏教思想から生まれた掃除文化なのです。皆さんも部屋を綺麗に掃除した後、心が清々しくなると幸せな気分になった経験があると思います。掃除は仏道を求める者にとって日頃から己の心を磨く方法として最も大切な修行の一つとなっています。お釈迦さまご在世の頃のお話で大変有名なエピソード

があるのでここに紹介したいと思います。

お釈迦さまのお弟子さんに、マハーパントカとチューダ・パントカという兄弟がいました。兄のマハーパントカは聡明であるのに対して、弟のチューダ・パントカは短い法語さえ覚えられないほどの愚か者でした。ある日、祇園精舎の門前でチューダが大きな声を出して泣いているのをお釈迦さまが気づかれました。お釈迦さまは、「泣いている」と尋ねられました。するとチューダは「私は生まれつき愚か者で世尊の教えをすぐに忘れてしまいます。ですから、私のような者がいると他の弟子に迷惑をかけてしまうから、今すぐ僧侶を辞めて実家に帰れと兄から見捨てられました。私のような愚か者では、私になれないと思うとつらくてたまりません」と大粒の涙を流してその悲しみを訴えました。

そこでお釈迦さまは、「チューダよ、泣かないでよい。お前のように自分の愚かさを知る者は決して愚者ではない。お前は、自分の愚かさに気づかず知恵があると誤って入っている者よりよほど賢者である」と優しくお説きになりました。そして、チューダに一本の箒を差し出して、「この箒で塵を払おう。垢を除こう」と称えながら、毎日掃除をするように勧められました。

このような短い言葉ですら忘れるほどのチューダですが、他の弟子から笑われながらも、お釈迦さまの言われた通りに、一日も怠ることなく箒を持って「塵を払おう。垢を除こう」と大きな声で称えながら祇園精舎の隅々まで心を込めて掃除をしました。

数年後、そんな絶え間ない努力の甲斐あって、チューダはお釈迦さまのみ教えが、自分の周りの塵を払い、自分の心の垢を除く法であることに気づきました。自分の周りの塵というのは、私達の心を惑わす誘惑であり、自分の心の垢というのは、何でも欲しがる貪欲の心と、それらが手に入らないと自分を乱してしま

怒りの心。そして、この欲と怒りが人間を不幸にする。と気づかない愚痴の心。チューダは、私になるには、この煩惱の三毒と呼ばれる「貪欲、瞋恚、愚痴」の垢を完全に取除かなくてはならないと悟ったのです。そして、遂に、チューダは掃除を通じて心の垢が見事に洗われ、誰からも慕われる優秀な弟子となりました。

お釈迦さまは、チューダの見違えるほどの成長を大いに喜ばれ、多くの弟子の前で、チューダが阿羅漢の悟りを得たことをお告げになりました。そしてお釈迦さまは、「弟子達よ、たとえたくさん経文を覚えたとしても、ただそれだけでは何にもならない。たとえ短い教えでも、それを我が身の上に行えば、道を得ることが出来る。私は、チューダ・パントカを誇りに思う。彼を見習いなさい」と、お説きになりました。

このように、身の回りを綺麗にすることによって、心もおのずと洗われてくることから、掃除は日常生活に於いてとても大切な仏道修行の一つとなっています。ご家庭をはじめ仏教会は心の拠り所となる特別な場所ですから、常に清潔ななければいけません。日曜礼拝の後、使った経本は経本人れに戻す。出したごみは長椅子の上に置いたままにせず、ゴミ箱に捨てる。会議後は、テーブルや椅子を整頓する。使ったコーヒーメーカーやコーヒーカップは綺麗に洗う。このように自分が使わせていただいた部屋は感謝の意を込めて丁寧に掃除をして、次の人が気持ちよく使えるようにしておく。このことを常に意識する心構えが、仏教徒としてとても大切なことなのです。決して、他の誰かが掃除をするだろうというような横着な心を持つてはいけません。

では、年末の大掃除に多くの門徒が超越しなくなるのを楽しみにしています。たまには頭を空にして「塵を払おう。垢を除こう」と仏教会をいつも以上に綺麗にしてみませんか。もしかしたら、重い掃除機が阿羅漢の悟りへと導いてくれるかもしれませんよ。



BWA Makizushi Fundraiser on November 13



Annual Temple Clean-Up

Sunday, December 18th

At 11:00 a.m., after the Service

Bring out your buckets, rags, gloves and cleaners to the temple cleanup on Sunday, December 18th, following the Dharma Service. Cleaning will be in the main building, including the hondo, Kitchen, offices and conference room. Dharma School will be responsible for cleaning the classrooms.

Come out and help get the temple sparkling clean in preparation for the New Year!

Bodhi Day Guest Speaker Rev Ko'e Umezu (WLABT)



Rev. Ko'e Umezu (she/her) was born in Los Angeles and raised in the San Francisco East Bay Area, and is currently residing in Torrance, CA with her spouse Marie Miyashiro. She is the eldest daughter of Rev. Kodo & Janet Umezu. Rev. Ko'e attended UC Davis, and graduated with a double major: a BA in Communications, and a BA in Studio Art. She is currently pursuing a Master of Arts in Buddhist Studies at the Institute of Buddhist Studies.

