



The Beginner's Mind

By Rev. Dr. Kenji Akahoshi,
Resident Minister

We have been isolated from each other for over 6 months. This is a strange and difficult time. No one could have foreseen our situation a year ago.

This is life. This change from our usual routine is both a challenge and an opportunity. How can the Teachings of the Buddha help us through this?

Shunryu Suzuki was a Zen roshi who founded the San Francisco Zen Center. His book "Zen Mind, Beginner's Mind" begins with the sentence, "In the beginner's mind there are many possibilities, but in the expert's there are few." Zen is just another method of awakening our mind to the Buddha's truth of the universe. The great fortune we have in 21st century America is the accessibility of the teachings of many schools of Buddhism. We have the luxury of selecting and combining various forms of Buddhism in our journey toward awakening. So, I see this basic Zen concept of beginner's mind as a useful means of addressing our current situation.

Much of our frustration originates from the necessity of altering our usual lifestyle in defense of the contagion of the corona virus. This is like being in a war zone under attack by a dangerous virus. On the one hand, our survival depends on our jobs, schools, and daily activities that make up our usual life. But the threat of death from this contagious virus places a huge risk of participating in our previous activities. This is a time for a beginner's mind.

Although children feel secure in an established routine, they are subjected to new and exciting situations as they grow. Their beginner's mind sees many possibilities. Although they often express their fears and apprehensions with new situations, their growth depends on accepting each new challenge. As mature adults, we might reach back to our beginner's mind. We can rant and complain of the unfairness caused by this dangerous virus and ignore its deadly potential. Or we may use our beginner's mind to find creative ways of accommodating this challenge and still maintain the necessary functions of life.

The BCA and member temples seem to be responding in a Buddhist way. This is in contrast to some Christian churches who ignore the threat of infection and hold religious services ignoring all the safety and health directives. The virus has infected all humans without regard to their religious defenses. In general, our members have been able to heed the medical warnings, be patient,

and avoid infection. We thank Dr. Tissa Hata and Dr. Chris Uchiyama for their COVID-19 talk which provided authoritative guidance for us.

Beginner's mind is displayed in the creative ways our temples have responded to this pandemic. The BCA recently sponsored a webinar which enabled various temples to share how they were accommodating to this pandemic. It was instructive and inspirational to see and share methods of holding services and fund-raisers in this difficult time. As Buddhists, we recognize that the method of conveying the Dharma are Upaya (Hoben) or skillful means. These rituals and services are important but have changed in form as cultures and time have required.

A beginner's mind does not mean we revert back to a child-like mentality. Ken Wilber, a Buddhist scholar, instructs us that we do not regress back to a child's ego. Instead, as adults, we transcend our childhood ego to progress to an authentic ego. So, although the expert's mind sees few possibilities, her mature experience can avoid ineffective and dangerous ones. Shinran is correct in asserting that we are unable to be rid of our ego. Modern psychology informs us that our ego is actually made up of smaller parts (subpersonalities). A transcended ego recognizes the wisdom and compassion available among the dynamics of impermanence and interdependence.

The form of Buddhism has changed over centuries to be effective in each new culture and time frame. Nagarjuna described the efforts as fingers pointing to the moon of truth. We are in the midst of adapting a 13th century Japanese form of Buddhism to a version that can inspire and guide a different culture and time. We are reminded that the Buddha advised his followers to rely on the meaning, not the words. Shinran noted that the implicit meaning is deep so is shared by a more convenient explicit manner. A provisional path leads to the path of true awakening.

Could anyone a century ago have imagined the Dharma being shared via Zoom? How will it be shared a century from now? Let each of us be inspired by the essence of the Shin teachings so that we may pass it on authentically to the future. Although we honor and respect the form and ritual today, let us truly hear its essence in order to share it authentically tomorrow.

Gassho, Kenji Sensei

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OCTOBER TEMPLE EVENTS TO BE OFFERED ON ZOOM AND YOUTUBE

The Buddhist Temple of San Diego continues to remain closed for in-person activities until further notice. Thank you for your patience and understanding as the entire Sangha copes with the COVID-19 pandemic.

A host of activities will be presented remotely on the internet live on Zoom or pre-recorded YouTube video platforms. The temple urges the Sangha to share the Dharma with family members and friends who do not have internet computer access. Here is the October schedule:

SERVICES/DHARMA MESSAGES

(Pre-recorded on YouTube. Contact the temple if you wish to be added to the email distribution).

Oct. 4 – Shotuski Hoyo monthly memorial observance and Dharma messages. English: Rev. Dr. Kenji Akahoshi; Japanese: Mrs. Yukari Williams.

Oct. 11 – Dharma message provided by Kenji Sensei.

Oct. 18 – Dharma message by Rev. Laverne Imori, Minister's Assistant.

Oct. 25 – Dharma message by Kenji Sensei

SPECIAL PRESENTATIONS

Oct. 17 – TRI-TEMPLE SEMINAR: Nembutsu Journey: Following the Easy Path of Gratitude – Guest presenter is Kenji Sensei. Co-sponsored by BTSD and Southern District Council BCA Buddhist Education Committee from 11 a.m. to 1 p.m. on Zoom. Registration deadline: October 11. Register with the temple office.

Oct. 24 -- Dharma In Your Life -- Center for Buddhist Education presentation featuring Rev. Maribeth "Smitty" Smith, BTSD Minister's Assistant. Time: 10 a.m. to 12 noon on Zoom (see advertisement on Page 8 for list of other presenters and registration information).

