

# BUSSEI SCRIPT

2929 Market Street, San Diego, California 92102 E-mail: buddhisttemplesandiego@gmail.com Phone: 619-239-0896

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JUNE 2020

## Time to Reboot

By Rev. Dr. Kenji Akahoshi



What is Real? For many of us, much of our lives are now being lived in a virtual world. The COVID-19 pandemic has forced many of us to maintain some semblance of relationships by use of the internet. The demands of the social distancing directive

have hastened our involvement in digital technology. It also presents an opportunity to consider what constitutes our reality.

The last half century has afforded us middle class Americans a lifestyle that was only available to the most wealthy people of ancient times. Our living standards have been elevated. We have been able to diminish the realities of sickness and death by the progress of technology, medicine, and many areas of life. However, we have been neglectful of our damaging effect on the environment, natural resources, and the quality of life for third world countries. Some of us are waking up to the inconvenience of global warming. But its effect is much too subtle for many of us to be alarmed at this time.

The COVID-19 pandemic is different. Its effect is being experienced daily as over 100,000 Americans have died in nearly four months. The alarming national news is reinforced by our local news of neighbors who are affected. Amid this global catastrophe, voices are demanding a return to the reality of the last few decades. What is real?

This “stay at home” directive is an ideal time to reflect on our lives. Consider this analogy that I heard recently. When our computers malfunction, we are advised to unplug and then reconnect it. This allows the computer to reboot and restore itself. Our isolation directive is a time for each of us to reboot our lives.

A Buddhist perspective does not favor one species or faction to flourish over other groups. An awakened perspective seeks to respond to causes and conditions in a way that brings harmony and balance to all things. Many people in our country want to return to the commercial and lavish lifestyle of the recent past. However, for many, this pause in our hectic life awakens us to the higher values that may have been neglected. How might we see life in the future?

Jobs, careers, and income have affected most of us, either directly or indirectly. Sustaining families financially becomes a real issue. Social and family activities are altered. Education of our children at various levels is a major concern. These conditions may be new for many younger

people, but are familiar to the older generation. For Shin Buddhists in American, the future has always been uncertain. Asian immigrants were marginalized legally for decades. The lives of Shin Buddhist temples and members were abruptly changed by the government in 1942. People lost homes, farms, and businesses, and had a complete change of living conditions. They faced a very unknown future for an uncertain amount of time. Getting back to “normal” was a questionable possibility.

With the loss of physical possessions, property, and social positions, non-tangible assets became important. Relationships and spiritual values became significant. Similar conditions are present today with the additional threat of illness and death. Our position in this unknown future calls upon our recollection of the thoughts and conduct of our elders, who followed the wisdom of the Buddha.

A theme of psychology posits that, as children, we develop a view of our self (ME) as a survival strategy. Growth into adulthood challenges us to release that behavior to transition to our authentic self as part of a community (WE). For some of us who may be in distress at this time, this would be an opportunity to redefine ourselves. Many Issei and Nisei sacrificed their own personal dreams to support others to succeed.

Might our desire to return to an affluent “normal” life be that childhood survival strategy? This pandemic is a clear example that our thoughts and conduct effects all others. Even after medical science finds an effective resolution to this virus, the threats of global warming, degradation of natural resources, and income disparity remain. The Buddha’s Teachings are a wonderful philosophy of thought. But it requires the practice of applying the Teachings in our conduct that makes it a way of life. Buddhism should not remain in the written sutras. It becomes real in the hearts, minds, conduct, and spirit of Buddhists in their practice in everyday life.

In our reboot, we may find great pleasure in the simple acts of kindness toward each other. The value of a good relationship is appreciated more than a material possession. This would be an important lesson for our youths, who will need to enjoy life with fewer material benefits. “Na Man Da Bu” affirms our appreciation of a true and real life based on wisdom and compassion.

*Gassho*

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## TEMPLE CLOSURE CONTINUES; THANK YOU FOR YOUR PATIENCE

All religious and non-religious activities will continue to remain suspended at the facility until July 31 due to the COVID-19 pandemic. The Board of Directors voted in favor of the continued closure and cancellation of activities at its videoconference meeting on May 17.

Although the state of California has eased restrictions and is now allowing houses of worship to reopen, all activity at the temple is subject to change as Kenji Sensei and the Board of Directors monitor the situation closely.

Activities canceled in June and July include the temple picnic, monthly memorial services, golf tournament, Kenji Sensei's annual retreat, and O Bon service and Bon Odori. The Bon Odori was to be held immediately following the service in the parking lot. All weekly and monthly public gatherings will remain suspended until further notice. Temple committees, organizations and religious classes are being conducted virtually via Zoom and YouTube video. In April, the Board of Directors voted to tentatively reschedule the Japanese Cultural Bazaar to October 11 or 18.

