

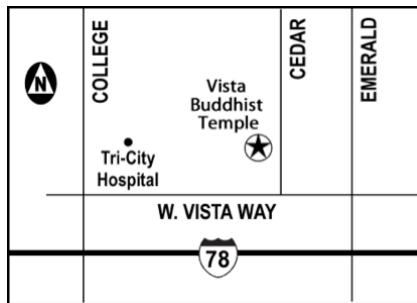


Nembutsu Challenge: Live in the Moment!

**Friday, October 18, 2019 • 7:00 - 8:30 p.m.
with Sensei Koichi Mizushima**

Through various interactive scenarios and games, participants will practice living and thinking in the moment.

Sensei Koichi Mizushima has served at the Sacramento Buddhist Church as a minister's assistant since 2003 and as a Junior Young Buddhist Association advisor since 1998. With many years of experience working with young people and coordinating programs and special events, he was named as the Buddhist Education Youth Coordinator for the Buddhist Churches of America in December 2018. His lively presentations impart the Dharma with humor and candor.



VISTA BUDDHIST TEMPLE
150 Cedar Rd., Bldg. B, Vista, CA 92083
Ph: (760) 941-8800
Email: vbt@vbtemple.org
Website: www.vbtemple.org

Registration Form — NEMBUTSU CHALLENGE: LIVE IN THE MOMENT! — October 18, 2019

- \$5 - Vista Buddhist Temple Member x _____ (# of people) = \$ _____
- \$5 - Student x _____ (# of people) = \$ _____
- \$10 - General Public x _____ (# of people) = \$ _____

Please make check payable to **Vista Buddhist Temple**. Detach form and send with payment or bring to class. (Please register in advance if possible.)

Name(s): _____

Email: _____ Phone: _____

How did you hear about this class? _____