BTSD CLASSES/SESSIONS

Buddhism 1-2-3 each Wednesday at 7 p.m. on Zoom – October 7, 14, 21 and 28.

Dharma School – Services and classes each Sunday beginning at 10 a.m. on Zoom— October 4, 11, 18 and 25.

Shoshinge and Wasan chanting each Saturday at 1 p.m. on Zoom – October 3, 10, 17, 24 and 31

CONFERENCES

Oct. 3 -- Southern District of BCA and SDBWA Conference

Oct. 10 -- FDSTTL Conference

FUNDRAISER

Virtual Lantern Festival Oct. 15-Nov. 15 (see Activities article on page 2).

OFFICE HOURS

Tuesday-Friday, from 9 a.m. to 4:30 p.m. Limited staff on weekends. The temple is closed on Mondays.

Please call the temple at (619) 239-0896 for more information. You may email the temple at info@btsd.net.

ACTIVITIES NEWS

Restaurant Fundraiser: We would like to thank Ichiban Hillcrest for their continued support by extending the fundraiser through September 2020. They also send many thanks to those who have supported them.

Virtual Restorative Yoga and Sound Healing Immersion: The inaugural "Yoga and Sound Healing" session held August 23 was a great success! Thank you to instructor Amy Freeman who donated her time and expertise to lead 30 participants from San Diego, the Bay Area and New York!

Dana Club: Arturo and Kaytee have been delivering donated clothing and other items to Rachael's Women's Center and Streets of Hope. These two groups are very appreciative of the donations. The feeding San Diego donation is still active on the Temple website and Facebook page.

Rummage Sale: We are continuing to slowly collect furniture items. Carol Baker continues to advertise and sell donated items. Contact the Temple for furniture item pick up if needed. The items must be accessible for the safety of our volunteers.

Yasukochi Farms CSA + Strawberry + Temple-Style Chicken Pot Pie Fundraiser: Thank you to all who participated in the second Yasukochi Farm CSA event. We use the fewest volunteers possible to help keep everyone safe and healthy. Once again we had a very good response to the event, the CSA boxes are full of fresh organic items, and at times have new unknown items (to me) to try. We had Nancy's Chicken Pot Pie sale, she and her helpers made 150 Chicken Pot Pies and they were sold out! She was able to organize her helpers in a way to abide by all COVID rules and precautions. To do this, several prep days were set up using minimal crews each time, thanks to those who helped. The next Yasukochi Farms event will be held December 5, 2020 in conjunction with the BWA's annual Almond Brittle Sale with drive through contactless pick up.

Commemorative BTSD NO-OBON 2020 Uchiwa Sale: Thank you to Wendy Nakamura who created, painted and donated these one of a kind Uchiwa. Thank you also to those who supported the fundraiser.

Virtual Lantern Festival: This is a new event please see the flier within the Kaiho for more information. These lanterns will be personalized for you to show respect and appreciation to a loved one who has passed. You will keep and display your lantern at an upcoming Obon. You will be able to purchase the lanterns beginning October 15 through November 15.

Respectively submitted by Glenn Torio and Ann Ong

NEMBUTSU JOURNEY - Rev Dr Kenji Akahoshi

Sat., Oct. 17 11 a.m. - 1 p.m. on Zoom

For those of us who are unclear of the meaning of the Nembutsu, Shinran suggests a provisional means of Kyogyoshinsho. Gratitude is an easy provisional path.

Registration/Deadline: info@btsd.net (email)/Oct. 11

Co-sponsored by BTSD and Southern District Council of the BCA BEC committees. No Registration Fee but Donations are welcome.



PRESIDENT'S MESSAGE

By LuAnn Lee, Board President

It has been 19 years since the 9-11 terrorist attack in New York. I can still remember it was early morning and I turned on the TV to see the awful scenes of the twin towers on fire and the aftermath. It was touching to see New York honoring and having memorials for the people lost after the city has been hit so hard with the Covid-19 virus. I was glad they did it with Covid safety procedures as did many other cities in the U.S. Even though it was a long time ago since this tragic event, we can recall exactly where and what we were doing when we heard or saw the news.

In 19 years, what will we remember about the year 2020? It will be interesting but I know I will remember how the Sangha at the temple rallied together to keep us connected by zoom, a couple of people taking sorted rummage sale items to the needy, small groups having fundraisers and generous donors that are helping us to stay financially afloat. I see other churches protesting and even suing the Government and think, how lucky we are that our members are patient and kind and understand that the virus is still very real. I'm glad we are staying the course while taking care of each other safely. I can say that I'm not surprised by your actions that show compassion to one another and this happens daily not just in the middle of a pandemic.

We give our gratitude to all that continues to support the temple in so many different ways. It is appreciated.

I was happy to see many people on September 26 at the drive through fundraiser. It was the second Yasukochi Farms to table produce box, mask sales and homemade pot pie event!

Thank you to Ann Ong and Glenn Torio for leading the way and to all others that volunteered to make 150 pot pies, create masks and helped on the day of the event.

Also, thank you to the Junior YBA, Dharma School and Temple Members for making items to put in nearly 70 goodie bags to honor our Keiro Kai members. Appreciation to Ken Muraoka for heading up this tradition and organizing the delivery of these special treats.

In October, we are working on a special way to honor a loved one that has passed away. Be on the lookout for more information.

In closing, I hope all of you are doing well and keeping in touch with one another. If you know of someone in our temple that needs support, please reach out to us. Call the temple (619) 239-0896 or e-mail at info@btsd.net.

Check on our website for updates at <http://www.buddhisttemplesandiego.org/>

Namo Amida Butsu.