The temple thanks the many families who have had funerals and memorials services placed on hold during this crisis. Kenji Sensei will contact families as to when services can be re-scheduled.

With the closure, please contact the temple by phone at 619-239-0896 or email [info@btsd.net](mailto:info@btsd.net) if you have any questions or concerns. Please leave a message if your phone call is not answered. Staff will return phone calls and emails in a timely manner. Please refer to the temple's website <http://www.buddhisttemplesandiego.org/> for up-to-date information.

Thank you very much for your continued patience, understanding and support during this difficult and challenging time. *Namo Amida Butsu.*

Gassho, Board of Directors

### MEMBERSHIP DURING THE TIME OF PANDEMIC

By Bill Teague, Membership Chair

We want to thank all of you for continuing to support the temple through your membership pledges during this complicated time. As this note is being written, the CDC has just released more guidance for religious organizations, so it may be easier for us to envision a path moving to a new stage in temple operations. Later this month the Board of Directors will meet to discuss its options for forging a path into the future – benefitting from Kenji Sensei's wisdom born both of his dedication to the Dharma and of his medical expertise.

In truth, we still don't know when we will resume social gatherings and live, in-person services, but I am so grateful to Kenji Sensei and wonderful Temple members who are keeping our Sangha unified and strong through video outreach, telephone calls, emails and posted notes.

Anecdotally, I hear that the early response to the temple's donation letter—sent out a week before this paragraph was written--has already been strong. This response again shows our members' generosity and commitment. Our temple members understand and appreciate how valuable and special the temple has been, is now, and will be to many of us in San Diego.

On the membership front, we may be a little behind on renewals but that's on me, as not all of you have received an update on your membership status. I hope to resolve that situation very soon. In the meanwhile, I am looking forward to our ever-evolving future together.

### JR. YBA NEWS

Hello everyone! We hope you are all doing well and staying safe.

The juniors really miss attending church and seeing the Sangha. During this quarantine, our teacher, Sara Matsumoto, has been encouraging us to reach out to friends and family, showing our gratitude to them. This quarantine has shown us how important it is to keep connections with one another. Our Jr. YBA has also been joining Sunday Zoom calls with Miss Sara. We have been playing fun trivia games and catching up with one another.

Earlier this month, I participated in the Buddhist Youth Call with Bishop Harada. It was really interesting to talk to the Bishop about issues we face during this quarantine with high school and college students from Sacramento, Seattle, Orange County, Berkeley, and more. It was great to talk to the Bishop because I had met him previously at LABCC and the Summer Buddhist Youth Retreat.

Anyway, not much has happened this month. We hope everyone is following social distancing precautions and staying safe. Hopefully, we will see you all in the near future.

In Gassho,  
Jenna Sasaki

### DIAL THE DHARMA PROGRAM

**(800) 817-7918**

**(New toll-free phone number)**

Messages provided by **Rev. Marvin Harada**, Bishop,  
Buddhist Churches of America (English) and a  
**guest minister** (Japanese). Updated each week.



## PRESIDENT'S MESSAGE

By LuAnn Lee

It's been a couple of months since the statewide lockdown and it seems, for now, the number of hospitalization and ICU patients have been steady and some counties and cities are declining. Most Californian's are

keeping to the course and that has helped with the spread of the virus.

As the states open around the country, it seems like it's a balance of how to move forward and re-open in a safe way to avoid a spike in Covid-19 cases. Some states are moving a lot faster than California even though they have seen spikes in case percentages, they are already easing restrictions on going to the gym, eating in restaurants and drinking in bars. You can even get a haircut or go to the barber.

It sounds like San Diego is not too far away from some of these businesses opening up as well.

The first casino opened on May 18 with long lines of people waiting to go in even though local and state officials asked the tribes to hold off. A spokesperson from Viejas said they are closing to clean for 4 hours each morning. They showed how they are taking each person's temperature upon arrival, separating the slot machines for social distancing and only half of the people can sit at the gaming tables. Hopefully, this will be enough to keep their employees and the customer's safe.

I heard about a church in Sutter County near Sacramento, defying the statewide order and held an in person religious service on Mother's Day. One person tested positive one day after that service and exposed 180 people that attended. The attendees have been asked to self-quarantine for 14 days. There is a rumor going around today that 3,000 churches in the state are planning on having in person services by May 31, but our temple will not be one of them. The Board of Director's have voted to cancel all events through July, but this is subject to change or for modifications.

We will continue to monitor the status of the Coronavirus and will take into consideration the recommendations of the CDC, Local and State Governments as well as any BCA guidance to decide on how to move forward and the fate of the upcoming events.

As I mentioned in the last President's message, the Ways and Means Committee led by Michael Kinoshita has evaluated the budget and a letter of appeal has been sent to all members and friends of the temple. We thank those that have already made generous donations, but know any amount will be appreciated. We also realize it is a time of uncertainty and understand if you are unable to donate at this time.