In 2002, she moved back to Los Angeles after college to pursue a career in storyboarding in the film and television industry. She has been freelancing as a storyboard artist since then.

Rev. Ko'e received her tokudo ordination in the Jodo Shinshu Hongwanji-ha tradition, at the Hongwanji in Kyoto in 2019, and was assigned as an assistant minister to Rev. Koho Takata at the West Los Angeles Buddhist Temple in August 2020, focusing on young adult outreach. This past August 2022, she participated in the Kyoshi training session at the JSC and received her Kyoshi certification in October 2022.

SCRIP NEWS If you'd like to give gift cards for the holidays or as year-end appreciation gifts, please consider ordering through the temple's Scrip program. Please contact the temple office to see what we have on hand.

Gift card purchases are a great way for you to support the temple while getting the full value of the cards purchased.



Joya no Kane

Please Join Us on

December 31st at 6:00pm for Joya E,
and again at

11:30 for Joya No Kane.

Then, Welcome In the New Year on
January 1 at 10 a.m.

2023, The year of the Rabbit



Wishing you a
Happy & Healthy New Year

Kampai! Temple New Year's Bento Order Form

Pick-up order: Sunday, January 15, 2023, 12:00 noon, following the Dharma Service at the Buddhist Temple of San Diego
Bento Order/Payment due: Tuesday, January 3, 2023
Payment options: PayPal, credit card or check



Please submit orders online at the following link by Tuesday, January 3, 2022:
<https://forms.gle/CjpsmhDUUfKygFAt7>

Or send this completed form and payment to the "Buddhist Temple of San Diego, Attn: New Year Bento", 2929 Market St., San Diego, CA 92102. **Form and payment must be received by January 3, 2023.**

Make payment via PayPal.Me at the following link: https://paypal.me/buddhisttemplesd?locale.x=en_US or mail check to Buddhist Temple of San Diego, 2929 Market Street, San Diego, CA 92102. We can match your check up to the online order submitted. **PLEASE SELECT 2nd OPTION "SEND".**

Name _____	Date _____
Email Address _____	Phone No.: _____
I would prefer ___ Indoor dining ___ Bento to-go	

Ichiban Restaurant Bento

Regular - \$25.00

*May contain chicken kara-age, shrimp tempura futomaki, nimono, potato salad

Vegetarian - \$25.00

*Vegetarian version of bento (No meat), may contain tofu, vegetable tempura, futomaki, nimono, potato salad

Kentucky Fried Chicken Meal , 3 piece - \$10.00

Quantity (enter #)

Total

_____ \$ _____

_____ \$ _____

_____ \$ _____

*Exact items subject to change

Total order \$ _____

If you prefer that we manually run your credit or debit card, please complete this authorization form.	
___ MC ___ Visa ___ AMEX. Acct # _____	Expires (MM/YY) ___/___
Billing Address: _____	ZIP _____
Payor's Authorized Signature Required _____	



Buddhist Temple of San Diego

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E-mail: info@btsd.net
Web: www.buddhisttemplesandiego.org

Adult Buddhist Association
Buddhist Women's Association
Dharma School
Jr. Young Buddhist Association
Taiko

OSEIBO

(Year-end appreciation)

December 1, 2022

Dear Temple Members and Dharma Friends,

In Buddhism, the term Dana represents the practice of selfless giving. Combined with the expression of "Thank You," Dana conveys true appreciation and gratitude.

In Japan, a customary year-end expression of thank you, known as *Oseibo*, is often presented.

As 2022 draws to a close, the Buddhist Temple of San Diego invites the Sangha (congregation) and friends in extending an expression of appreciation and gratitude to the temple staff and maintenance vendors for their hard work throughout a most challenging year.

We would also like to recognize **Rev. Gregory Gibbs** who has been our supervising minister for the past year. Also, **Rev. Maribeth Smith**, **Rev. Laverne Imori** and **Rev. Noriko Kawai**, our Minister's Assistants, continue to support the Sangha by conducting chanting classes and outreach, involvement with Dharma School, and are now managing Sunday Dharma messages, funerals and other services. **Rev. Yushi Mukojima**, former resident minister, provides the Japanese message for the monthly Bussei Script newsletter. **Linda Redenbaugh**, administrative assistant, supports the temple Tuesday through Friday during business hours and is your welcoming presence when you contact the temple. **Mr. Masanobu Kinjo** takes care of the garden maintenance at the temple. **Lizzie's Cleaning Biz** janitorial service keeps the facilities sparkling clean on a monthly basis.

From now until December 27, the temple will accept *Oseibo* offerings that will be presented to these individuals. If you wish to make a heartfelt contribution, your gift of any amount will be received with deepest appreciation and gratitude. Please enclose your donation in the envelope provided and mail it to the temple.

In advance, the temple expresses its sincerest appreciation for your thoughtful consideration of Dana through your *Oseibo* gift.

In Gassho,
Board of Directors
Buddhist Temple of San Diego