In Gassho, LuAnn Lee

BOARD HIGHLIGHTS

The Board of Directors met on September 10th via Zoom video conferencing:

1. The Board received updates on activities from the Minister, temple standing committees and our affiliated organizations.
2. Additional funds were approved to cover the cost of needed repair work for wood rot and termite damage for the Annex and Sangha Hall.
3. The Board approved Rev. Akahoshi's request to forgo a BCA-guideline salary increase for the next employment year.
4. The filing fee required for IRS Form 1023 for the temple's unique non-profit status was approved.
5. If the Sangha is aware of any Sangha member or friend who might benefit from a phone call or other outreach from the Minister or Welfare Committee, please call the office and let us know.

BWA NEWS

BWA had its first Zoom meeting since the coronavirus shut down. We had a quorum of 15 members, which is needed to meet and vote on various proposals.

We voted to continue the Almond Brittle Fundraiser this year. With the help of Naomi Himaka, Aki Tomiyama and other members, we hope it will be something members and friends enjoy for family and friends bringing good memories of past holidays.

Our weekly Qigong Zoom workshop continues to be enjoyed by all who have attended. We changed the session time to 9 a.m. Besides the Eight Silken Movements and the warmup exercises, Karen presents thought-provoking passages covering various topics to enhance and improve our mental and emotional wellbeing. An active, inspirational sometimes funny discussion follows. To participate, contact the Temple to receive the Zoom invitation.

The Southern District Churches and BWA Conference was held on October 3 via Zoom. It was a very inspirational conference featuring Reverend Rev. Yuika Hasebe as the keynote speaker. She is currently a Kaikyoshi minister with the Honpa Hongwanji Mission of Hawaii.

Gregg Krech, author, poet, and a leading authority on Japanese Psychology in America, presented an inspirational workshop on Naikan, which means, looking inwardly. He covered three important questions to ask ourselves: What have I received? What have I given? What troubles and difficulties have I caused? Participating in this daily practice helps us to understand and appreciate how we are cared for and supported by others and develop a deeper sense of gratitude and compassion for others.

I am including biographies I have written of some of our senior BWA members. I feel deeply that their voices should be heard for they have opened many avenues and opportunities for subsequent generations to follow.

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Asako Morinaka

Asako Morinaka is a dedicated member of the Temple and the Buddhist Women's Association. Each year during Hanamatsuri, she and her family donate beautiful orchids that decorate the temple. Through its exquisite beauty, the flowers remind us of the significance of the Hanamatsuri service and Buddha's birthday. She has been donating these orchids as a request that her husband had made before he passed away.

Asako was born in Sedgwick, Colorado in a farming town called Ovid where her family grew sugar beets. In this town, a small Japanese community existed and each month, Tamae Sensei from the Denver Betsuin would come to hold services for the Buddhist families. During the war, she married and in 1945 she gave birth to her first son. In 1947 and 1949, she gave birth to two more sons. In 1949, she and her family moved to San Diego where her husband worked on the tuna boats as a fisherman. He did this for a while but because the fishing industry in San Diego was diminishing, he decided to get into gardening and growing orchids in 1957. During this time, Asako started her own business and operated a neighborhood beauty shop for the next 40 years! She worked until she finally retired at the young age of 82!

Now over the age of 102, Asako and her family continue to give to the Temple the beautiful orchids in honor of her late husband's request. Many families enjoyed receiving these beautiful flowers during this difficult time of isolation. The compassion and generosity of her family continue as they remind us of how she and her family exemplify Amida Buddha's teachings of compassion and selflessness.

I spoke to her over the phone and she received my call with a clear and understanding mind. She continues to be articulate in responding to questions I have about her life. She is indeed a true pioneer who will always be an inspirational role model for us to follow.

In Gassho, Mani Ryan

DHARMA SCHOOL NEWS

The theme for the 2020-21 term, that started in September, is "Wellness: the importance of taking care of myself to take care of our Sangha." For any students who have not yet registered or who would like to enroll, please contact me at lumekubo@gmail.com. On September 13, the Dharma School Staff was installed and recorded for the temple's O Higan Service (which can be found on YouTube). Our cabinet for 2020-21 is:

Superintendent: Lisa Umekubo
 Assistant Superintendent: Sharon Sasaki
 Treasurer: Roy Okuhara
 Recording Secretary: Jaime Shimizu and Kimberly Kruse
 Corresponding Secretary: Karen Okuhara
 Religious Chairpersons: Sensei Laverne Imori,
 Rev. Maribeth "Smitty" Smith, and Sensei Noriko Kawai
 Birthday Chairperson: Nancy Martinez
 Service Music Chairperson: Breven Honda
 O Bon Music Chairperson: Junko Kajita
 Historian: Lorena Covarrubias

Ex-Officio: Avis Honda
 Ministerial Advisor: Rev. Dr. Kenji Akahoshi

Throughout the summer and into the fall, the Dharma School students have been keeping in contact with our senior temple members by sending them letters and drawings. Thank you to the students for continuing to build those relationships with our Sangha.

This month, some teachers and staff members will virtually attend the Federation Dharma School Teachers League (FDSTL) Conference on Oct. 10. It will be hosted by the Tri-State Denver Buddhist Temple Dharma School. The theme for the conference is "Shared Heart While Staying Apart; building community connections during the year of Covid."

We would like to celebrate our October birthdays: Kiana, Oct. 10; Tabo, Oct. 7; and Mr. Gregg, Oct. 29.

In Gassho, Lisa Umekubo

JR YBA NEWS

Hi Everyone!