As we look forward to the future, the many temple committees will continue to brainstorm on possible fundraising ideas, review the budget and take care of the finances. We will gather necessary PPE (Personal Protective Equipment) so we will be prepared when the state and or city gives us the green light. Remember, that even though we may be planning for the day we

can gather again in the new normal, we want you to know that we are aware of the risk to re-open the temple. The plan will be a work in progress and slowly implemented.

Thank you all in advance for your patience and understanding as we make our way through this pandemic.

We feel lucky that our Sangha supports us and we want to support you. If you know anyone at our temple that needs help, please reach out to us. Call the temple 619-239-0896 or e-mail at [info@btsd.net](mailto:info@btsd.net).

Check on our website for updates at <http://www.buddhisttemplesandiego.org/>

In closing, please be safe and stay well.

Namo Amida Butsu.

In Gassho

## BWA NEWS

The past month has been one where we are showing greater patience and self-discipline in maintaining safety and health as we continue to hunker down in our homes during this unprecedented time of self-isolation. Despite this situation, the B.W.A. has been reaching out to others to connect and to be a supportive unit for those who may be in need or just would like to hear a familiar voice. To enhance our ability to communicate, we have begun Zoom meetings, and this month, a special cooking demonstration for our membership was presented by Laurine Ota who set up a cooking class teaching us her version of Oden. Using Zoom technology, we were able to not only see and talk to one another, but to learn a new recipe of a traditional Japanese dish.

It turned out so nice that many want to have another meeting soon. So, with the assistance of Laurine Ota and Karen Akahoshi, we had a Qigong demonstration in our Zoom meeting on May 31. Karen explained the background and the philosophy of Qigong as she also showed us how to meditate and to do some simple poses and exercises that will help us with our mental and physical health. Everyone enjoyed the very relaxing and health promoting exercises during this demonstration.

If anyone would like to make a special presentation of any type of skill or activity, please let me know. We would love to have you participate at our Zoom meetings in this capacity.

Just wanted to let you know that our esteem co-leader, Susan Moribe, and her husband are back from North Carolina. They returned early in the month of May to their home in San Diego. We are so happy to see her smiling face and feel her happy disposition at our Zoom meetings.

The world has become quieter, as people self-isolate, but I have noticed how much more the birds are chirping, the rabbits and lizards are exploring, and how lovely the flowers are blooming during this time.

Please continue to keep safe and healthy.

In Gassho,  
Mani Ryan





**CBE Seminars Online For All**  
 BCA members and the public are invited to  
**FREE** online programs. All are welcome!

## JUNE SEMINARS

Saturday, June 27, 2020 11 am - 1 pm (PDT)

### “Man’s Search for Meaning”

What is the rationale and process of awakening today?  
 How modern transpersonal psychology  
 Clarifies Shinran Shonin’s 13th Century Buddhist teachings.

Guest Speaker: **Rev. Dr. Kenji Akahoshi**  
 Buddhist Temple of San Diego  
 M.A., Transpersonal Psychology Institute



Register online at [buddhistchurchesofamerica.org](http://buddhistchurchesofamerica.org)

Registration is Free ~ Donations gratefully accepted ~

[Click to Donate](#) (Scroll campaigns to select CBE)

Contact CBE: email: [cbe@bcahq.org](mailto:cbe@bcahq.org) or phone: 510.809.1460

### 2020 Temple Scholarship Forms Due July 1

All eligible students are encourage to apply for a temple scholarship. Completed forms must be receive by the temple by physical delivery, mail, or email on or before July 1.

To qualify, the applicant must be a temple member or the dependent of a temple member (a parent or guardian of the applicant). The application forms are posted on our website (See “Forms” in the website footer). Hard copies of the forms can be mailed, or soft copies emailed, on request. Just contact the temple.

We thank the Sangha for their continued generosity, which makes these scholarships possible. The two scholarships are the **2020 Ben Honda Memorial High School Graduate Scholarship and Tetsuyo Kashima Memorial Continued Higher Education Scholarship.**

While both are forms of a single page, please plan ahead to complete an essay requirement for the Continued Higher Education Scholarship.

**Ben Honda and Tetsuyo (Tets) Kashima**, the gentlemen for whom the scholarships are named, were both pillars of the temple through the second half of the 1900s. Their deaths, within months of each other, in late 1995 and early 1996, proved devastating to the temple as we realized how much they had done to further the Buddha, Dharma, and Sangha. They are still missed. *Namo Amida Butsu.*

As in year’s past, the reviewing committee encourages all qualifying students to apply. The committee especially appreciates Temple participation, but all aspects of the application play a part in the final award.

**Why Apply?** For students on the fence about applying, the scholarship amount puts a small dent in the costs of college and is valuable on a resume during job searches.

### BUDDHIST EDUCATION IN JUNE

#### Buddhism 1-2-3 Going Live!

On May 13, Kenji Sensei began using Zoom to provide more interaction with the Sangha and Dharma Friends in real time. Kenji Sensei will be presenting more sessions as follows:

June 3: Who or What Is Amida Buddha? Part II  
 (Part I was presented on May 27)

June 10: Unpacking the Nembutsu, Part I

June 17: Unpacking the Nembutsu, Part II

June 24 (Tentative): The Hum in Nembutsu (presenter

TBA)

If you are already receiving emails about Buddhism 1-2-3 you will receive the Zoom logon for these sessions. If you would like to join us and don’t have the log-in, please email the Temple to be added at [info@btsd.net](mailto:info@btsd.net)

#### Our YouTube Channel

In two and a half months Kenji Sensei has posted over 20 videos of Dharma Talks for Sunday Service and the mid-week Buddhism 1-2-3. Hundreds have watched and responded, and as a high point, over 525 visitors have seen his Ohigan message. Visitors have logged hundreds of hours on our channel! You can search for us online or go to our website, [buddhisttemplesandiego.org](http://buddhisttemplesandiego.org), click on **Videos** at the top and start watching or click on the box on the left, “BTSD YouTube Channel,” to see all BTSD videos and subscribe.

## DONATIONS

The Buddhist Temple of San Diego is grateful to the following individuals and organizations for their recent donations to the Temple and its affiliated organizations. "IMO" means "In memory of." For a correction, please inform our secretary at (619) 239-0896 or [info@btsd.net](mailto:info@btsd.net).

### BTSD

Kasubuchi, Naoye  
Hara, Wakaye  
Hara, Ruby  
Tsuneyoshi, Motoo & Angie  
Sumida, Floyd & Kaytee  
Tieu, Nghi  
Teague, Bill  
Hidinger, Holly -- In lieu of  
Golf Tournament  
Nakatani, Nancy & Fred  
Moriyama, Chieko -- Thank You  
For the lovely orchids  
Segal, Larry -- Dana  
Benson, Agnes  
IMO John Benson  
Azuma, Shizuka -- Donation for  
Flowers  
Rubio-Torres, Arturo  
Kajita, Junko & Tim  
Hammel, Katrina  
Teague, Bill  
Yokota, Carole  
Omori, Shirley  
Fujii, Paul and Joan  
Ochi-Fontanott, Janet  
Gladsjo, Julie  
Estes, Toshiye  
Estes, Toshiye, IMO Don Estes  
Estes, Toshiye, IMO John Benson  
Sato, Steve  
Negoro, Glenn

### DHARMA SCHOOL

Yanagihara, Tom Masaru  
& Colleen  
Omori, Shirley & Efton Woodford  
Hasegawa, Arlene  
Yamanishi, Alan & Karen  
Koga, Robert & Chelsey

### FLORAL OFFERING

Yanagihara, Tom Masaru  
& Colleen  
Omori, Shirley & Efton Woodford  
Hasegawa, Arlene  
Yamanishi, Alan & Karen  
Koga, Robert & Chelsey

### GEN. MAINTENANCE

Yanagihara, Tom Masaru  
& Colleen  
Omori, Shirley  
Hasegawa, Arlene & Gene  
Yamanishi, Alan & Karen  
Koga, Robert & Chelsey

### GOLF

Kuwada, Howard Kanji

### GOTANYE SERVICE

Kawasaki, Kiyoshi & Aileen  
Jones, Mikako  
Nogata, Yuriko  
Hendrix, Hiroko  
Moriyama, Chieko

Kuwada, Howard & Kaneko  
Hashiguchi, John & Tsune  
Yamamoto, Jane  
Yamanishi, Miyoko  
Torio, Betty  
Ohara, Fumiko  
Okuhara, Roy & Karen  
Benson, Agnes  
Kawamoto, Yukio & Mitsuko  
Kida, Katsumi  
Tomiya, Steve & Aki  
Honda, Ralph & Avis  
Honda, Mikiye  
Yanagihara, Sumiko  
Shigehara, Wilbur & Janice  
Masumoto, Chiyoko  
Tanaka, Kelvin  
Yonekura, Roy & Susan  
Sugiyama, Yukiko  
Shigehara, Wilbur & Janice  
Tsuji, Masako  
Graeber, Kiku  
Otsuji, Dennis & Elaine  
Estes, Toshiye  
Moncrief, Mayko  
Tsukamoto, Wayne  
Sumida, Kathleen & Floyd  
D'Orsi, Ruby  
Yamamoto, Koichi & Joyce  
Aoyama, Alice