I hope you are all doing well during this time. We miss seeing everyone each Sunday!

Since Dharma School started back up again, we've been meeting virtually each week, and we are making the most of our online services! We really like helping with chanting or Dharma talks, since it gives us an opportunity to get more involved in the services.

On September 6, we attended the Southern District Virtual Conference. It was really well-planned by the 2019-2020 Southern District Cabinet, and we had a great time seeing everyone on the call! There were even some Jr. YBA members from other districts' chapters, like Sacramento and Hawaii, and it was great to see new faces there. We were really proud to win the poster contest :)! At Conference, two of our members (Jenna Sasaki and myself) were installed as members of the 2020-2021 Southern District Cabinet. We're really excited for the coming year and we're ready to work with and plan a lot of fun and insightful events for everyone!

Thank you to the Sangha for your continued support of the Jr. YBA. We hope everyone stays healthy and safe, and finds fun activities to pass the time!

In Gassho, Zoe Yamamoto

Wellcare Group

The Temple WellCare Group has been active during the pandemic, due to the efforts of Laurine Ota and the Dharma School. The Dharma School makes cards and Laurine sends them out and also delivers gift baskets to those living with a prolonged illness or recovering from surgery. The temple is most thankful for all the efforts to connect with the members of our sangha. Members who may want to help expand this effort, or knows someone who needs help, may contact the office.



DONATIONS

The Buddhist Temple of San Diego is grateful to the following individuals and organizations for their recent donations to the Temple and its affiliated organizations. "IMO" means "In memory of." For a correction, please inform our Admin. Assistant at 619-239-0896 or info@btsd.net. Donations listed are through September 22.

BUDDHIST TEMPLE

Koga, Florence
Sakurauchi, Jake & Masaye
Hara, Ruby
Honda, Margaret
Miyata, Satoshi - Buddhism 1,2,3
Hashiguchi, John & Tsune
Estes, Carol
Honda, Mikiye - Yasukochi Farm Fund.
Honda, Mikiye - 1 yr Mem Sumiye Nakashima
Ochi-Fontanott, Janet

COVID-19

Moribe, Susan & Lee
Yamamoto, Ann Miyuki
Sasaki, Brian & Lorin

Sound Healing

Stout, Elizabeth
Howell, Juliana
Choi, Julie
Koga, Chelsey
Lee, LuAnn
Sokolowski, Rebecca
Akahoshi, Karen
Ayyad, Maureen
Fujii, Joan
Hedgecock, Josh
Kajita, Junko
Kruse, Kimberly
Mitchel, Susan
Octaviano, Kayla
Ryan, Mani
Sasaki, Sharon
Teague, Bill
Torres, Elizabeth
Yokotobi, Fusako
Kang, Sharyn
Hammel, Katrina
Plunkett, Gloria
Shin, Melissa

DHARMA SCHOOL

Correction From Sept.:
Yamamoto, Kengo & Mae
Honda, Margaret
Voorhies, Ruth
Martinez, Nancy

Tsuji, Masako

FLORAL OFFERING

Honda, Margaret
Voorhies, Ruth
Tsuji, Masako

GEN. MAINTENANCE

Honda, Margaret
Voorhies, Ruth
Tsuji, Masako

MAP

Honda, Margaret
Voorhies, Ruth
Tsuji, Masako

MEMBERSHIP PLEDGES

Thank you for your renewals
Correction From Sept.:
Yamamoto, Kengo & Mae
Guiang, Cynthia &

Orlando

Honda, Margaret
Tsuji, Masako
Redenbaugh, Linda

OBON

Voorhies, Ruth
Gladsjo, Julie

OHIGAN

Martinez, Nancy
Hendrix, Hiroko
Kashima, Jeanie
Honda, Ralph & Avis
Tsuji, Masako
Sumida, Floyd & Kaytee
Hashiguchi, John & Tsune
Yamamoto, Jane
Yamamoto, Koichi & Joyce
Otsuji, Dennis & Elaine
Masumoto, Chiyoko
Yamamoto, Kengo
Moriyama, Chieko
Ohara, Fumiko
Hidinger, Holly
Shigehara, Wilbur & Janice
Yanagihara, Sumiko
Kuwada, Howard Kanji & Kaneko

Nogata, Yuriko

Tanaka, Kelvin & Lara
Himaka, Michio & Naomi
Jones, Mikako & Morton
Torio, Betty
Kawasaki, Kiyoshi & Aileen
Oto, June
Suyenaga, Irene

SCHOLARSHIP FUND

Honda, Margaret
Voorhies, Ruth
Tsuji, Masako

SHOTSUKI HOYO

Sugiyama, Yukiko
IMO Yasuyuki Sugiyama
Voorhies, Ruth
IMO Florence Yamashita - August

IMO Sanroku Kawasaki - July
Yamashita, Emiko
IMO Shozo Yamashita 9-13
Sugiyama, Chiyeko
IMO Uta Sugiyama
Baker, Carol
IMO Tom Yanagihara
IMO Rev Jim Yanagihara
Moriyama, Chieko & Madeleine & Michael
Clogston
IMO Tokihiro Yano
IMO Seikichi Moriyama
Oto, June
IMO Ikuji Oto
Yanagihara, Sumiko
IMO Tom Yanagihara
IMO Rev Jim Yanagihara

Buddhist Education in October

Temple members have several opportunities to hear one of our Sensei online in events coming up soon. Both events are available via Zoom.