### HANAMATSURI

Amemiya, Mary  
Morikawa, Kazuhiko  
Yamanishi, Miyoko  
Kida, Katsumi  
Graeber, Kiku  
Nakamura, Patricia & Jake  
Himaka, Michio & Naomi

### MAP (Ministerial Assist)

Omori, Shirley & Efton  
Woodford  
Hasegawa, Arlene  
Yamanishi, Alan & Karen  
Koga, Robert & Chelsey

### MEMBERSHIP PLEDGES

*We thank these individuals /  
families for their renewals:*

Rubio-Torres, Arturo - 2019  
Yanagihara, Tom Masaru,  
Colleen & Family  
Kaneshiro, Gale  
Ochi, K Kay  
Maruyama, Karly  
Seymour, Leslie, Sean &  
Family  
Sakai, Jeffery & Kathy  
Hasegawa, Arlene & Gene  
Kaneko, Wendy  
Tanizaki, Gary  
Covarrubias, L - 2019  
Kinoshita, Michael & Yasuko

Yamanishi, Alan & Karen  
Sumida, Ann  
Koga, Bobby & Chelsey  
**OTHER**  
Hirae-Reese, Lorna

### OHIGAN

Yamanishi, Miyoko  
Kida, Katsumi  
D'Orsi, Ruby

### SCHOLARSHIP FUND

Yanagihara, Tom Masaru  
& Colleen  
Omori, Shirley &  
Efton Woodford  
Hasegawa, Arlene & Gene  
Yamanishi, Alan & Karen  
Hirae-Reese, Lorna  
Koga, Robert & Chelsey

### SHOTSUKI HOYO (Monthly Memorial)

Martinez, Nancy  
IMO Mutsue Morishige  
IMO Julia Rosaler  
Kawasaki, Kiyoshi & Aileen  
Takemoto, Kiki Morimoto-  
IMO Yoshi Morimoto  
Yamamoto, Jane  
IMO Noburo Yamamoto  
IMO Zenmatsu Yagura  
Kawamoto, Yukio & Mitsuko  
IMO Hiroshi Mayumi  
Kida, Katsumi  
IMO Shingaemon Fujii  
Honda, Ralph & Avis  
IMO Momoyo Amano  
IMO Osamu Amano  
Honda, Mikiye  
IMO Osamu Amano  
IMO Momoyo Amano  
Yanagihara, Sumiko  
Ishino, Isabel  
IMO Matsue Ishino  
Himaka, Michio & Naomi  
IMO Setsuko Himaka  
Takashima, Wilbur  
IMO Katsumi J. Takashima  
IMO Tsume Takashima  
IMO Jane Yagade  
Anonymous  
IMO John Benson  
Yamasaki, Lillian Yuriye  
IMO Osamu Amano  
Yamasaki, Lillian Yuriye  
IMO Momoyo Amano  
Aoyama, Alice,  
IMO Toshiko Takagi  
Rubio-Torres, Arturo  
IMO Armando Leal Rodriguez  
Yamamoto, Sachio  
IMO Yutaka Yamamoto

### SPECIAL DONATION

*Support during the* ★  
*COVID-19 pandemic*

Sasaki, Brian & Lorin  
Sugiyama, Yukiko  
Tanaka, Kelvin  
Tanaka, Lara  
Coppock, Roger  
Iwashita, Setsuo & Jeanette  
Torio, Betty T.  
Estes, Toshiye C.  
Tanizaki, Gary  
Furuya, George and Gail  
Yamamoto, Peggy  
Shigehara, Wilbur & Janice  
Kawamoto, Yukio and Mitsuko  
Moriyama, Chieko L.  
Uyeji, Masako  
Otsuji, Dennis & Elaine  
Masumoto, Jodi  
Nishikida, Gary  
Hidinger, Holly  
Yamauchi, Victor and Jane  
Tanamachi, Jane  
Iwanaga, Courtney  
Fossett, Doug  
Ryan, Mani  
Kitano, Margie  
Kawasaki, Kiyoshi & Aileen  
Amano, Nobuko  
Masumoto, Chiyoko  
Jones, Mikako & Morton  
Kuwada, Howard & Kaneko  
Yamamoto, Sachio  
Matsumoto, Alice & Ken  
Akahoshi, Rev. Kenji & Karen  
Himaka, Norman & Katherine  
Alroy, Evelyn  
Ong, Mike & Ann  
Amano, Takeko  
Yamada-Amos, Karen  
Okuhara, Roy & Karen  
Tomiya, Sayoko  
Ogasawara, Arikazu & Michiko  
Hashiguchi, John & Tsune  
Barsoom, Juli  
Hara, Ruby  
Honda, Ralph and Avis  
Honda, Mikiye  
Wood, Carolyn  
Yamanouchi, Aya  
Segal, Larry P.