Kenji Sensei is the presenter for the Tri-Temple Seminar on Saturday, October 17, from 11 a.m. to 1 p.m. He is speaking on "Nembutsu Journey: Following the Easy Path of Gratitude." Register by contacting the Temple by the Deadline of Sunday, October 11.

Smitty Sensei is one of three speakers for the BCA-wide Webinar, "Dharma in Your Life" on Saturday, October 24, 2020, from 10 a.m. to 12 noon. Smitty Sensei will be speaking on "Becoming a Buddhist Every Day: Realizing That the Dharma Has Been There All Along." Register online by the Deadline of Sunday, October 17. You can find the registration link on the Temple Website under "News"

New Feature on Website

There are so many great programs being offered and promoted by the BCA, either as videos or live Zoom events, we have links now on our Video page so you can find them more easily.

Buddhism 1-2-3 Continues

All Temple members and Dharma Friends are welcome to join us for Wednesday night Zoom sessions at 7 p.m., almost always hosted by Kenji Sensei. Contact the Temple or Bill Teague (btcomms@cox.net) for more information.



OCTOBER SHOTSUKI LIST

The October Shotsuki Hoyo (monthly memorial service) will be posted to our YouTube channel on Sunday, October 4. Families and friends of anyone who passed away in October are urged to watch the video, burn incense at your home O Butsudan and Gassho in memory of your deceased loved ones. Please share the video and Dharma messages with family members and friends who do not have access to the internet. If you find an error, wish to add a name to the list or have questions on accessing the YouTube video, please contact the temple at (619) 239-0896 or email info@btsd.net Gassho.

DECEASED

FAMILY MEMBER

Ikichi Ito (10-25-1930) Ito Family
 Itsuemon Tanaka (10-9-1939)Dr. Brian Tanaka
 Yasaku Nakamura (10-29-1945) Yukiko Sugiyama
 Tatsujiro Yonekura (10-18-1947) Yonekura Family
 Masaichi Yamada (10-21-1950)..... Yamada Family
 Sueichi Azuma (10-25-1950) Shizuka Azuma
 Ito Fukamizu (10-11-1959) Ninomiya Family
 Jinkichi Yamasaki (10-11-1959)Yamasaki Family
 Rev. Guzei Nishii (10-25-1959) Nishii Family
 Nobuzo Kida (10-22-1961) Kida Family
 Katsue Takashima (10-17-1962)..... Wilbur Takashima
 Tsuneichi Hirata (10-20-1963).....Katsi Hirata
 Otoshichi Ochi (10-19-1965) Janet Ochi-Fontanott
 Kazuye Himaka (10-5-1966)Himaka Family
 Tsuneichi Sameshima (10-11-1966)Takashi Sameshima
 Kanzo Okuni (10-11-1967)..... Akira Okuni
 Koichi Fujii (10-19-1967) Katsumi Kida
 Zentaro Asamen (10-7-1971) Masako Uyeji
 Toshino Hamano (10-8-1972).....Emiko Hamano
 Takeshi Monji (10-5-1974) Monji Family
 Tomoyo Kuwada (10-31-1976)..... Kanji Kuwada
 Fukuyo Matsumoto (10-9-1977)Shintaro Matsumoto
 Mitsuye Sugioka (10-23-1977) Sugioka Family
 Ume Tsurudome (10-1-1979)..... Tsurudome Family
 Kotonon Takahashi (10-11-1980) Ruth Voorhies
 Kasuke Hashiguchi (10-28-1980)..... Hashiguchi Family
 Sam Sugita (10-7-1981)Gene Sugita
 Gen Iwasaki (10-18-1981) Kubota Family
 Mine Imai (10-25-1981)..... Fumiko Ohara
 Katsu Yamaguchi (10-4-1983) Yamaguchi Family
 Matsu Kusaka(10-3-1984) Kusaka Family
 Hatsu Shibata (10-22-1987)Ishikawa Family
 Shimako Hanaoka (10-22-1987)..... Kaeko Hanaoka
 Roy Hosaka (10-10-1988) Hosaka Family

DECEASED

Family Member

Fujiye Ochi (10-1-1989) Janet Ochi-Fontanott
 Haruye Tsuneyoshi (10-15-1989) Miki Tsuneyoshi
 Ritsuko Abe (10-8-1990)..... Walter Gilday
 Yasaku Kuroiwa (10-22-1995) Sonoko Kuroiwa
 Muto Kawahara Takeshi & Yoshito Kawahara
 Helen Haruyo Kawahara..... Takeshi & Yoshito Kawahara
 Charley Torio (10-21-1996) Betty Torio
 Jimmie Shinohara (10-6-1997) Janice Shinohara
 Tomi Yada (10-28-1997)Itsuko Yada
 Betty Harvey Teague (10-19-1998).....Teague Family
 Aiko Tachiki (10-28-1998)..... Tachiki Family
 Tadashi Yano (10-6-1999)..... Tamako Yano
 Chiseko Oya (10-25-1999) Ayako Linda Seu
 Haruno Mayekawa (10-19-2000)Ahren Mayekawa
 Minoru Takasugi (10-16-2001)Takasugi Family
 Nancy Tsukiko Imai (10-22-2001)..... Fumiko Ohara
 Toyoko Yonekura (10-1-2003).....Roy Yonekura
 Tsuruko Louise Osaki (10-27-2003) Gail Furuya
 Emi Himaka Shimizu (10-13-2004) Gordon Shimizu
 Ayako Kaminaka (10-21-2004) Wayne Kaminaka
 Frank Doi (10-7-2006)..... Doris Doi
 John Inouye (10-16-2006) Craig Inouye
 Aiko Muraoka (10-08-2007)Roy Muraoka
 Takashi Mayumi (10-11-2008).....Mitsuko Kawamoto
 Tom Tamotsu Sugioka (10-6-2010)Dennis Sugioka
 Yusaku Kuroiwa (10-31-2010) Sonoko Kuroiwa
 Tatsuo Richard Takashima (10-21-2011)Kikuko Takashima
 Robert Susumu Sasaki (10-19-2013) Gail Slemmon
 Raymond J. Sakow (10-5-2014) Toshiko Sakow
 Kimiye Date (10-29-2014)Shirley Umekubo
 Teruko Hobbs (10-20-15).....James N. Hobbs
 Mary Suyenaga (10-28-2018).....Suyenaga Family
 Rev. Tesshi Aoyama (10-4-2019).....Alice Aoyama
 Kisae Ohara (10-25-2019).....Ann Ohara