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*Please note: Donations  
listed are through **May 24***

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*An envelope is included for  
your June offering. Thank you*



## JUNE SHOTSUKI LIST

The Shotsuki Hoyo (MEMORIAL SERVICE) scheduled for June has been postponed due to the temple's closure. Families and friends of anyone who passed away during the month of June are urged to burn incense at your home O Butsudan and Gassho in memory of your deceased loved ones. Families will be notified when the June memorial will take place. Thank you very much for your understanding. If there are any errors in the list, please notify the temple at 619-239-0896 or [info@btsd.net](mailto:info@btsd.net).

### DECEASED

### FAMILY MEMBER

Mika Sato (6-9-1908)..... Takashima Family  
 Masami Ito (6-26-1925)..... Ito Family  
 Nobuko Ito (6-10-1935)..... Ito Family  
 Akito Matsui (6-23-1935) ..... Curtis Family  
 Minetaro Hosaka (6-23-1943) ..... Hosaka Family  
 Hajime Yonekura (6-18-1951) ..... Yonekura Family  
 Toichi Kodama (6-20-1954) ..... Kodama Family  
 Isano Sugioka (6-20-1957)..... Sugioka Family  
 Goichiro Haseyama (6-13-1958)..... Noboru Haseyama  
 Hideo Iwata (6-17-1959)..... Iwata Family  
 Matsue Morita (6-16-1963)..... Morita Family  
 Shigeyuki Furuya (6-3-1965)..... Furuya Family  
 Shizu Moriyama (6-8-1966) ..... Moriyama Family  
 Yukino Sameshima (6-15-1966)..... Takeshi Sameshima  
 Shojiro Sameshima (6-25-1966) ..... Takeshi Sameshima  
 Ju-kichi Yamanishi (6-28-1966)..... Miyoko Yamanishi  
 Rokuichi Hanano (6-10-1967)..... Gerald Hanano  
 Yozo Kawato (6-10-1967) ..... Nancy Nakatani  
 Toshiko Yamada (6-9-1969)..... Yamada Family  
 Shigeo Fujimoto (6-14-1969)..... Fujimoto Family  
 Tsune Tsubota (6-28-1974) ..... Isami Tsubota  
 Kikuyo Kawasaki (6-14-1975)..... Ohara Family  
 Toichi Okamura (6-22-1975)..... Mitsuo Tsurudome  
 Gitaro Hatauye (6-28-1975) ..... Inouye Family  
 Midori Morimoto (6-6-1976)..... Morimoto Family  
 Yuka Yamanokuchi (6-9-1977)..... Otsuji Family  
 Tamotsu Ojiri (6-28-1977) ..... Doug Ojiri  
 Yuru Shiraishi (6-30-1977) ..... Shiraishi Family  
 Kiyoji Ohtomo (6-3-1978)..... Chiyoko Watanabe  
 Kuni Shimada (6-1978) ..... Sharon Shimada  
 Ichiji Ouchi (6-4-1981) ..... Yanagihara Family

### DECEASED

### FAMILY MEMBER

Tamotsu Matsumoto (6-28-1982)..... Troy Matsumoto  
 Seiichi Shimizu (6-28-1983)..... Gordon Shimizu  
 Frank Yamada (6-3-1986)..... Yamada Family  
 Richard Shizuo Watanabe (6-15-1986) ...Yoshiko Watanabe  
 Emi Fujimoto (6-2-1989) ..... Jack Fujimoto  
 Kiyoshi Shinsato (6-21-1990)..... Michiko Shinsato  
 Fumiko Shironaka (6-11-1991)..... Howard Shironaka  
 Sandra Sachiko Takashima (6-25-1992) .. Ronald Takashima  
 Naoye Yagura (6-3-1993) ..... Yagura Family  
 George Yano (6-6-1993)..... Irene Bogner  
 Eijiro Yamashita (6-27-1993)..... Mildred Kawasaki  
 J. Richard Teague (6-28-1995)..... Teague Family  
 Chieko Kida (6-9-1996)..... Kida Family  
 Ronnie Ishisaki (6-9-1996)..... Loretta Ishisaki  
 Tom Masakatsu Yonekura (6-10-1996) ..... Yonekura Family  
 Toshiko Mori (6-8-1997) ..... Takeko Davis  
 Bernard Alroy (6-1-1997)..... Evelyn Alroy  
 Makiko Ishizu (6-3-1998)..... Setsuko Toyama  
 Sadae Kohara (6-15-1998)..... Sayo Fujiwara  
 Mizue Copple (6-23-1998) ..... Himaka Family  
 Miyoshi Tanaka (no date)..... Yoko Ozawa  
 Minoru Nakamura (6-28-2000) ..... Miyo Hill  
 Masako Lawrence (6-11-2002)..... Alexander Lawrence  
 Tokio Hayashi (6-19-2003) ..... Kikue Hayashi  
 Shigeharu Nakamura (6-4-2008) ..... Wendy Nakamura  
 Ronald Iguchi (6-30-2010)..... Iguchi Family  
 George Shuichi Tsubakihara (6-27-2012) .. Kent Tsubakihara  
 Haru Girard (6-4-2013)..... Roxanne Girard  
 Tomio Nakano (6-10-2013) ..... Minako Nakano  
 George Hiroshi Masumoto (6-25-2013) Chiyoko Masumoto  
 Bob Nobuo Ito (6-12-2014) ..... Suzanne Ito

## MEMORIAL SERVICES

Such remembrances allow us to pay homage to loved ones who have passed away. In our Jodo Shinshu tradition, family members hold a service at certain intervals following a relative's death to express gratitude for and acknowledge their continuing influence in our lives. If you wish to schedule a memorial service for a loved one, please call or email the temple.

2020 is the memorial year for those who passed away in:

1st Year Memorial	2019	13th Year Memorial	2008	27th Year Memorial	1994
3rd Year Memorial	2018	17th Year Memorial	2004	33rd Year Memorial	1988
7th Year Memorial	2014	25th Year Memorial	1996	50th Year Memorial	1971



# 真の抛り所

駐在開教使 向嶋裕史

今月は『雑阿含経』に説かれていた大変興味深いお話を紹介したいと思います。その昔、四人の夫人を持つ大金持ちの男がいました。男は四人の妻の中でも第一夫人を最も愛し、第二夫人を可愛がり、第三夫人もそれに大切にしていますが、第四夫人には粗末な扱いをしていました。

ある日突然、その男は重い病気を患い、死期が近づいていることを宣告されました。すると男は、第一夫人を呼んで次のように言いました。「他の誰よりもお前を愛し大事にしてきた。だから私と一緒に死んでくれ」と。すると、第一夫人は「それはできません。大変お世話になりましたが、それとこれとは話が違います」と冷ややかに突き放しました。

次に男は第二夫人を呼んで同じことを頼みました。ところが、第二夫人も「あなたが最も愛していた第一夫人でさえお伴をなさいませんものを、何でこの私が一緒に死ぬことができましょう」とあっさりとは断りました。両夫人に見放された男は失望感をあらわにしながらか、第三夫人に頼みました。第三夫人は「これまでお世話になったことだし、せめて墓場まではお供させて頂きます。しかし、その後は、堪忍して下さい」と詫言いました。茫然自失に陥った男は、ほとんど愛情をけななかつた第四夫人に同じことを尋ねました。すると、第四夫人は、「どんなことがあっても、あなたを見捨てることなどありません。どこまでもあなたにお供します」と情を込めて答えたといいました。

男は普段から愛情を注いで大切にしていた三人の夫人から今際の際に疎んじられ、反対に、いつも冷たくあしらっていた第四夫人が、実は自分を見捨てずに常に真の心でもって寄り添っていてくれた最も愛すべき人だったのだということを知って、死ぬ間際に己の愚かさを深く後悔したというお話です。

お釈迦さまは、この物語を通して私達に次のように教えて下さっています。まず、第一夫人とは、私達の身体のことを表しています。私達は誰もが自分の身体を第一に考えます。身体が疲れたと思えば、十分に休ませ、具合が悪くなったと思えば医者に診てもらいます。何よりも大切な身体なのですが、いざ死に臨んでは、持つていくことはできません。

第二夫人とは、財産、地位、名誉を表しています。お金だけが人生の全てだと信じ、無我夢中になって貯め込んでも、死ぬ時には持つていくことなどできません。地位や名誉も同じことです。

第三夫人とは、妻子や友人を表しています。家族や友人は大切な存在であり、常に頼りとして私達は生きています。しかし、死に臨んでは、墓場までしかついで来てくれません。

そして最後、最も粗末にしてきた第四夫人とは、仏のみ心を表しています。私達の日常における優先順位はまさにお釈迦さまのおっしゃる通りではないでしょうか。私達はいつも身体を始め、財産や地位、名誉、そして、家族などといった自分から離れていくもの、有限なものばかりを大切にしています。しかし、私達一人ひとりのいのちに向けられた阿彌陀仏の大きな願いーお念仏のみ教えを私達の人生の真の抛り所として、大切に仰いでいこうとする人生の歩みを目指し求める人はどれほどいるでしょうか。現在、「コロナウイルス感染拡大によって私達の日常は大きく変化し、先の見えない脅威に大きなス