MEMORIAL SERVICES

Allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude and acknowledge their continuing influence in our lives.

To schedule a memorial service for a loved one, please call the office.

2020 is the memorial year for those who passed away in:

1st Year Memorial	2019	13th Year Memorial	2008	27th Year Memorial	1994
3rd Year Memorial	2018	17th Year Memorial	2003	33rd Year Memorial	1988

マウンテンビュー仏教会「回向」 二〇二〇年一〇月法話

一 聖教読まずの聖教読み(一) 一

駐在開教使 向嶋裕史

新型コロナウイルス感染症拡大のため自粛生活を始めて早七カ月が過ぎました。仏教会で日曜礼拝ができなくなると大分久しいですが、本堂に響き渡る門徒方のお勤めの声が聞けなくなると大変寂しい思いをしております。また、九月には日曜学校も始まり、本来であれば子供達の明るい笑顔と仏さまに手を合わす姿を毎週日曜日に本堂で目にすることができたのですが、それもかなわず、私達の生活様式が一変してしまつて残念でなりません。現在、自宅でも日曜礼拝に参加できるよう、オンライン法要を行っています。この混沌とした世の中に於いて一人でも多くの方が阿弥陀仏の本願に目覚め、阿弥陀仏の智慧と慈悲の結晶―お念仏の中で皆が繋がりに合っているという喜びを共にできればと切に願っています。さて、ご存知のように、仏教会に初めて足を運ぶ方は、たいてい座禅や読経に興味を持っておられます。西洋文化にない仏教独自の伝統に魅せられる方が多いようです。確かに、座禅を組んで静かに精神統一をはかる姿は、神秘的で気高く感じますし、美しいお勤めを聞くと、心が日常生活から離れて、身体と心全体が洗われるような気持ちになります。私も帰国した際は、本願寺へお参りするのですが、本堂に響き渡る美しいお勤めが、仏さまの呼び声となつて、私の自己中心的な生き方を問い質して下さっているように思えて、いつも反省させられます。

座禅は宗派によって、教えるところと教えないところがありますが、読経に関してはどの宗派でも厳格に実践されています。それほど仏教において読経は大切な役割を果たしているのです。では、浄土真宗におけるお勤めとは何を意味しているのでしょうか。そこで読経について少し味わつてみたいと思います。

ご存じの通り、私達人間は思い込みが激しく、ともすると盲目的になってしまつたという欠点を持った愚かな生き物です。自分が見たものは疑いなく信じ、自分が聞いたものは確実だと思つてしまいます。しかし、そう思い込んだとたん、一瞬にして私達は周りを見る力を失つていくのです。これが私達人間の盲点というもののなです。

そういう盲点を持ったもの同士が、たとえ真剣に議論を重ねても生死の問題は何一つとして解決できませんし、迷っているもの同士がどれほど相殺しても正しい答えには至りません。それ故、迷いを超えた真理の言葉に耳を傾けようというのが、お経であり、お経に問い、お経に聞くということが浄土真宗という読経なのです。

お経に問い、お経に聞くということは、仏さまのお言葉に問い、聞くということであり、浄土真宗でもっとも大切にされているところです。読経とは、仏さまのお言葉を聞かせていただいて「ああ、そうでしたか」と領いて、人生そのものを受け入れていくことのできる人間に育てられていくことなのです。

このお経に対する姿勢を、長い間、多くの仏教徒は間違えてきました。先ほども申しましたように、仏教には数多くの宗派が存在し、その宗派によって教えも異なるのですが、お経というのが、亡くなった方のために読むものだと思える宗派が少なくありま

せん。または、お経を読むことで願い事が叶うという現世利益を信じている宗派も意外に多いのです。

今から約二五〇年前、仏教の開祖である釈迦さまは、今を生きているものに対してお説教なさいました。そのお説教を後になってまとめられたのが、お経として現在私達の手元に届いているわけです。ですから、お経を読むというのは、誰かのために称えるのではなく、亡き方を始め、数多くのご縁を通して、お経の中に説かれている真実なる教えをしっかりと私の心にいただくということが、お経を読むという意味なのです。

中興の祖である蓮如上人の『御一代記開書』に次のような教えがあります。「聖教よみの聖教よまずあり、聖教よまずの聖教よみあり」(訳)お経の字面は読めないが、中身をしっかりと味わっている人。

このお言葉から、お聖教の内容、中身をしっかりと受け取り、我がものにするということが、お経を読むという意味なのだと思えるのです。

この蓮如上人のお言葉をしっかりと受け継がれたのが、讃岐の妙好人として大変有名な庄松さん(一七九九―一八七二)です。庄松さんは、貧しい小作農の家に生まれ、縄ないや草履づくり、子守などをしながら一生懸命働いたと伝えられています。そして、生涯独身を通し、僅かな田畑を耕して生涯を終えられました。

また庄松さんは、全く無学の方で、お金の勘定ができないほどだったといわれています。しかし、檀那寺である勝覺寺の寺男として働く中で、阿弥陀仏の本願に出遇い、住職の導きによって報恩感謝の念仏に生きる妙好人庄松が生まれたといわれています。その庄松さんに大変興味深いエピソードがあるので、来月の法話で紹介してみたいと思います。

Laverne Shidou Imori will present Dharma Message on October 18

A bio is intended to share information about a person. Who is this person? Where were they born? What is their background? I'm going to digress from the standard format and provide my background from a different perspective. What qualifies me to present a Dharma talk to the BTSD Sangha? I'm definitely not as knowledgeable about the doctrines of Buddhism as others. It's the reason I'm enrolled in the Institute of Buddhist Studies. I'm on leave this semester, but have been taking one class at a time and am about halfway to completing my certification in Shin Buddhist Studies. Just like the tortoise in the story of the tortoise and the hare, I keep plodding toward that goal line in hopes that I will eventually reach it.

Perhaps what qualifies me is the fact that with the support of so many others, I was privileged to receive Tokudo ordination in 2014. But I don't think this is necessarily a qualifier or prerequisite.

More likely, I think what may qualify me is the same thing that qualifies most of our Sangha members. That is, that we have all experienced suffering, watched others experience suffering and aspire to end not only our suffering, but the suffering of others. It is to share the joy and gratitude for having encountered the Buddha-Dharma which helps us navigate the challenges of our daily lives and define the meaning and purpose of our individual lives.

"How joyous I am, my heart and mind being rooted in the Buddha-ground of the universal Vow, and my thoughts and feelings flowing within the dharma-ocean, which is beyond comprehension!...My joy grows ever fuller, my gratitude and indebtedness ever more compelling." *Shinran Shonin - Collected Works of Shinran 291.*

Namo Amida Butsu

SCRIP NEWS I have to apologize for the repeat article last month. I didn't realize that I was having a problem with my computer. I did write an article last month and was surprised to see that it wasn't printed, but thought it was too short so the previous one was substituted. Husband to the rescue! Thank you Ed.

Our sales for gift cards has started to increase. It is much easier to use gift cards to shop and not have to handle cash. I have to give a special thanks to Nancy who has been doing the banking and making sure that everyone receives their orders. Also, thanks to Linda and everyone who has been buying gift cards.

It's not too early to start thinking about your holiday shopping lists. Due to the pandemic, Great Lakes Scrip Center only ships on Mondays and Wednesdays. I always try to order on the weekend so that our order will arrive on Friday. For any large orders for the holidays, we are asking that you get your orders in early so that your check can accompany your order. We won't be able to order gift cards without payment if your order is more than \$500.00. So, until next month-stay well, stay safe, stay sane, and most important stay healthy! Be kind to yourself and everyone around you.

Giving Back to the Community

The current pandemic and the restrictions that come with it have not lessened the needs of the most vulnerable segments of our population. For the homeless and other disadvantaged groups finding shelter or having access to food and clothing is very much a daily struggle.

The Buddhist Temple of San Diego continuously looks for ways to give back to our community even during this pandemic. Recently, a variety of items collected through prior Dana Group and Ecosangha drives --as well as some donated by temple members throughout the year-- were sorted, bagged, and delivered to Rachel's Women's Center and Streets of Hope, two nonprofits we've supported in the past. We will continue to help these organizations in the coming months.

Rachel's Women's Center provides a safe environment and opportunities for women with few or no resources. Several deliveries of women's clothing, shoes, purses, and toiletries were made in August and September.

Streets of Hope focuses on San Diego's homeless population and even during this pandemic their dedicated volunteers have continued their Monday evening meal and clothing distribution. Two deliveries of clothing and shoes were recently made to this organization.

It is so uplifting to see that even during this pandemic our Sangha is so willing to give to those less fortunate. Donations such as clothing, shoes, purses, and toiletries can be left at our temple. For other arrangements please email Arturo Rubio at artrubio@gmail.com



DHARMA IN YOUR LIFE

October 24, 2020

10:00 am to 12:00 pm (PDT) Zoom



Rev. Marvin Harada

Bishop, Buddhist Churches of America

"Discovering Buddhism in Our Everyday Lives."



Rev. Maribeth "Smitty" Smith

Minister's Assistant, San Diego Buddhist Temple

*"Becoming a Buddhist Everyday:
Realizing that the Dharma has been there all along."*



Rev. Jon Turner

Resident Minister, Orange County Buddhist Church

*"Everyday Practice:
Merging our Secular and Spiritual Lives."*

REGISTRATION IS FREE

[Click to Register](https://forms.gle/Xn87zPnLPMfBWqWv5) (<https://forms.gle/Xn87zPnLPMfBWqWv5>)

Donations gratefully accepted

[Click to Donate](https://bca.kindful.com/) (<https://bca.kindful.com/>)

(Scroll campaigns to select CBE. Donations are processed by BCA Endowment Foundation)