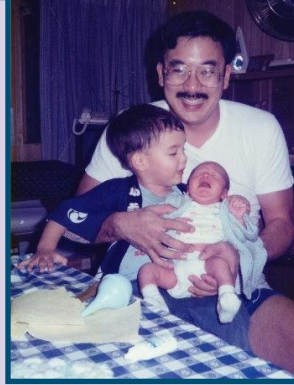
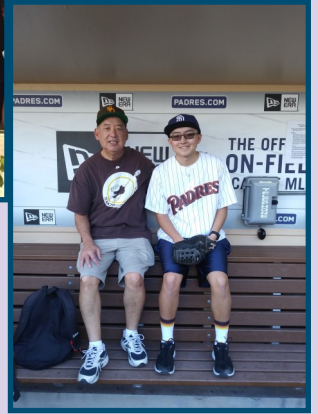
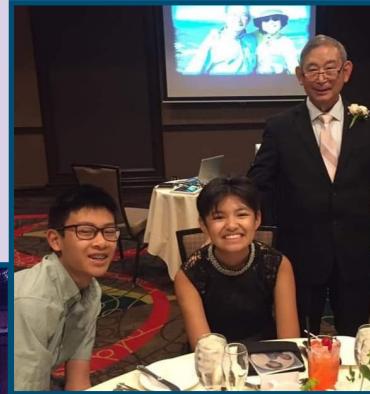
トレスと不安を抱えています。残念なことに、ウイルス感染によって大切な家族を失った方や、自宅待機命令で仕事や財産を失った方が世界中で数多くおられます。このように私達の日常が奪われ、これまで頼りとしてきたものが一瞬にして消えてしまうと、私達は生きる意味を見失ってしまい、路頭に迷ってしまいます。この脅威の中から、これまで当たり前のように依存していたものが突然前触れもなく自分から離れて行ってしまおうという現実には恐ろしさを感じました。

では、この無常の世を生きている私達にとつて、何が真の抛り所なのか、確固たる不動の抛り所とは一体どこにあるのでしょうか。それが第四夫人、つまり、阿彌陀仏のご本願ーお念仏のみ教えなのです。

世の無常なる人生を覚束ない足取りで生きる私達にとつて、そのいのちを根底から支え、どんな境遇に陥ろうとも、決して見放すことなく、どこまでも一緒に下される阿彌陀仏がいて下さいます。この無限の智慧と慈悲に護られているからこそ、どのような辛い人生の中でも、些細なことに喜びを見つけ、当たり前だと思っていたことにも感謝をしながら、人生を価値あるものとし、何事も力強く乗り越えていく生き方ができるのです。そして、今、生かされているいのちへの感謝と共に、一日一日を実りあるものにしていく、これこそがお念仏のみ教えに導かれた真のいのちのあり方なのです。そして、やがてこのいのちを終える時、お念仏と共に俱舎一処のお浄土へ参らせて頂くのです。ここにこそ、私達が人生を通して最も大切にしていかなければならない真の抛り所があるので

す。人生で本当に大切なものを見失うことのないよう改めてそれぞれの人生を見つめ直して頂きたいと思えます。皆さんの「第一夫人」が阿彌陀仏のご本願ーお念仏であることを切に願っております。

# I ♥ Dad



We hope that everyone is staying healthy, staying connected, and staying home. Our Dharma School classes continue to meet weekly via Zoom. In May, we had a couple of weekends of All Dharma School services and classes with a wonderful Dharma School service and talk from Reverend Laverne Imori for Mother's Day. Thank you, Laverne, for reminding us about the Practice of Sangha. Just like the song that she played for all of us, we would like to reach out to our Sangha to remind everyone that "You can count on me like 1 2 3, I'll be there; And I know when I need it I can count on you like 4 3 2, you'll be there; 'Cause that's what friends (Sangha) are supposed to do...."

Our gratitude goes out to our father's for all of their support, their love, and their friendship. Dharma School Students would like to show their gratitude for Father's Day.

### THANK YOU TO ALL OF THE FATHERS, DADS, AND DADDYS!

"My dad is talented because he can cook really good and he is a very good athlete. He is even my coach for soccer. He can do anything he sets his mind to." - Andrea

"My dad is cool because he watches all the Warriors games with me." - Chad

"My dad is epic because he teaches me things I would've not learned otherwise." - Evan

"My daddy is my superhero because he takes care of me and protects me." - Jaden

"My dad is entertaining because he dances in the kitchen with me." - Jenna

"My dad is silly because he always tells jokes." - Juliana

"My father is the best because he makes the best food and is very caring to everyone." - Kyle

"My dad is a hero because he keeps me safe." - Matteo

"My dad is special because he always takes care of us and always makes sure we have what we need to succeed." - Paulina

"My dad is special because he works hard." - Zoe

"Anyone can be a father, but it takes someone special to be a dad, and that's why I call you dad, because you are so special to me. You taught me the game and you taught me how to play it right." - Wade Boggs

### HAPPY FATHER'S DAY TO ALL OF THE WONDERFUL DAD'S!

In Gassho, Lisa Umekubo