Visit buddhistchurchesofamerica.org email: cbe@bcahq.org or phone: 510.809.1460

Virtual Festival of Lanterns

In Honor of a Loved One

Order Form



Dates: October 7, 2020 - November 15, 2020

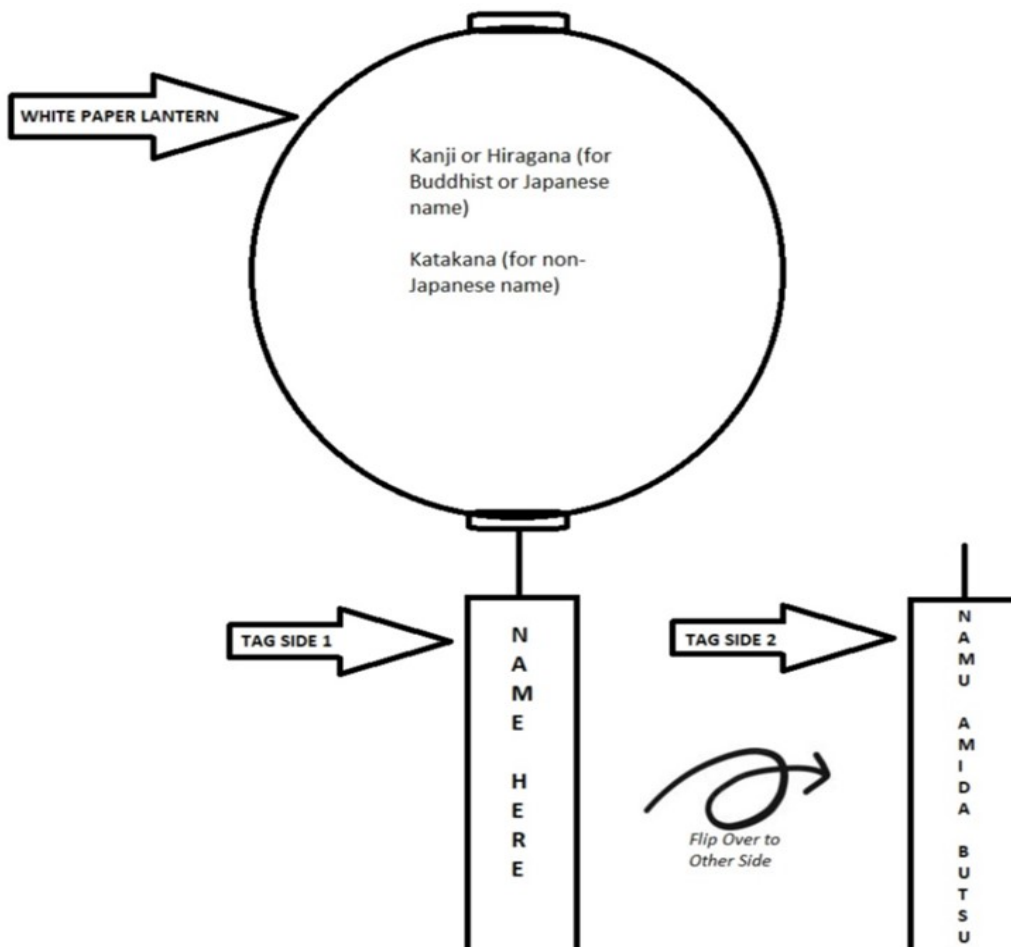
Order & Payment Due: November 15, 2020

Payment Options: PayPal/creditcard/cash

For an initial donation of \$45 (Temple member)/\$50 (non-Temple member), a physical white paper lantern with your loved one's names rendered in Japanese characters on the paper lantern and in the English alphabet on the tag, to be displayed at the Buddhist Temple of San Diego until January 1, 2021. After January 2, 2021, you may collect the lantern(s) to keep at home. FOR FUTURE OBONS, you may return the lantern(s) to the Temple for display at our next Obon Odori (subject to a nominal donation).

The lanterns that are not picked up by January 31st may be subject to recycling.

Proceeds from this fundraiser benefits the Buddhist Temple of San Diego's General Fund, which allows us to continue our programs and keeps the Temple available to serve the community. Thank you for your participation.



Please submit orders:

Online at the following link: <https://forms.gle/ueSkEZdoAwwJhJq9A> and make payment via PayPal.Me at the following link: https://paypal.me/buddhisttemplesd?locale.x=en_US

Or send this completed form and payment to the "Buddhist Temple of San Diego, Attn: "Virtual Festival of Lanterns," 2929 Market St., San Diego, CA 92102, by Sunday, November 15, 2020.

Person Ordering Information Name _____ Email Address _____ Phone No. _____

****Please Select Quantity***

[] 1 Lantern \$45 (BTSD member) / \$50 (non BTSD member)

[] 2 Lantern \$90 (BTSD member) / \$100 (non BTSD member)

[] 3 Lantern \$135 (BTSD member) / \$150 (non BTSD member)

Total Due \$ _____

LANTERN 1

Name of Person to be honored: _____

The honoree's name in English will be on the tag hanging down from the lantern. The date of the honoree's passing and the Buddhist name (or the Japanese version of their name) will be displayed on the lantern.

DATE OF DEATH: (Optional) _____

Select One:

[] Repeat name in English

[] NAMU AMIDA BUTSU

LANTERN 2

Name of Person to be honored: _____

DATE OF DEATH: (Optional) _____

Select One:

[] Repeat name in English

[] NAMU AMIDA BUTSU

LANTERN 3

Name of Person to be honored: _____

DATE OF DEATH: (Optional) _____

Select One:

[] Repeat name in English

[] NAMU AMIDA BUTSU

<p>If you prefer us to manually run your credit or debit card, please complete this authorization form.</p> <p>__ Mastercard __ Visa __ AMEX. Acct # _____</p> <p>Expires (MM/YY) ____/____</p> <p>Billing Address: _____ ZIP _____</p> <p>Payor's Authorized Signature Required _____</p>
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